DEFENDANT CHECKLIST

PERSONAL

☐ Maintain current employment (if possible) or secure another job
☐ Attend Gamblers Anonymous regularly
  ☐ Document your meeting attendance
  ☐ Get a sponsor
  ☐ Begin 12-Step Writing
  ☐ Be of service
☐ In-Patient Treatment (if necessary)
☐ Participate in Weekly Outpatient Counseling
☐ Self-Exclude from Casinos (for maximum years allowed)
☐ Register Credit/Debit Cards & Checking Accounts with Everi STEP Program (a cash access exclusion program)
☐ Obtain GamBlock, GamBan or BetFilter (software that blocks access to online gambling sites and mobile gambling apps)

FAMILY

☐ GA Pressure Relief Group Meeting (to create a budgetary framework and opportunities for ongoing accountability)
☐ Recommend Gam-Anon to spouse/partner/family members
☐ Participate in Family Outpatient Counseling (if available)

CASE-RELATED

☐ Maintain contact with attorney/public defender; ask questions
☐ Obtain letter from outpatient counselor and/or inpatient treatment facility documenting DSM-5 diagnosis & treatment program
☐ Use character letter templates to gather letters of support from:
  ☐ Family
  ☐ Friends
  ☐ Employer
  ☐ GA Fellowship
☐ Request a Settlement Conference (when plea is offered)
☐ Write a letter to the judge expressing remorse
☐ Write a letter to the victim(s) expressing remorse
☐ Be prepared to address the court at sentencing