

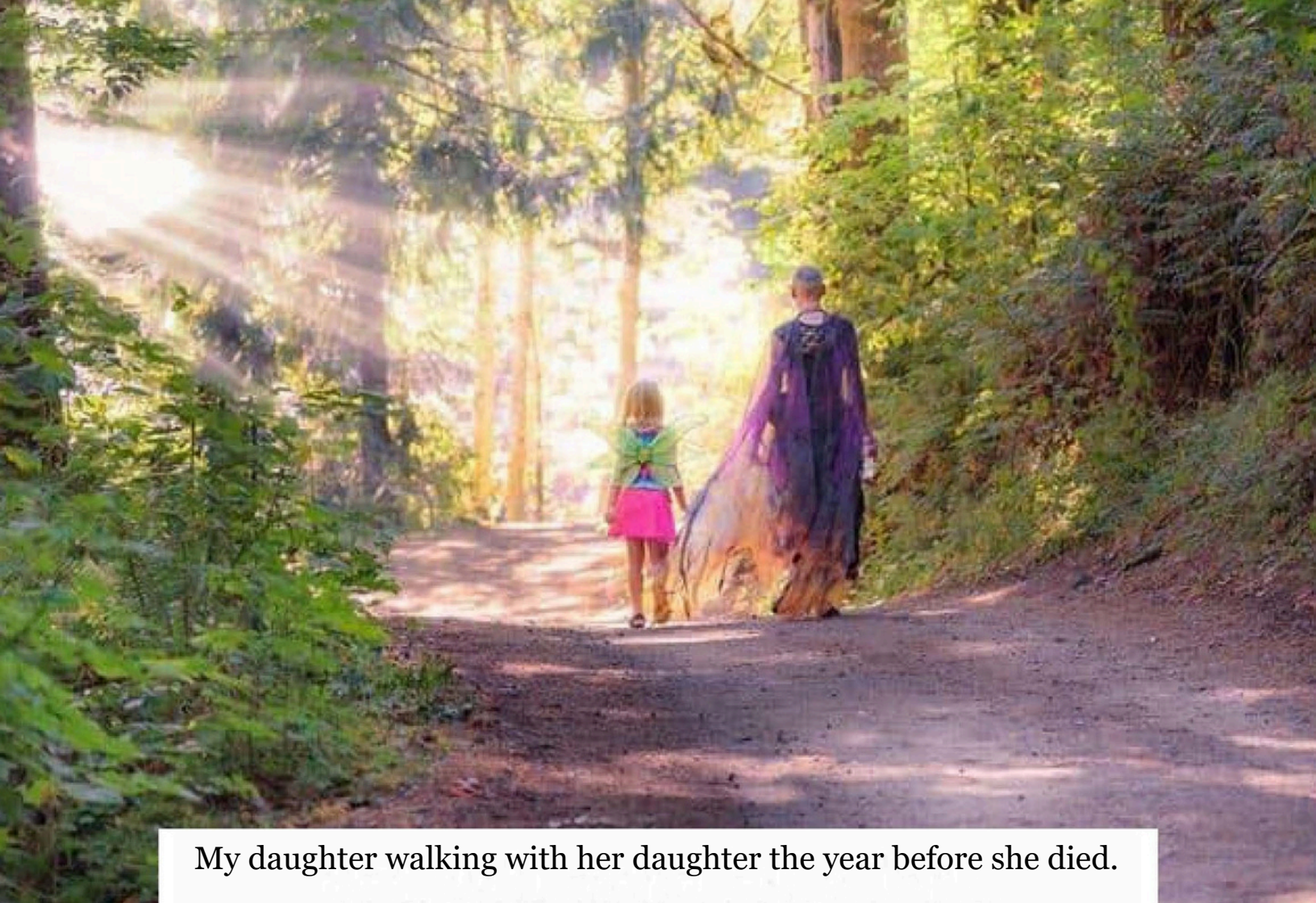


**When you are STUCK in Grief
it can CONSUME you!
Let's change that.**

Helen S. Condon, Grieving Mother,

B.A.Ed. IAP Certified Life Coach, Certified Grief Coach

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My daughter walking with her daughter the year before she died.

You will need help for a while. I'm here.

Let's face it; Grief over a lost loved one can feel like a Life Sentence. It never goes away, even when it starts to fade. Let's work together to give you the on-going support you need.

Sign up for a free 30 minute Zoom call with me
here:

