

Why choose us...

Our behavioral health practice stands out because we combine professional expertise with genuine compassion. Here's what sets us apart:

- **Experienced, Licensed Psychiatrists and Nurse Practitioners:** Our team consists of highly qualified professionals with diverse specialties, allowing us to match you with the right provider for your unique needs.
- **Personalized Care:** We don't believe in one-size-fits-all solutions. We take time to understand your goals and tailor our approach to help you reach them.
- **Safe, Supportive Environment:** We create a non-judgmental space where you can speak openly and feel heard, valued, and respected.
- **Confidentiality & Professionalism:** Your privacy is our priority, and we uphold the highest ethical standards in all aspects of our work.
- **Choosing the right professionals** is a personal and important decision. At our practice, you will find not only skilled professionals but people who genuinely care.



Frisco Behavioral Health Group, LLC
Contact Us
469-213-6400



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fbhg2016@proton.me
9:00am to 5:00pm
Monday through Friday

friscobehavioralhealthgroup.com

FRISCO BEHAVIORAL HEALTH GROUP, LLC

The Path to Mental
Wellness

At Frisco Behavioral Health Group, LLC we are committed to helping individuals navigate life's challenges through compassionate, confidential, and professional counseling services.



ABOUT US

Frisco Behavioral Health Group, LLC has served the community for over 10 years, offering personalized programs to enhance your well-being and that of your loved ones. As a privately owned practice, we tailor treatment to individual needs.

We have a team of experienced Psychiatrists, Nurse Practitioners, and Clinical Therapists dedicated to providing top-quality care at our behavioral health clinic. Our goal is to set a standard for others in the field and continuously enhance our model for the well-being of our patients.



✓ How We Care

- **Comprehensive Mental Health Evaluations: Identifying underlying psychiatric or cognitive conditions often missed in routine medical care.**
- **Medication Management: Optimizing psychiatric medications to reduce side effects, avoid overmedication, and ensure compatibility with other treatments.**
- **Delirium & Dementia Care: Assessing and managing confusion, agitation, hallucinations, or aggressive behavior in residents with cognitive decline.**
- **Behavioral Intervention Planning: Collaborating with nursing staff to develop safe, effective strategies for managing difficult behaviors without over-reliance on medications.**

Geriatric Care

Our Psychiatrists and Nurse Practitioners play a critical role in enhancing the mental and emotional well-being of older adults in nursing homes. With their expertise in diagnosing and treating complex psychiatric and cognitive disorders, psychiatrists bring specialized care directly to residents who may struggle with conditions like dementia, depression, anxiety, or behavioral disturbances.

