



## North West Powerlifting Member Behaviour Standards

### Purpose

These behaviour standards apply to all members of NWPL, including coaches, officials and volunteers. They outline expectations of reasonable behaviour when participating in any NWPL event or related social activity. The process and possible sanctions, which may be used in the event that members do not meet the expectations of reasonable behaviour, can be found in the [Complaints and Disciplinary](#) policy document on the British Powerlifting website.

Guidance relating to safeguarding can be found here [Safeguarding Children, Young People and Vulnerable Adult Policy](#).

### Expectations

NWPL expects that athletes, officials and coaches will at all times demonstrate respect for:

- ❖ Themselves, fellow athletes, volunteers, coaches, officials and spectators and service providers (e.g. venue staff);
- ❖ Laws and culture of powerlifting;
- ❖ Property of NWPL and any venue they are visiting.

Participants are also expected to:

- ❖ Value their own performances, and that of others;
- ❖ Cooperate with each other, coaches and officials

### What are the aims of setting out these standards?

- ❖ To protect members of NWPL and affiliates;
- ❖ To protect others potentially affected by members' actions;
- ❖ Ensure the highest possible standards of fairness, honesty, competition and behaviour;
- ❖ Reduce the risk of harm, injury, harassment and nuisance to members and the community in general;
- ❖ Create inclusive and vibrant groups;
- ❖ Facilitate an environment to enable all those involved with NWPL to be the best they can be, and;
- ❖ Detail the actions that can be taken should there be breaches, to ensure a strong reputation both of our division but of British Powerlifting.

## Standards

All NWPL members are expected to abide by the standards outlined in the non-exhaustive list below:

- ❖ To adhere to the rules and regulations of the [International Powerlifting Federation](#) and [British Powerlifting](#), agreeing to demonstrate sporting behaviour towards opponents, staff and officials at all times;
- ❖ To be fair, considerate, honest and respectful to the needs of fellow athletes, volunteers, coaches and officials;
- ❖ To respect NWPL's property and that of others (e.g. external facilities and transport providers), and not cause damage to such property or use it for unapproved purposes;
- ❖ To never behave violently or deliberately seek to gain an advantage through cheating, or use prohibited substances;
- ❖ To encourage and guide participants to accept responsibility for their own performance and behaviour;
- ❖ To refrain from any behaviour that brings NWPL into disrepute;
- ❖ To adhere to the rules and regulations in the [social media policy](#) and take personal responsibility for their words, images and actions in an online environment;
- ❖ To understand that any 'welcome' activity for new club members should be inclusive, non-compulsory, and should not, in the judgement of NWPL, make the individuals feel humiliated or degraded;
- ❖ To refrain from use of any illegal drugs and banned substances in line with [WADA](#);
- ❖ Not act in an unlawful manner;
- ❖ To act as an appropriate ambassador for the division, and your affiliate (if applicable);
- ❖ To refrain from any behaviour that brings the division or an affiliate club / gym into disrepute;
- ❖ To not pressure or coerce any other member into any action with which they feel uncomfortable;
- ❖ To conduct themselves in a reasonable manner relating to language, noise and behaviour;
- ❖ To refrain from any form of harassment of others and respect the rights, dignity and values of others;
- ❖ To take responsibility for their own understanding of these Behaviours and the repercussions of any breaches and seek further information or clarification if they are unsure about how it should be applied;
- ❖ To not encourage or pressure others into acting against these Behaviours;
- ❖ To act within the law, and to be aware of offending others and members of the public through anti-social behaviour, and;
- ❖ To understand the repercussions of any breaches of these standards

## Potential Consequences of breaching the standards

When the standards are breached by an individual and/or group, the member(s) will face possible sanctions (external authorities notwithstanding, i.e. the police). British Powerlifting has a clear disciplinary process, and each case will be dealt with individually.

NWPL reserves the right to refuse representation of the division, affiliation, competition entry and / or to refer any member acting contrary to the standards set out above to the British Powerlifting Disciplinary Committee for further investigation.

### **Reporting any breach of the standards**

Any concerns, or to report a breach of the above standards should be emailed to the Exec Committee at [gbpfnw@gmail.com](mailto:gbpfnw@gmail.com). This mailbox is accessible only by the Exec Committee and all correspondence will be confidential.

Alternatively, Tanya Bull, the Chair of the British Powerlifting Disciplinary Committee, can be contacted via email at [disciplinary@britishpowerlifting.org](mailto:disciplinary@britishpowerlifting.org).