

Give Thanks

PSALM 30

PSALM 30:1-12

*Thanksgiving for Recovery
from Grave Illness*

Can you identify these in the Psalm?

- Setting
- Reasons
- Action
- Divine-Action
- Commands
- Time Indicators/Status
- Speeches
- Comparisons
- Contrasts
- Parallel Statements
- Results
- Questions
- Possibilities
- Prayers
- Denials

Psalm 30:1-3

A Psalm. A Song at the dedication of the temple. Of David.

¹ I will extol you, O Lord, for you have drawn me up,
and did not let my foes rejoice over me.

² O Lord my God, I cried to you for help,
and you have healed me.

³ O Lord, you brought up my soul from Sheol,
restored me to life from among those
gone down to the Pit.

Psalm 30:4-5

⁴ Sing praises to the Lord, O you
his faithful ones,
and give thanks to his holy name.

⁵ For his anger is but for a
moment;

his favor is for a lifetime.

Weeping may linger for the night,
but joy comes with the morning.

Psalm 30:6-7

⁶ As for me, I said in my prosperity,

“I shall never be moved.”

⁷ By your favor, O Lord,
you had established me as a
strong mountain;

you hid your face;

I was dismayed.

Psalm 30:8-9

⁸ To you, O Lord, I cried,
and to the Lord I made
supplication:

⁹ “What profit is there in my
death,

if I go down to the Pit?

Will the dust praise you?

Will it tell of your faithfulness?

Psalm 30:10- 12

¹⁰ Hear, O Lord, and be gracious to me!

O Lord, be my helper!"

¹¹ You have turned my mourning into dancing;

you have taken off my sackcloth and clothed me with joy,

¹² so that my soul may praise you and not be silent.

O Lord my God, I will give thanks to you forever.