



The Dance Report

A semester review of all the fun movement based lessons in Brockman Dance Classes.

Lori Jacobsen,
aka Ms. Glitterhoopz, is the
new dance teacher at
Brockman this school year.
www.LoriJacobsen.com

Wow! What a fun fall semester! Starting in October, all Brockman students started weekly dance classes with Ms.Lori.

The semester started with an introduction to mindful movement and dance basics from ballet, jazz, and hip hop and plenty of FORT NITE emoji dances for all students.

Ms. Lori created choreography for the finale of the Upper El theatrical performance. It was a show stopper! (See photo above)

Upper El students are now creating their own choreography for the song Human Nature by Beautiful Chorus (inspired by Michael Jackson's Human Nature). And continue to work and explore all kinds of different movements, working in groups, listening and respecting the ideas of others, cooperating, and supporting each other while having a lot of fun. Fort Nite dances are extremely popular and most students know at least 15-20 different dances from just this segment of the class programming. Along with learning these fun dance, Ms. Lori includes information about the origins of the dances from a historical perspective.



Ms.Lori also offers private and group classes on weekends.

Ms. Lori also does Hula Hoop Birthday Parties and Performs for special events.

YouTube: Glitterhoopz

Lower El students learned hip hop choreography to Can't Stop the Feeling! By Justin Timberlake, as well as continuing to deepen their understanding of dance mechanics and body control. Lower El also enjoys plenty of dance games and many are very inspired by Ms.Lori's occasional hoop dance performances in class. Next time you see the kids on the playground, take note of how many are hula hooping!

Primary students have been working on mindfulness, body control and focusing energy. Primary classes play a lot of dance games like the Hokey Pokey, freeze dance, and follow the leader/Simon says. And they learn basic choreography and movements for ballet, jazz and hip hop. Ms. Lori has even taught them to do Head, Shoulders, Knees and Toes in French!

All classes also get regular stretching and yoga in class. Both to calm the mind and recenter students in their body, for focus and energy.

After School Programming

Tuesday's after school is the dance club. Dance club has learned fort nite dances, jazz basics, explored flow arts, yoga, flexibility, dance lines, as well as having fun playing lots of dance games. A full exploration of dance and movement. 2 Make up classes in January.

Wednesday's after school Hoop Dance club is spinning up all kinds of creative juices and inspiring lots of new hoop dancers. Hoop Club has learned waist hooping, jump throughs, arm and hand hooping, hoop rolling, hoop tosses, escalators and hoop dance choreography.

Upcoming Workshops

Ms. Lori will be hosting two workshops in January at Studio Sri (Fit Columbia in Five Points).

HULA HOOP YOGA - All ages and abilities welcome!
HoopYogini Level 1&2, Hoop Dance and Yoga Exploration.
Fun fitness w/a spin!

Sunday, Jan.20, 2019, 1:30-3:00 PM \$15/adults \$8/under 10

HOOP CIRCUS-Level 1- Hula Hoop Foundations, Circus Tricks & Transitions. Learn tricks to dazzle and amaze! Levels 2&3 to follow

Sunday, Jan.27, 2019 1:30-3:00 PM \$12 ages 6-16

