

ENRICHING THE LIVES OF AGING ADULTS IN OUR COMMUNITY

COATESVILLE CAMPUS

DOWNINGTOWN CAMPUS

OCTOBER 2025

The summer days fade, but the memories last forever.



Alpaca Farm



Painted Plate



Flower
Arranging
Workshop



Corkscrew & Craft



Fine Art Class

NOSTALGIA BVAA kitchen

Miss Bee's BROCCOLI CHEDDAR SOUP

4 CUPS FRESH BROCCOLI FLORETS

(ABOUT 1 LARGE HEAD)

1 CUP ONION CHOPPED

2 CELERY STALK

1 CUP CHICKEN OR VEGETABLE BROTH

1 CUP HEAVY CREAM

4 CUP HALF AND HALF

4 TABLESPOONS BUTTER

4 CUPS ALL-PURPOSE FLOUR

2 CUPS SHREDDED SHARP CHEDDAR CHEESE

1 CUP OF VELVETTA

SALT AND PEPPER TO TASTE

- IN A LARGE POT, MELT BUTTER OVER MEDIUM HEAT. ADD ONION AND CELERY, COOK UNTIL SOFT AND FRAGRANT (ABOUT 3 MINUTES).
- STIR IN FLOUR AND COOK FOR 1-2 MINUTES TO REMOVE RAW FLOUR TASTE.
- SLOWLY WHISK IN BROTH, THEN 1/2 & 1/2. BRING TO A GENTLE SIMMER — THE SOUP WILL THICKEN.
- STIR IN BROCCOLI, COVER AND SIMMER FOR 15-20 MINUTES, UNTIL VEGGIES ARE TENDER
- TURN HEAT TO LOW. ADD CHEESES A HANDFUL AT A TIME UNTIL MELTED AND SMOOTH
- ADD SALT, PEPPER
- SERVE HOT WITH CRUSTY BREAD

The Harold Martin Leadership Award



Bill's leadership style? A perfect mix of wisdom, heart, and just the right amount of humor to keep us all smiling. He's proof that great leaders don't just guide—they inspire. We couldn't be prouder to celebrate Bill and all he's done (and continues to do!) for BVAA and our community. Congratulations, Bill!

Big cheers to our very own Bill Pierce, CEO/President of Brandywine Valley Active Aging, for being honored with the Harold Martin Leadership Award by the Exton Region Chamber!

The evening was all about celebrating community strength, connections, and growth—and no one embodies that more than Bill. For 26 years, he's been a true champion for older adults, working tirelessly to elevate aging and enrich lives with dignity, purpose, and joy.





DINE-IN RESERVATIONS ARE REQUIRED ONE WEEK IN ADVANCE.
 610-383-6900.
 IN - PERSON DINING AVAILABLE 12:00-12:30P M-F.
 DRIVE-THRU MEAL PICK UP: M-F, 12:30-1:30P
 DOWNINGTOWN CAMPUS
 TUES.-FRI, 12:30-1:30PM
 COATESVILLE CAMPUS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Reservations are required one week in advance. Please call 610-383-6900.		1 Cheese Omelet Turkey Sausage Hashbrowns Oranges	2 Chicken Alfredo Broccoli Roll Grapes	3 Taco Pizza Caesar salad Apples
6 Burger Sweet Potato Fries Fruit Cocktail	7 Breaded Fish Mac & Cheese Stewed Tomatoes	BIRTHDAY BASH Salisbury Steak Mashed Potatoes Green Beans Cheesecake 	9 Ham & Cheese Quiche Tater Tots Grapes	10 Margherita Pizza Garden Salad Orange
13 Grilled Chicken Sandwich Waffle Fries Oranges	14 National Dessert Day Chef Salad Roll Yogurt Dirt Cake 	15 National Mushroom Day Mushroom Bisque Cheese Steak Grapes 	16 Open Faced Tuna Wrap Sweet Potato Fries Fruit Cocktail	17 French Bread Pizza Caesar Salad Fruit
20 Sloppy Joes Carrots Grapes	21 National Apple Day Chicken Waldorf Salad Roll Apple 	22 Mediterranean Fish with Olive Tapanade Noodles Spinach Fruit	23 Chili du Jour Rice Cornbread Fruit	24 White Pizza with Broccoli & Tomatoes Garden Salad Orange
27 Grilled Cheese & Tomato Soup Fruit Cocktail	28 National Chocolate Day Korean Beef over Rice Oranges Brownie 	29 Chicken Parmesan Noodles Mixed Vegetables Apple	30 Tuna Salad Plate 3 Bean Salad Orange	31 Hot Dog Mummies Tater Tots Grapes 

Half a pint milk or orange juice is served with each meal. 1 packet condiment served with each wrap or sandwich.
 Menu subject to change without advance notice.
 Meals served at BVAA are funded in part by the Chester County Department of Aging Services. Membership to the senior center is not required for participation in the congregate meal program. **Individuals 60 and older who are 185% or above the federal poverty level are asked to make a voluntary and anonymous contribution of \$2.00 towards the cost of the meal.**



Individuals under the age of 60 are welcome to enjoy a noon meal for a cost of \$6.00. The official registration and financial information for the Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll-free (within Pennsylvania) 1-800-732-0999. Registration does not imply endorsement.

INFORMATION AND ASSISTANCE

**\$3
Van Ride**

Senator
**Carolyn
Comitta**
Serving Chester County

SENIOR EXPO



**Tuesday October 14, 2025
11am-2pm**



**West Chester University (South Campus)
Sturzebecker Health Science Building
855 S New St, West Chester, PA 19383**



*Join our FREE event with
resources, activities, and services
available to our older neighbors
in Chester County.*

Register Today!



PASenatorComitta.com

@SenatorComitta

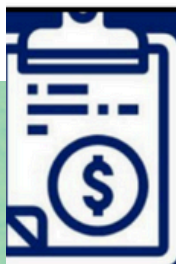
Transportation provided from Coatesville and Downingtown Campus

INFORMATION AND ASSISTANCE

What Can I&A Do For Me?

- Assist with PA Property Tax & Rent Rebates
- Enrollment in Senior Box Program
- Apply for Handicapped Parking Placard
- Apply for Discount Motor Vehicle Registration
- Apply for Farmer's Market Nutritional Program (June-Oct)
- Supplemental Nutrition Assistance Program (SNAP)
- Scheduling of PA MEDI (Medicare Counseling)
- Pet Food Pantry

**For An Appointment
Call 610-383-6900**



Medicare Open Enrollment

Review the coverage of your Medicare Advantage Plans or Medicare Prescription Drugs Plans



Each year insurance companies that provide Medicare Plans make changes to their benefits that can cost you more money



To make an appointment you can do the following:

- Call 610-383-6900 and ask to speak with Donna
- Call PA MEDI at 610-344- 5234 to make an appointment at any of the Chester County Libraries
- Call the PA MEDI help line at 610-344-5044, option 2 for a list of other sites providing Annual Open Enrollment Counseling



Open Enrollment Dates are From October 15, 2025 to December 7, 2025

Senator Comitta's Satellite Office at BVAA



Downingtown Campus

3rd Tuesday of the
Month
11:00am - 1:00pm

Coatesville Campus

2nd Tuesday of the
Month
10:00am - 12:00pm

How can the Satellite Office Assist You?

Enrollment in SEPTA Key Card

Questions or Assistance with PennDOT

Retrieving Birth/Death Certificates

Recovering Unclaimed Property

CALL 211

Housing Security

Call this number if
you are experiencing
homelessness

CALL 610-344-6350

To speak with the
Chester County
Department of Aging

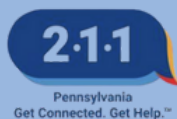
Call 1-800-490-8505

For the PA Dept. of
Aging's Confidential
Elder Abuse Hotline

#211 RESOURCE TABLE

THURSDAY OCT 23RD

**930AM-11AM COATESVILLE
12:30PM- 2PM DOWNINGTOWN**



Activities, Wellness, Games and

MONDAY

TUESDAY

WEDNESDAY

KEY Coatesville (C) Downingtown (D) *Registration Required		1 9AM Cardio/Strength (C) 10AM Chair Cardio & Fitness (C) 10AM Cardio/Strength (D) 10AM Poker/Chess (D) 1030 Spanish Class (C)* 11AM Pokeno (C) 11AM Cardio/Strength Chair (D) 1PM Bingo (D)
6 9AM Cardio/Strength (C) 10AM Chair Cardio&Strength (C) 10:30 Fine Art Class (D) * 10AM Tai CHI (D) 10AM Diamond Painting (D) 1PM Family Feud (C) 1:15 Yoga (D)*	7 10AM Crossword/Trivia (C) 10AM Cardio/Strength (D) 11AM Chair Cardio/Strength (D) 11AM Pokeno (C) 12:30 Canasta (D) 1PM Bingo (C) 1PM Wii Sports (C)	8 BIRTHDAY BASH 9AM Cardio/Strength (C) 10AM Chair Cardio & Fitness (C) 10AM Cardio/Strength (D) 10AM Poker/Chess (D) 1030 Spanish Class (C)* 11AM Pokeno (C) 11AM Cardio/Strength Chair (D) 1PM Bingo (D) 
13 9AM Cardio/Strength (C) 10AM Chair Cardio/Strength(C) 10:30 Fine Art Class (D)* 10AM Tai CHI (D) 10AM Diamond Painting (D) 1PM Cornhole (C)* 1:15 Yoga (D)*	14 10AM Crossword/Trivia (C) 10AM Cardio/Strength (D) 11AM Chair Cardio/Strength (D) 11AM Pokeno (C) 12:30 Canasta (D) 1PM Bingo (C) 1PM Wii Sports (C)	15 9AM Cardio/Strength (C) 10AM Chair Cardio & Fitness (C) 10AM Cardio/Strength (D) 10AM Poker/Chess (D) 11AM Cardio/Strength Chair (D) 1030 Spanish Class (C) * 11AM Pokeno (C) 12:30 PA HEALTH & Wellness (C) 12:30 BP SCREENINGS (C) 1PM Bingo (D)
20 9AM Cardio/Strength (C) 10A Chair Cardio&Strength (C) 10:30 Fine Art Class (D)* 10AM Tai CHI (D) 10AM Diamond Paining (D) 1PM Games (C) 1:15 Yoga (D)*	21 10AM Crossword/Trivia (C) 10AM Cardio/Strength (D) 11AM Chair Cardio/Strength (D) 11AM Pokeno (C) 12:30 Canasta (D) 1PM Bingo (C) 1PM Wii Sports (C)	22 9AM Cardio/Strength (C) 10AM Chair Cardio & Fitness (C) 10AM Cardio/Strength (D) 10AM Poker/Chess (D) 1030 Spanish Class (C)* 11AM Pokeno (C) 11AM Cardio/Strength Chair (D) 1PM Bingo (D)
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more... October 2025

THURSDAY

FRIDAY

2

9:15AM Beats with Sue (D)
10AM Cardio/Strength (D)
10AM Pinochle (C)
11AM Chair Cardio/Strength (D)
12:30PM Canasta (D)
1PM Bingo (C)

3

9AM Cardio/Strength (C)
10AM Cardio/Strength Chair (C)
10AM Feature Film (C)
10AM Poker (D)
11AM BingoCize (D)
1PM Pokeno (D)

9

9:15AM Beats with Sue (D)
10AM Cardio/Strength (D)
10AM Pinochle (C)
11AM Chair Cardio/Strength (D)
12:30 Canasta (D)
1PM Bingo (C)

10

9AM Cardio/Strength (C)
10AM Cardio/Strength Chair (C)
10AM Feature Film (C)
10AM Poker (D)
11AM BingoCize (D)
1PM Pokeno (D)

16

9:15AM Beats with Sue (D)
10AM Cardio/Strength (D)
10AM Pinochle (C)
11AM Chair Cardio/Strength (D)
12:30PM Canasta (D)
1PM Bingo (C)

17

9AM Cardio/Strength (C)
10AM Cardio/Strength Chair (C)
10AM Feature Film (C)
10AM Poker (D)
11AM BingoCize (D)
1PM Pokeno (D)

23

9:15AM Beats with Sue (D)
10AM Cardio/Strength (D)
10AM Pinochle (C)
11AM Chair Cardio/Strength (D)
12:30PM Canasta (D)
1PM Bingo (C)

24

9AM Cardio/Strength (C)
10AM Cardio/Strength Chair (C)
10AM Feature Film (C)
10AM Poker (D)
11AM BingoCize (D)
1PM Pokeno (D)

30

9:15AM Beats with Sue (D)
10AM Cardio/Strength (D)
10AM Pinochle (C)
11AM Chair Cardio/Strength (D)
12:30PM Canasta (D)
1PM Bingo (C)

31

9AM Cardio/Strength (C)
10AM Cardio/Strength Chair (C)
10AM Feature Film (C)
10AM Poker (D)
11AM BingoCize (D)
1PM Pokeno (D)



PROFESSIONAL STAFF

BILL PIERCE

Chief Executive Officer

NICK POPOV

Chief Operating Officer

DANIA LANGLEY

Chief Administrative Officer

PAM PRZYCHODZIEN

Executive Assistant

GINGER KATZENMOYER

Front Desk Specialist

ACTIVITIES & WELLNESS

AMY RODRIGUEZ MILLER

Director

LORI MARTINEZ

Activities Coordinator (C)

DONAVYN MCBALL

Activities Coordinator (D)

ALYSSA REID

Activities Assistant (C)

JEN KASITZ

Activities Assistant (D)

INFORMATION &

ASSISTANCE

JEN MANTHEY

Director

SEAN DONOGHUE-NEIDER

Case Manager

DEREK SEAGREAVES

Case Manager

DONNA PLUCK

Resource Navigator

FOOD SECURITY

JAMOCA HARKINS

DIRECTOR

DINING SERVICES

MISS BEE MEDLEY

Chef

NARRINA MALDONADO

PREP COOK

PURNELL SCARVERS

Prep Cook

NICK KOZACHESON

Transportation&Maintenance

AARP OLDER

WORKER'S TRAINING

PROGRAM

RENEE & LOUISA

Activities Assistant

GARY

Custodial & Maintenance

DREW & JULIUS

Kitchen Utility

COATESVILLE CAMPUS

**Alyssa's Adventures:
Joshua Tree National Park**



October 1st @12:30pm

Thread Club- Coatesville

Bring your Crochet, Knitting,
Cross Stitch or whatever you like!

Thursdays, 9:00AM - 12:00PM

**Crossword/Trivia
is NOW
Tuesdays
at
10AM**

**PLUMPTON PARK
ZOO TRIP**

**MONDAY, OCTOBER
27TH**

0970032344



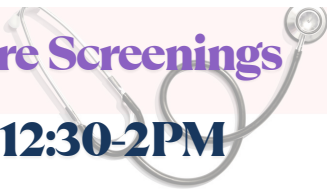
Birthday Bash
Wednesday, October 8th
Entertainment By:
Nick Viscuso

**HALLOWEEN
COSTUME CONTEST**



FRIDAY, OCTOBER 31ST

Blood Pressure Screenings
Wednesday,
October 15th 12:30-2PM



**Boscov's
shopping Trip**



Wednesday, October 22nd

Feature Film Friday @10AM

10/3-Patch Adams

10/10-Coming to America

10/17-Hocus Pocus

10/24-E.T.

10/31-Practical Magic

250 MARTIN LUTHER KING JR. BLVD, COATESVILLE, PA 19320

DOWNINGTOWN CAMPUS

Pomodoro 
Lunch Trip
 *October 2nd 11am*

Movie Monday @10AM
10/6-The Birds
10/13-Ghostbusters

 **HAVE A BLAST
IN GARDENING CLASS
WITH JEN**
GARDENING WORKSHOP-10/13
FLOWER ARRANGING ACTIVITY-10/27
Mondays Starting Oct. 20th 1pm

**Alyssa's Adventures:
Joshua Tree National Park**
 **Monday, October 20th
@12:30 Downingtown**

LEARN TO LINE DANCE
MONDAYS
 **STARTING OCT 20TH AT 1PM**

**Tuesday, October 14th
12:30-2PM
Blood Pressure
Screenings**



**Pumpkin Decorating
Activity**
 **Tuesday,
October 14th**

 **Birthday Bash**
Wednesday, October 8th
Entertainment By:
Michael Kropp

**HALLOWEEN
COSTUME CONTEST**

FRIDAY, OCTOBER 31ST

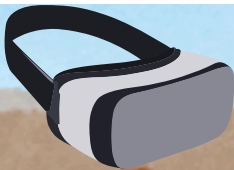

Everybody is a winner! Play your favorite
game and get a super fun workout in as well
Fridays 11AM

40 WEST PENNSYLVANIA AVE. DOWNINGTOWN, PA 19335

CAMPUS ANNOUNCEMENTS



Reservations and Payment are required in advance to secure your spot on the day of events and trips. Without both, we cannot guarantee participation. Please see the front desk or call 610-383-6900 with your questions & reservations.



A DAY IN WAYNE

TAKE A TRIP TO WAYNE SENIOR CENTER
AND EXPERIENCE VIRTUAL REALITY

WEDNESDAY, OCTOBER 29TH 930AM
COATESVILLE CAMPUS

THURSSDAY OCTOBER 30TH 930AM
DOWNTOWN CAMPUS



Are you an older adult looking for a job?

Do you need help getting started
with an online job search?

Call Amy
484-790-6479
for details

Click with Confidence is a program for you to build
skills in interviewing and job seeking.

Topics include:

Basic computer skills, navigation of online job search
and virtual communications.

***No laptop, no problem. BVAA has laptops for usage.**



CAMPUS NUMBER 610-383-6900 INFO@BVACTIVEAGING.ORG