

Rules for 7 on 7 Passing Tournament

Starting the Game:

- A coin flip will determine which team will get the ball in the first and second half
- A time keeper will start the game. All games will begin and end on the person's instructions. He will also announce the time remaining at the 10, 5 and 2 minute marks.

Moving the Ball:

- Possession always begins at the 40 yard line. The offense cannot go backwards past the 40 with a penalty.
- Offenses always move in the same direction towards the end zone.
- Run plays are not allowed
- The offense has four plays to get a first down at the 20 yard line or a touchdown.

Offensive Rules

- The QB is allowed 4 seconds to throw the ball. It is a loss of down if the ball is not thrown before 4 seconds and the ball stays at the same spot.
- The snapper is not an eligible receiver.
- Offensive pass interference is a loss of down and 5 yard penalty.
- There is not a penalty for who is on or off the line of scrimmage. A maximum of four players are allowed on one side of the ball.
- Each team will have 30 seconds to snap the ball once it has been marked down. Delay of game penalty will be a loss of down plus 5 yards.

Defensive Rules

- Defense plays with 7 pass defenders. You may align with 8 players (i.e 3-4 Scheme), but at least one player must be on a knee before the snap of the ball. A 5 yard penalty will result if more than 7 players are up.
- Defenders must play ball on all throws (don't go through receiver). It is their responsibility to avoid collisions. Defenders may jam with hands.
- Interceptions may be returned. If an interception is returned beyond the 40 yard line (the offensive original starting point); it is a touchdown and point after attempt should ensue. If it is not returned past the 40 yard line then the intercepting team's offense will take over from the 40.
- Defensive pass interference is a spot foul or 15 yard penalty, whichever is less. It also results in an automatic first down.

Special Rules:

- Helmets are required.
- Every game will be two 12 minute halves of running time. There will not be a halftime break as the second half will start immediately. There are no timeouts.
- One offensive coach may be in the huddle and defensive coaches must be off the field.
- Laterals are not allowed.
- **NO BLOCKING AT ANY TIME** (5 yard penalty from the spot)

- Receiver/Ball carrier is legally down when touched below the neck with one hand. (Excessive force by shoving, or striking a blow will be penalized by automatic first down and 5 yards.) Expulsion of a player(s) if ruled unsportsmanlike & flagrant).
- Fumbles are dead balls at the spot with the last team retaining possession. A muffed snap is not a fumble/dead ball and is live for the QB.
- No taunting or “trash talking.” (15 yard. penalty & expulsion if flagrant).
- Players involved in fighting may be ejected from the game and tournament. If a team fight occurs, the team may be ejected from the tournament.

Scoring:

- 6 points awarded for a TD, 1 point for PAT from 5 yard line, 2 point PAT from 10 yard line (interception on PAT is dead ball).

Overtime:

- After a coin flip to determine first possession, teams will alternate 2 down series from the 10 yard line. If a touchdown is scored, the offensive team will then have the opportunity to attempt a 1 or 2 point PAT. A winner is determined when one team scores more during its possession than the other team scores. If the score remains tied after one OT from the 10 yard line, each team will have one play from the 40 yd line. If both teams fail to gain yardage, this scenario will be repeated until a winner is determined. The team gaining the most yardage wins. The winning team will then be awarded 1 point toward the total score.

Sportsmanship is of the utmost importance. This should be a positive event to help all teams to improve their skills and knowledge, to avoid injuries, and to prepare for the upcoming season.



WILLISTON
NORTHAMPTON SCHOOL

**WILLISTON NORTHAMPTON SCHOOL
FOOTBALL SHOWCASE
2022**

REGISTRATION FORM

Date: Wednesday, July 6, 2022 **Hours:** 9:00 am – 3:00 pm

Cost: \$20/student must be paid in full at time of registration

Please make check out to: "Williston Northampton School"

Mail to: Williston Northampton School
Attn: Tom Beaton
19 Payson Avenue
Easthampton, MA 01027

STUDENT INFORMATION

Name _____

Address _____

City: _____ State: _____ Zip Code: _____

Age: _____ Date of Birth: _____

PARENT INFORMATION

Parent / Guardian Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone # (home): _____ Work/Cell: _____

Email: _____

EMERGENCY CONTACT INFORMATION IN CASE OF EMERGENCY

Name: _____ Relationship: _____

Phone #: _____

Name: _____ Relationship: _____

Phone #: _____



WILLISTON
NORTHAMPTON SCHOOL

**THE WILLISTON NORTHAMPTON SCHOOL
FOOTBALL SHOWCASE 2022**

WAIVER OF LIABILITY

Your son/daughter has elected to participate in a program/activity where there may be an increased element of risk of which you must be aware and agree to assume.

We cannot be liable for injury suffered by your son/daughter as a result of this activity, assuming there is no gross negligence on the part of the School, its representatives, or its suppliers.

I give permission to my son/daughter, _____
to participate in the Williston Northampton Football Showcase.

It should be known that all students are supervised while engaged in this program and appropriate safety measures are taken.

I hereby agree to allow of my son/daughter to participate in this program, and in signing this waiver, release the Williston Northampton School, its agents and/or employees from liability for any damages which may be incurred by my son/daughter.

Student Name (please print)

Parent/Guardian (please print)

Student signature

Parent/Guardian signature

Date

Date

If there are any questions, please contact the School's Football Coach at (413) 529-3598.