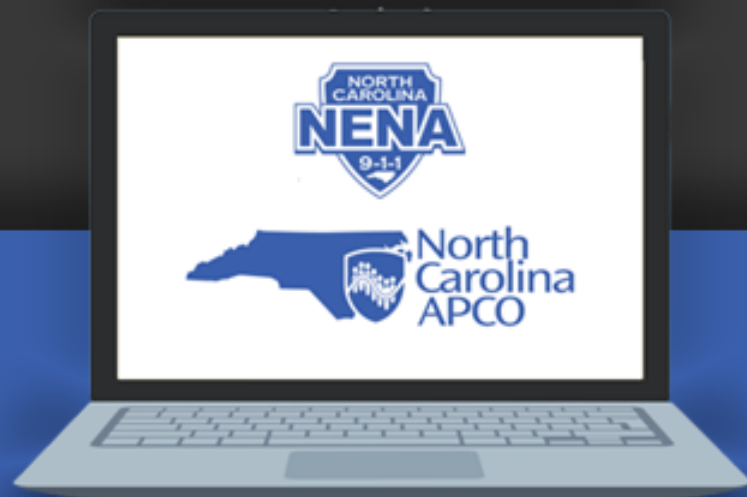


TRAIN, DON'T TELL

Training for
behavior change.



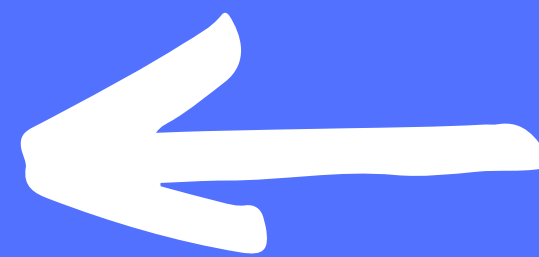
**"IF WE TRAIN...WE DO NOT SIMPLY
TRANSMIT INFORMATION. WE
CHANGE PEOPLE. WE TRANSFORM
LEARNERS IN WAYS THAT ARE
DESIRABLE FOR BOTH THEM AND
THE ORGANIZATION."**

Harold D. Stolovitch

**EFFECTIVE
TRAINING**



**BEHAVIOR
CHANGE**




**LEARNING
TRANSFER**

A man in a suit is standing in a meeting room, smiling and pointing at a whiteboard. He is surrounded by several people who are seated and looking towards him. The room has large windows in the background. The overall scene is a professional training or presentation session.

EFFECTIVE TRAINING

- It responds to learners' needs.
- The explanations are clear and concise.
- There are lots of takeaways for learners.
- It applies to the job.
- There was an opportunity to ask questions.
- Learners feel respected.
- The materials are clear and useful.

A hand holding a glowing orb with gears and lightbulbs, symbolizing learning and transfer. The background is a gradient of blue.

LEARNING TRANSFER

"Use of newly acquired knowledge or skills within the regular working or life context."



BEHAVIOR CHANGE

"Any transformation or modification of human behavior"

ANDRAGOGY

- Popularized by Malcolm Knowles in 1980.
- “art and science of helping adults learn”
- States that adults learn differently than children in the following ways:
 - Need to know WHY they should learn something
 - Want to know how learning will help them specifically
 - Bring prior knowledge and experience that form a foundation for their learning
 - Are self-directed and want to take charge of their learning journey
 - Find the most relevance from task-oriented learning that aligns with their own realities



4 KEY ADULT LEARNING PRINCIPLES

- Readiness
- Experience
- Autonomy
- Action



READINESS



EXPERIENCE



AUTONOMY



ACTION

ENSURING AN ACTION MINDSET

- Be clear on how they can immediately apply it to the job.
- If learning is only used occasionally, make sure to have job aids or other training to help refresh employees on the procedures.
- Provide ways that trainees can practice in the new skill in an environment/situation similar to one they will have on the job.
- "If you don't use it, you lose it."

**ONCE YOU HAVE A BETTER
UNDERSTANDING OF ADULT
LEARNING YOU CAN FOCUS ON
THE TRAINING SESSION...**

STRUCTURING TRAINING SESSIONS TO BE MORE EFFECTIVE

- Provide the WHY (rationale).
- Set realistic and relevant performance objectives.
- Utilize activities that directly relate to the performance objectives and desired outcomes.
- Evaluate your learner's performance to see if the skill has been learned.
- Provide feedback

A TRAINING ON GEOGRAPHY

Rationale: In order to send help quickly, we need to know how to read maps and quickly recognize locations.

Performance Objective: The trainee will be able to locate all highways on a map and identify the direction they run.

Activities:

- Trainees will list each highway name.
- Match highway with direction
- Label highways on blank map

Evaluation: The trainee will label each highway on the map.

Feedback: The trainer will highlight any incorrect answers and show the trainee the correct answer.

**"OUR JOB, AS TRAINERS,
INSTRUCTORS, AND EDUCATORS, IS
TO HELP OUR ADULT LEARNERS
LEARN. THEIR SUCCESS IS OUR
SUCCESS."**

Harold D. Stolovitch

***THANK
YOU!***

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