



PMU AFTERCARE

All procedures may cause swelling and redness. If this lasts more than 72 hours please see a doctor immediately. This is rare but bacterial infection may occur if you have not followed post care instructions completely.

The colour will lighten between 30-50% and will require a touch up at 4-6 weeks

Brows:

1. Do not wash brows for 48 hours
2. If you have oily skin wash the brows 1 hour after with water, then keep dry for 48 hours
3. After 48 hours wash brows with water and Spectro gel or plain unscented soap
4. You can apply a small amount of La Roche Cicaplast Baume or polysporin after 4 days for up to 2 weeks. Dry healing is always suggested if possible
5. Avoid sweating, tanning, exercise, makeup and saunas for 72 hours
6. Avoid sun exposure, swimming or hot tubs for 2 weeks
7. Scabbing and peeling is normal. DO NOT pick at scabs
8. It can take 10-14 days to heal

Eyeliner:

1. Clean area gently with q tip and water within 24 hours
2. Apply a thin layer of Vaseline to the area for 7 days
3. Avoid sun exposure, swimming or hot tubs for 2 weeks
4. Do not apply eyeshadow, eyeliner or lash extensions on area until healed
5. It can take 7-10 days to heal, there will not be scabbing

Lip Blushing:

1. Clean area gently with water and pat dry with clean towel or paper towel
2. Apply Vaseline to keep lips moist, never let them go dry. The amount of applications through the day will vary. Always clean after eating
3. Avoid spicy and acidic foods for 48 hours
4. Drink through a straw for 5 days
5. Avoid sun exposure, swimming, hot tubs or saunas for 14 days or until healed
6. By 15 days you will see the desired colour
7. Avoid picking at scabs, expect chapping for up to 5 days
8. It can take 21-45 days to fully heal