

Contraindications:

If you currently have a medical condition, please always consult with your physician or health practitioner before using the Bio PEMF Red Photonic Light JAT (Jade Amethyst Tourmaline) Ultramat.

PRESCRIPTION DRUGS:

If you are using prescription drugs, check with your physician or pharmacist for possible changes in the drug's effect due to interaction with infrared energy. If you are taking corticosteroids, you may experience some redness of the skin. Should you experience this, we recommend that you discontinue the use until you have completed your medication.

CERTAIN AILMENTS:

According to some authorities, it may be inadvisable to raise the core temperature of people with adrenal suppression, systemic lupus erythematosus, or multiple sclerosis. Yet FIR has been used with good results with Lupus. Consult your physician or alternative-healing practitioner. People with MS may do better using a Jade Ultramat as it has a more cooling effect and a softer energy.

JOINT PROBLEMS:

If a person has a recent (acute) joint injury, it should not be heated for the first 48 hours or until the hot and swollen symptoms subside. Joints that are chronically hot and swollen may respond poorly to vigorous heating of any kind. Vigorous heating is strictly contraindicated in cases of enclosed infections, be they dental, in joints or any other tissues.

SURGICAL IMPLANTS:

Metal pins, rods, artificial joints, or any other surgical implants generally reflect infrared rays and are not heated by an infrared heat system. Staying below 35C is advised. Always consult with your surgeon before receiving such therapy. Infrared therapy must be discontinued if a person experiences pain near any implants.

PACEMAKERS:

Cardiac (heart) Pacemaker and defibrillators users should not use the Ultramat with the PEMF function. Please consult physician.

CANCER:

A 1°C increase in body temperature results in a 40% increase in immunity and 43°C (109.4°F) causes cancer cell death." Dr. N Yoshimizu, MD, PhD. The Fourth Treatment For Medical Refugees. P60.

SILICONE:

Silicone does absorb infrared energy. Implanted silicone or silicone prosthesis for nose or ear replacement may be warmed by infrared rays. Since silicone melts at over 200 degrees Celsius, it should not be adversely affected by an infrared heat system, however, it is still advised that a person checks with his or her surgeon to be certain.

MENSTRUATION - SUGGESTION:

Heating of the low back area of women during the menstrual period may temporarily increase menstrual flow. Once a woman is aware that this is occurring, she can choose to allow herself to experience this short term effect

without worry. Or she may simply avoid using an infrared heat source at that time in her cycle. For the majority of women, Far Infrared Energy massage helps to relieve and minimize the physical and emotional discomfort experienced during the pre-menstrual and menstrual period.

HEMOPHILIACS AND HEMORRHAGE:

Hemophiliacs and anyone predisposed to hemorrhage should avoid infrared usage or any type of heating that would induce vasodilation that can lead to the tendency to bleed.

WORSENERD CONDITION:

If there are any worsened conditions when using the Ultramat, discontinue use. Some temporary symptoms may occur, which can be attributed to the detoxification and healing process

PAIN OR DISCOMFORT:

Pain should not be experienced when using the Ultramat. However, the infrared heat will go to areas of disease or discomfort so some people may perceive this as pain and others as a sensation. If pain is persistent, discontinue use.

ORGAN TRANSPLANT

The recipients of any organ transplant should not use the Ultramat. After organ transplant operations the patients usually are prescribed to take immunosuppressant drugs to help prevent their immune system from rejecting the transplant organs. The Ultramat session increases immune system function which is absolutely contraindicated for organ transplant recipients.

PREGNANCY

Expectant mothers or those who are nursing should not use the Ultramat in heating mode.

INSENSITIVITY TO HEAT

Anyone with diseases associated with a reduced ability to sweat or insensitivity to heat should use the Ultramat with no heat mode.

MEDICATIONS/TREATMENTS/RADIATION/CHEMOTHERAPY

Anybody currently taking medications or going under medical treatments, radiation or chemotherapy should consult their physician before using the Ultramat heating mode.

HYPERTHERMIA/FEVER

Anybody experiencing a high fever should not use the Ultramat in heating mode. Only negative ions function can be used until the fever stops.

NEVER USE THIS DEVICE WHILE UNDER INFLUENCE OF MEDICINES, SLEEPING AIDS, DRUGS, ALCOHOL OR OTHER INTOXICATION.

*Ultramats are great for general wellness. They awaken the restfulness, comfort and invigoration, powers and energies and can become an important part of your healthy lifestyle. Ultramats may help supplement your lifestyle but they are not intended to diagnose, cure, treat, mitigate, or prevent any disease, illness or medical condition or to substitute medical treatment of any kind or to affect the structure or any function of the body.

