Acu-Sound Experience

Fall is here and we're welcoming the new season with an ACU-SOUND experience to awaken the soul and senses.

Acupuncturist Amie Brooke, L.Ac, MSOM and Leilani Stafford, LMT, Chopra Certified meditation teacher combine gentle acupuncture, breathing practices, meditation and live sound to elevate mental and emotional clarity, calm the nervous system and liberate energetic blockages for deep healing.

Sunday 10/10

7:30-8:30 PM

Enlighten Wellness Studio-Park City

$50 sign-up at

Enlighten-wellness.com

Leilani Stafford, LMT
Founder Park City Healers
Meditation Instructor
Holistic Lifestyle Coach

Your Facilitators

Amie Brooke, L.Ac. MSOM
Owner of Blue Soul Space
Acupuncture and Herbal Medicine