

Privacy Policy for BENZOSURVIVORS.com

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Effective Date: June 11, 2025

Welcome to BENZOSURVIVORS.com ("we," "us," or "our"). Your privacy matters to us. This Privacy Policy explains how we collect, use, and protect your information when you visit our website, share your story, or access the resources we offer related to benzodiazepine withdrawal.

1. What Information We Collect

We only collect minimal personal information, and only when you voluntarily provide it.

- Personal Information You Provide:

- When contacting us via forms or email, you may provide your name, email address, or other personal details.
- If you choose to share your own withdrawal story, you may submit sensitive health-related content. This is entirely voluntary and at your discretion.

- Automatically Collected Data:

- We may collect basic technical data (e.g., browser type, pages visited, referring site, time of visit) through cookies or analytics tools.

2. How We Use Your Information

We use the information we collect to:

- Respond to inquiries or submissions.
- Improve website content and navigation.

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- Help users connect with support resources.

We do not sell, rent, or share your personal information with third parties for marketing.

3. Cookies and Analytics

We may use cookies or third-party tools like Google Analytics to understand site usage. You can disable cookies in your browser settings.

4. Sharing of Information

We may disclose information if:

- Required by law or legal process.
- Necessary to protect rights or safety.
- You have given consent (e.g., sharing your story).

5. Security

We implement reasonable security measures. However, no method is 100% secure.

6. Third-Party Links

We are not responsible for the privacy practices of external sites linked from our website.

7. Children's Privacy

This site is intended for users 18+. We do not knowingly collect data from children under 13.

8. Your Rights

You may:

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- Request access to or deletion of your personal data.
- Withdraw consent.
- Opt out of cookies.

Contact: benzosurvivors@gmail.com

9. Updates

We may update this policy. Changes will be posted here with the effective date.

10. Contact Us

Email: benzosurvivors@gmail.com

Website: www.benzosurvivors.com