

How I Work With People

By Ginny Jablonski

Hello, and thank you for your interest in my intuitive work with people.

My intention in creating this brief introduction is to help you understand how and why I work the way I do. I'm confident this information will assist you in making an informed decision as to whether we would be a good fit to work together.

If you've already listened to one or more of the interviews I've done, I assure you this information is not repetitive. I will discuss information here that specifically relates to my intuitive work which has never been shared publicly.

As you may already be aware, hundreds of experiences with healers and teachers on my own healing journey greatly inform the way I have chosen to work with people in intuitive healing sessions.

Over the past decade, I've gone to great lengths to understand and heal the after-effects of my near-death and other transformational experiences. Prior to these experiences, I had no exposure to alternative healing, energetic constructs, past lives, belief systems or any other metaphysical or psycho-spiritual terminology.

On my quest for answers, it felt like I was in the ditch more than I was on the path. But I can honestly say I've learned from all of it. And I've become aware of numerous ways in which people can successfully augment their own healing journey.

I've also accumulated quite a bit of information about what did not work for me or did not feel right for me on my journey. Additionally, I would often see energies that had been released in a session with a healer return to me within minutes or hours. Please know that I've gone to great lengths to find out why this happened to me, and others I know, time and time again. I discovered that most protocols were incomplete in one way or another, and I teach about this phenomenon in my classes.

But just because I did not resonate with a philosophy or healing modality, does not mean I disregard its' potential value for other people. There are many effective methods from which to choose, and I am always happy to share the information I have accumulated and recommend other modalities when appropriate.

Overnight, I was instantly propelled into a much greater level of awareness. Unfortunately, with no context or instruction manual included. It is said that the average person is only aware of about 1% of our reality. After my last NDE I was certainly aware of much more than I ever was before. It was as if numerous psychic senses were activated and turned up to maximum efficiency over a very brief period of time.

Most of what I saw, heard, and felt had to do with the consciousness of all organic life. I was suddenly aware of the energies, voices and struggles of all living things, of consciousness itself.

Not only could I see multiple colors and energy constructs in people's bodies and energy fields, but I saw, knew, and heard things I would otherwise have no way of knowing.

And, although I did not understand it for quite a while, I could hear things that had been said or projected onto people, and when traumatic events were trapped in their nervous systems, subconscious minds, and energy fields.

For some time, I thought I was simply hearing multiple voices, and although I can hear the voices of other people's consciousness telepathically, I became aware that hearing, feeling, and seeing energy in the form of patterns, beliefs and prior events or trauma was an altogether different ability.

Humans are experiencing a time of great transition right now. Some call it ascension, others an evolution of consciousness and self-awareness which will prompt the transformation of our physical bodies. Interestingly, what is widely theorized is that we are becoming aware of and developing our innate psychic abilities on a mass scale. Soon, no one will be able to hide their trauma and unresolved emotions, as many of us will be able to see, sense and feel them in others.

I did not deliberately set out on a journey to become what some people refer to as a healer. Consciously, none of what I experienced on my journey was calculated or intentional. I simply wanted to live, reduce my need for pain medication, find a way to heal my past traumas and my body, and most of all understand what was happening to me.

The profound psychic abilities I was expressing were quite overwhelming and all-consuming for the first few years. My intense curiosity about what I was experiencing is what kept me moving forward, seeking out a wide range of perspectives.

Had I anticipated the complexities of our humanness, how much time and money I would spend, how long I would be away from my home and my animals, I can't honestly say whether I would have chosen this path. It has certainly been fraught with frustration and confusion, but in hindsight, it's all been worth it. Because along the way, I received much more than I ever bargained for.

It took me some years to learn about the human energy construct. It sounds simple when I say it like that, as if there is only one human energy construct. Because I was always able to see more than one, I kept searching for answers, even when someone else said they had all the answers and there was no more to learn.

I've heard several people say, "Energy only works one way."

From my perspective, people who espouse this belief cannot see, sense, or feel energy in a variety of ways, or utilize multiple psychic senses simultaneously. Some people only feel emotions, see colors, sense dense fields, or hear voices. If they could access all of their senses, or creatively embrace symbolism or metaphor as it relates to another's experience, they would not be limited to believing what they've read in a book or been taught in a class. We are shifting in ways never imagined before, and it is miraculous.

Over time I was thrilled to discover that various spiritual philosophies and healing modalities recognize different energetic constructs, and I came to realize that each individual human may be affected by one or more of them depending on our soul's history and our human genetic history, as well.

Because of this, I've had quite a unique opportunity to research and analyze many different healing modalities and work with many well-respected teachers, people

who have dedicated a lifetime to understanding one single philosophy or modality.

However, I've never been called to limit myself to one specific healing modality or philosophy. None of the protocols, or systems, I've studied explained everything I could see or knew was affecting myself or others. As I studied or became certified in one particular modality another solution or direction was revealed to me, and off I went on another adventure. I was always on a quest to understanding the next thing I saw, heard, felt, or was guided to study.

Truth be told, my Soul guided me with a very specific purpose on my journey. My Soul wanted me to see from many different perspectives the truths and benefits that are woven across all religion, mythology, metaphysical beliefs, and healing modalities.

My Soul also ushered me through many past lives where I had worked in numerous ways as a healer or a spiritual teacher. And in full disclosure, it didn't always work out as planned.

That's why my Soul wanted me to understand the various ways in which people communicated, taught, and related to others in a more contemporary setting. While some methods and perspectives were empowering, unfortunately many more were disempowering at best.

My journey and education have not been limited to esoteric spiritual philosophies. I've also taken an interest in various forms of physio and psychotherapy modalities to compliment my alternative work. And I've also benefitted from a wide range of lifestyle changes, altered my diet, employed various breathing and mindfulness techniques, meditation, and Qi Gong.

From my perspective, we should not rely on the esoteric energy work of others to help us progress. Each individual human is on a unique journey of remembering and no one person can do it for you. I have never come across a one-size-fits-all modality, and I have found that constantly expecting someone else to heal me was fruitless, frustrating, and costly, not to mention disempowering.

As we all know, embarking on a healing journey can be overwhelming, especially when there are numerous choices and a vast amount of conflicting information out there.

Your Soul is guiding you on your journey whether you consciously realize it, or not. Finding ways to connect with that guidance or remove the obstacles from accessing your own inner wisdom, may well require incorporating lifestyle changes and making difficult choices.

For me, being willing to shift my mindset, focus on forgiveness, heal my heart, and giving myself permission to feel safe doing so, has been critical to improving my overall wellbeing. To that end, I've listed many books in the Resource section of my website that have helped me tremendously on my journey.

These experiences are why I choose to share my abilities and work with people to open to the truth of who we truly are and gain a greater understanding of our humanness. In doing so we can heal our wounds and clear the energetic imprints of trauma, greatly reducing the probability of recreating the past. Our field of probability is based on our current unresolved patterns, traumas and beliefs and represents the majority of our current thoughts, feelings, actions, and potential experiences.

But there is another much more refined field, our field of possibility, which exists for all of us. The field of possibility is very subtle and much more difficult to tap

into. I have heard Shaman say that it can be described as the 1% chance we all have to shift our focus, create new potential, and alter our destiny. Clearing our field of probability allows us to tap into our greatest potential, our field of possibility, and that is the essence of my intuitive work.

This work, in various forms, has been very powerful for me and my clients. It helps us to shift our perspective and clear the path to focusing on what we wish to create and bring into our experience. Whereas in the past, our patterns have only allowed us to focus on validating what had gone wrong, thus recreating, some would say manifesting, that experience again and again.

Watching people shift and bring positive changes into their lives is why I choose to help people clear away patterns, blocks, and limitations to their own heart, which I believe is the gateway to our Soul, true unconditional love, and the source of our innate healing potential.

We are all unique individuals with vastly different experiences, education, patterns, etc. This is one reason why I never rely on protocols in my work. My intention is that whatever your Soul's priority is will come through. And we won't know what to focus on until the session starts.

If you feel called to work with me, I invite you to give yourself permission to heal. If you haven't already done so, I suggest you take the opportunity to make that clear in your body, mind, energy field and Soul. Go into your heart space and state the following, at least daily, and add whatever you wish:

"I give myself permission to heal."

"I give myself permission to release everything I no longer need."

"I give myself permission to feel safe doing so."

Ask your Soul to begin sending you messages in an appropriate way whether it be through dreams, books, or direct messages. Ask that your attention be brought to what is most beneficial for you to resolve, such as patterns that can be cleared, limiting beliefs, or relationships where forgiveness is necessary.

Depending on what comes up in a session, I will happily share the many tools I have learned that facilitate clearing limiting beliefs, identifying and clearing contracts with others, clearing cellular memory and psycho spiritual energies of trauma from the body, clearing trapped emotions attached to memories, imprints in the energy field, and so on.

No single healer, shaman or medium can know everything of importance to you in a given moment. Tomorrow your energy will likely reveal another layer of patterns and unresolved wounds or emotions to be released. It is said that healing is a process not a singular event, and that is absolutely my experience.

I look forward to working with you and wish you well on your healing journey.

And remember, when you follow your heart, you lead with love.