



Sara Beth Knight

Height: 5'3 | Hair: Brown | Eyes: Brown | Voice: E3-E6 | Pronouns: She/Her

Phone: (817) 894-5375 | Email: sarabeth.dowell@gmail.com | www.sarabethdowell.com

Regional Theatre

Sugar the Musical	Sugar Kowalczyk	Starlight Mountain Theatre/Michelle Davis
7 Brides for 7 Brothers	Liza	Starlight Mountain Theatre/M. Thompson
Mary Poppins	Mrs. Corry	Starlight Mountain Theatre/Skye Davis
Singin' in the Rain	Zelda/Dancer	Starlight Mountain Theatre/Skye Davis

Theme Parks

Voodoo Dolls	Singer/Dancer ♦★	Six Flags Fiesta Texas/Carla Sankey
Fleur de Lis	Swing	Six Flags Fiesta Texas/Wendell Vaughn
A Christmas Carol	Ensemble ♦	Six Flags Fiesta Texas/Carla Sankey
Majesty of Christmas	Ensemble ♦	Six Flags Fiesta Texas/Darren Grobe
Shake, Rattle & Glow	Host/Dancer	Hersheypark (RWS)/Sarah Meahl
Sweet Greetings	Host	Hersheypark (RWS)/Kyle Hocutt

♦ Denotes Dance Captain ★ Denotes Vocal Captain

Concerts

54/54/54	Vocalist	54 Below/Ben Caplan
The Leap Day Bonanza	Vocalist	54 Below/Philip Romano

Training

Baylor University: BFA in Theatre Performance - Musical Theatre Concentration

Acting: Sam Henderson, Steven Pounders, John-Michael Marrs, Lisa Denman

Voice: Lauren Weber, Kelly MacGregor, Melissa Johnson, Guilherme Almeida

Dance: Meredith Sutton (Ballet I, Jazz I & II, Tap I, Independent Study)

Musical Theatre Voice: Devon Meddock, David Haskins

TCU: Royal Music Conservatory Program

Classical Voice: Jennifer Mahler, Charis Peden

Special Skills

Strong Mover: Partnering/Lifts, Intermediate Tap, Splits, Cartwheel (solo or with partner)

Dialects: Southern, British (RP and Cockney), French

Strong Sight Singing, Intermediate Sewing, Driver's License