



MOTION UNIFORM GUIDE

On the Motion Website we have an online shop. This has been set up to make it easier for parents to buy the correct uniform for classes. Although I am happy for parents to buy elsewhere sometimes cheaper is not always better or correct. Therefore, I thought I would put together an information sheet as a guidance. The dance world of shoes and leotards can be a nightmare to understand.

VISIT THE ONLINE STORE www.mdc.mydancestore.co.uk

TAP SHOES

For younger age groups tap shoes must be white (black for boys only) as this is the requirement for exams. The tap shoes should NOT have heel taps on them as these are not allowed until the pupils have passed Grade 2 Tap. The white tap shoes can be canvas or pvc, tie up or Velcro. These are usually the same size as school shoes and should not slip off the back of the foot.



Velcro - PVC, no heel tap



Tie up - Canvas, no heel tap



Canvas or PVC with heel tap are not allowed

Once pupils have passed Grade 2, Teletones (*this is a make of taps that sound better when tapping*) are required along with heel taps. These tap shoes are black leather. The best makes for these are **Capezio** or **Bloch**. Leather is best, allowing the children's feet to breath and softer for better movement of the feet.



Capezio Teletone Extreme recommended