

BALLET SHOES

For younger age groups ballet shoes must be leather and have a full sole. Leather is a more durable material and softer on the children's feet allowing them to develop a stronger instep. Ballet shoes should fit like a second layer of skin, if they are too big the children tend to scrunch their toes up in order to keep the ballet shoes on their feet. **Canvas ballet shoes are not recommended** and not allowed to be worn in exams. Canvas ballet shoes do not look nice and can be quite rough on the children's feet. Please, please can I ask that Ballet shoes are not purchased from Sainsburys, these ballet shoes are ill fitting and are always far too big. The ballet shoe make I recommend is **Bloch** and you usually go up one size from school shoes for a good fit.



Leather full sole



Canvas or TU Sainsbury's

When taking Grade 1 Ballet I feel the children's feet have developed enough in order to move up to split sole. These allow for a better point. These should still be leather and not Canvas (seriously, canvas ballet shoes are horrendous!)



Leather split sole from grade 1

MODERN SHOES

I do encourage that the **slip on Neo Flex Jazz shoes** are worn as these hug and support the feet. Jazz shoes with full soles do not allow the children to stretch their feet so should not be worn for classes or exams.



Slip on Neo Flex jazz shoes



Full sole jazz shoes