MOVEMENT

THERAPEUTIC SUPPORT SERVICES

Non-Clinical Therapeutic Support for children living in Out-of-Home Care, Queensland

Services Offered

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Direct Care Support

Therapeutic Support Sessions	One-on-one therapeutic, goal-oriented support delivered with the young person in the home, school, or community. Includes session preparation.
School Based Support Sessions	In-school therapeutic, trauma informed support, teacher consultation, and/or school guidance officer liasion. Includes session preparation.
Mentoring (13+ years only)	Mentoring provides practical support for young people and is particularly valuable for older young people building their identity and pathways to independence. Includes session preparation.
One on One Carer Coaching	Individual coaching session for foster or kinship carers. Includes working through therapeutic frameworks, behaviour support strategies, self-care planning, and practical skill-building tailored to the carer's current needs.
Group Skill Building Programs	Structured skill-building group program (2–4 participants). Includes program design, facilitation, and brief session notes. Minimum group of 2 required.

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Report Writing and Documentation

Comprehensive Therapeutic Support Needs Assessment	Formal assessment of the child's therapeutic needs, strengths, risks, and support requirements. Underpins ISP, PBSP, and placement planning. Assessments occur through weekly sessions with young people, meetings with their care team, file reviews and the use of a variety of assessment tools.
Individual Support Plan (ISP)	Development of the child's Individual Support Plan (ISP) following Support Needs Assessment. ISP informs the weekly therapeutic support sessions by identifying targeted support goals, strategies and timeframes.
Other Support Plan Development	Written behaviour support plans, including proactive strategies and crisis protocol. Self-care and Safety Plans can also be developed for both carers and young people depending on the support needs identified.
Placement Stability Plan	Structured plan covering risk factors, carer strategies, escalation protocols, and success indicators for a specific placement. Identifies supports, needs and strengths. Developed in conjunction with the carer, Child Safety and young person where appropriate.
Exit Report/Discharge Summary	Formal closing document summarising the child's progress, goals achieved, outstanding needs and recommendations for ongoing support.

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For further information about support services provided, or how support can be tailored for your child or young person, please reach out to Heather on 0467457123.

Quotes for services can be provided upon request.

Referrals can be made by Child Safety Officers or Foster and Kinship Care Support Agencies.

All referrals can be completed and submitted
via our website:
www.movementtherapeuticsupportservices.com
OR emailed directly to Heather Russell at
info@movementtherapeuticsupportservices.com