

# Hunter Full Moon Flow & Ceremony

**GATHER IN COMMUNITY, LET GO OF ANY  
ENERGY WEIGHING YOU DOWN AND SET NEW  
INTENTIONS TO MOVE YOU FORWARD!**



all-levels 90 minute yoga flow -  
savasana & intention setting ceremony

**TUESDAY: October 19th, 6:00-7:30 pm**

**With Shamanic Reiki Master and 500-Hour RYT,  
Anne Sargent**

**Cost is \$25. YOU MUST SIGN UP on your Wellness Living App!**