

## How I Work with People

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Hello, and thank you for your interest in my intuitive work with people.

My intention in creating this introduction is to help you make an informed decision as to whether we would be a good fit to work together.

Hundreds of experiences with spiritual teachers, metaphysical scientists and alternative doctors (i.e. osteopaths and naturopaths) on my own journey, together with extensive metaphysical training and the ability to perceive multi-dimensionally greatly inform the way I work with people.

Over the past 13 years I have gone to great lengths to understand the after-effects of my six near-death experiences. Prior to these experiences, I had no exposure to alternative healing, energetic constructs, how we are affected by the unfinished business of other life experiences, belief systems, judgments, unforgiveness, or any other metaphysical concepts.

On my quest for answers, I've become aware of numerous ways in which people can successfully augment their own healing journey through increased self-awareness. I define self-awareness as the ability to perceive yourself as a multi-dimensional soul and being able to communicate with other aspects of you, your Higher Self and/or Oversoul. Not simply being aware of illness, energetic imbalance or the distortions of the embodied personality. This is a very important distinction in my work and what I endeavor to support people in achieving daily.

Over the years, I've also accumulated quite a bit of information about what did not work for me and many others I have met and engaged with extensively on my very circuitous journey. There have been hundreds who have said, "I've tried everything and nothing works, or I've been meditating for 35 years, and my life is still the same. What am I doing wrong?" I've felt like this at times also, and I've gone to great lengths to find out why.

I did not deliberately set out on a journey to become a psychic or healer. And I much prefer being referred to as an intuitive facilitator or soul embodiment guide as opposed to a psychic or healer. My reasoning for this is simple – I do not heal anyone because I cannot heal anyone else. People heal themselves when they align with their Soul. I witness this happening every day through my work. It is my purpose to help people remember this universal truth.

Consciously, none of what I have experienced to this point on my journey was planned. I simply wanted to live and reduce my need for pain medication. For some curious reason, since a profound NDE in 2012, I was very certain that I would find a way to release past traumas and ultimately heal my physical body.

Truthfully I had no conscious or legitimate reason for believing this. But there was always a previously unknown part of me compelling me to know more, guiding me to understand what was happening to me and why. This unknown part of me, not surprisingly, turned out to be my Soul. Ultimately, I was guided to expose myself to vastly different modalities and experiences very deliberately.

Through inner guidance and direct experience, my Soul exposed me to a vast body of knowledge on my journey with a very specific purpose in mind. I was encouraged to see from many different perspectives the many clues and benefits that are woven across many spiritual beliefs and healing modalities.

With great purpose, I was directed to pay close attention to the various ways in which healers and teachers communicated with their clients and shared vital information. While some methods and perspectives were empowering, unfortunately most were disempowering at best. For very important reasons, I was specifically guided away from any modality which sought information or healing from anyone or anything outside of the Self.

Because we are all unique individuals with vastly different life and Soul experiences, education, genetic lineages, and wisdom brought through from other incarnations, I never rely on protocols in my work. In my experience, protocols have rarely been effective for anyone I've ever met in becoming more self-aware, self-responsible or embodying the Soul.

In my work, whatever your Soul's priority is will come through and that is the guidance and direction I follow. This information always includes next steps and the necessary awareness you need to move forward on your journey. To be clear, many of the challenges we wish to resolve in our lives are connected to choices the Soul has made in planning our lives, or unresolved judgments or fears from prior incarnations. Becoming aware of these choices can be extremely beneficial and contribute to radical change in your life.

Your Soul is guiding you on your journey whether you consciously realize it, or not. But most of us aren't taught to be curious about why things are happening, we simply judge these situations as good or bad, and often blame other people for what happens to us.

On my journey, being willing to shift my perspective inward, focus on forgiveness, and release my attachment to judgment has been critical to improving my overall psychological, physical, and energetic wellbeing.

Each Psychic or Intuitive Practitioner can operate very differently; but generally speaking, Intuitives can retrieve information from unresolved energies trapped in the physical body or energy field.

Our field of probability is based on our current unresolved patterns, memories, emotions, judgments, and beliefs. These energies within and around us represent the source of most of our current thoughts, feelings, actions or our inability to act.

But, there is another much more refined field, our field of possibility, which exists for all of us. The field of possibility represents our highest Soul purpose and can be more difficult to tap into when unresolved energies distort our consciousness and the field of probability takes up so much space in our mind.

I have heard Shaman say that it can be described as the 1% chance we all have to shift our focus, create new potential, and alter our destiny.

With guidance from your Soul, becoming aware of and clearing your field of probability allows you to tap into your greatest potential, your field of possibility, and that is the essence of my intuitive work.

This is why I begin each session with a blank slate, I know nothing and assume nothing about you or your concerns. Your Higher Self, body and energy field will guide us to what is most beneficial for you to address in your session. This may include understanding your Soul's primary choices in this life, often found in your Soul Agreement, which can shed light on your life's experiences, your personality and relationship patterns. Key patterns may be shared such as belief systems, archetypal programs, judgments and unforgiveness left over from other life experiences, and when it may be necessary to retrieve fractured soul shards or address wounded inner children.

Over the years, this approach has been very effective for thousands of clients. It helps us to shift our perspective and clear a path to focusing on what we wish to create moving forward. Whereas in the past, our patterns have only allowed us to focus on what has, from our perspective, gone wrong, thus recreating the experience again and again.

Watching people shift and bring positive changes into their lives is why I choose to support others in releasing patterns, blocks and limitations to their own heart, which I believe is the gateway to our Soul, authentic love, acceptance and the source of our innate healing potential.

If you feel called to work with me, I invite you to give yourself permission to heal. If you haven't already done so, I suggest you take the opportunity to review several free videos on my website under the Resources Menu and choose Free Content.

There I share simple yet powerful processes that you can use every day and never outgrow. There is even introductory information on where our thoughts come from and how to begin a process of self-inquiry to make the most out of every day on your healing journey.

I strongly suggest you use the techniques offered in the Spiritual Car Wash and Pink Pillows of Love videos every day, beginning now or at least several days prior to our session. Doing these simple processes alone can provide wonderful results according to many clients.

And please seriously consider making these statements prior to our session:

Go into your heart space and state the following, at least daily, and add whatever you wish:

“I give myself permission to heal.”

“I give myself permission to change.”

“I give myself permission to remember the truth of who I am.”

“I give myself permission to release everything I no longer need.”

“I give myself permission to evolve.”

“I give myself permission to feel safe doing so.”

Ask your Soul to begin sending you messages in an appropriate way whether it be through dreams, books, or direct visions or messages. Ask that your attention be brought to what is most beneficial for you to resolve, such as patterns that can be cleared, limiting beliefs, or relationships where forgiveness is necessary.

Depending on what comes up in a session, I will happily share the many tools I have learned that facilitate clearing limiting beliefs, the cellular memory of trauma from the body, emotions attached to unresolved memories, imprints in the energy field, and so on.

The one thing I will not do is actively take responsibility for healing you – I will empower you, provide messages from your Higher Self and help you remember that you can heal yourself. I will provide you with language, witness you and hold space. I have found this type of work to be permanent, whereas when someone else who claimed to heal me, or remove energy from my field, it almost always came back.

No practitioner can know everything contributing to your current circumstances in one session. Tomorrow your energy will likely reveal another layer of patterns

and unresolved wounds or emotions that would be greatly beneficial to release or resolve. It is said that healing is a process not a singular event, and that is absolutely my experience.

I look forward to working with you and wish you well on your healing journey wherever it may lead you.

And remember, when you follow your heart, you lead with love.

-Ginny

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