

# JOURNEY TO THE HEART

*An evening of ceremony, community and connection*

Join Cheryl and Curtis of BellaHeartCacao and Elizabeth Jensen of Empower Your Path for a cacao ceremony and healing journey unlike any other.



Let's come together to honor community  
and reawaken human connection!

Our evening will include ceremonial cacao, guided journey and meditation, sound healing and heart sharing.



**Saturday, January 8th, 4-7 pm**

Cost: \$49

Space is Limited. You must register for this event.

[enlighten-wellness.com/events-1](http://enlighten-wellness.com/events-1)