

Acupuncture & Sound Healing

WITH LEILANI STAFFORD & AMIE BROOKE



During this event we will combine gentle acupuncture, breathing exercises, meditation and live sound to elevate mental and emotional clarity, calm the nervous system and liberate energetic blockages for deep healing.



TUESDAY, JANUARY 25, 7:30 - 9 PM

AT ENLIGHTEN WELLNESS

COST \$50



Sign up through our website or your Enlighten App