



I WANT TO MANIFEST:

---

---

---

I AFFIRM:

---

---

---

---

I AM GRATEFUL FOR:

---

---

---

---

MORNING AFFIRMATION:

---

Three horizontal lines for writing, each with a dot at the start and end.

ACTION STEP:

Four horizontal lines for writing, each with a dot at the start and end.

AFTERNOON AFFIRMATION:

Four horizontal lines for writing, each with a dot at the start and end.

ACTION STEP:

Two horizontal lines for writing, each with a dot at the start and end.

•••••

•••••

EVENING AFFIRMATION:

•••••

•••••

•••••

•••••

DAILY REFLECTION:

•••••

•••••

•••••

•••••

•••••

•••••

•••••

•••••

---

---

ONAWHOLEVIBE.COM