

# Possibilities Planner & Playbook

**Tools to Use to**

**Unleash Your Creativity**

**Invoke Your Magic**

**Generate More Joy**



Created by Penny Plautz  
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# How To Use The *Possibilities Planner & Playbook*

Being the creative genius you are, you wake up with more ideas and possibilities than you can actualize in a year, let alone a day. You forget more ideas by the time you get out of bed than most people have all day!

With that in mind, I thought it'd be helpful to have a way to capture, organize, plan, and play with all the possibilities available to you.

Up until now, the backs of napkins, envelopes, or old receipts may have sufficed to get your ideas down on paper, but then there's that pesky problem of finding those pieces of paper when you need them.

For me, planners and playsheets are fun ways to organize ideas and process whatever creative project I'm working on. Since your mind might not respond to forms and schedules in a linear fashion, I thought you might appreciate these playsheets as much as I do.

Not only can they help you plan and recap your day, week, or month, they can also help you tap into your creativity and ask the questions that are the key to any conundrum you might encounter.

Here are the types of designs you'll find inside the **Possibilities Planner & Playbook** along with suggested ways to use them:

- **The Daily Planner** is designed to be used at the beginning of a new day to help organize your thoughts, prioritize your projects, and spark possibilities. If doing this daily is too much, try weekly. The **Weekly Planner** is designed to be used at the beginning of a new week. If weekly is still too often, try the **Monthly Planner**. You can use the same tools once a month at the beginning of each new month.
- **The Daily Recap** is designed to be used at the end of the day to review your choices and actions, celebrate your small steps, and prep you for the following day. If you prefer to use this weekly rather than daily, use the **Weekly Recap** at the end of the week to review your week. If you prefer to use this once a month, use the **Monthly Recap** to look back on the month.
- **The Deep Dives** go beneath the surface to explore additional questions and facilitate areas that tend to stick us or are harder to move beyond on our own.

**Download the Possibilities Planner & Playbook and print out all the sheets or just your favorite ones.** You may want to print out all the sheets you need for the week or the month at one time so you have easy access to them.

Many of the questions and concepts included here use the tools of Access Consciousness®.

To learn more about Access Consciousness go to [www.accessconsciousness.com](http://www.accessconsciousness.com).  
Discover the meaning and the magic of the clearing statement at [www.theclearingstatement.com](http://www.theclearingstatement.com).

If you have any questions or suggestions to include in future editions please email me at [pennyewellpower.com](mailto:pennyewellpower.com) or visit my website at [www.comingcleancoaching.com](http://www.comingcleancoaching.com).



## What's In Here?

### Planners

#### How to Use the Possibilites Planner & Playbook

- 
-  **DailyPlanner** - What Magical Adventures Await Today?  
**Daily Recap** - What Was I Aware Of Today?
  -  **Daily Planner** - What A Day Ahead!  
**Daily Recap** - What A Day I Had!
  -  **Daily Planner** - Breakthroughs, Blocks, & Beginnings  
**Daily Recap** - Breakthroughs, Blocks, & Beginnings
  -  **Weekly Planner** - What Magical Adventures Await This Week?  
**Weekly Recap** - What Was I Aware Of This Week?
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**Weekly Recap** - Breakthroughs, Blocks, & Beginnings
  -  **Monthly Planner** - What Magical Adventures Await This Month?  
**Monthly Recap** - What Was I Aware Of This Month?
  -  **Monthly Planner** - What A Month Ahead!  
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  -  **Monthly Planner** - Breakthroughs, Blocks, & Beginnings  
**Monthly Recap** - Breakthroughs, Blocks, & Beginnings
- 



## What's In Here?

### Playsheets

**Deep Dive** - The Big Picture

**Deep Dive** - Class Notes

**Deep Dive** - Use The Tools To Facilitate Myself

**Deep Dive** - Choices, Choices

**Deep Dive** - What Did My Choice Create?

**Deep Dive** - What Am I Avoiding & Defending?

**Deep Dive** - Drawings, Doodles, & Daydreams

**Deep Dive** - Note to Self

*Playsheets are printed twice so when you download them you can easily print on front and back if your printer has the duplex option.*

### Clearings

**Deep Dive** - Basic Questions & Clearings

**Deep Dive** - Create My Own

# Daily Planner

## What Magical Adventures Await Today?

Date: \_\_\_\_\_

### Possibilities

What could I create or consider today?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

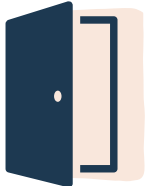
### Priorities

What are my top priorities today?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Waking Awareness

What dream themes carry over into waking life?



### Calls & Appointments

What's happening when?

- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_

### Connections

Who might my co-conspirators, co-creators, collaborators be?



- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Choices

What options do I have today?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



Universe, Show Me the ...



### Funny

Humor me!

### Money

How can I be more open to receiving?



### Magic

Where is magic hiding in plain sight?

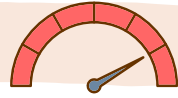


# Daily Recap

## What Was I Aware Of Today?

Date: \_\_\_\_\_

### Rate My Day



Fun/Laughter/Pleasure	1	2	3	4	5
Creativity	1	2	3	4	5
Food/Nourishment	1	2	3	4	5
Energy/Attitude	1	2	3	4	5
Environment/Space	1	2	3	4	5
Awareness	1	2	3	4	5
Connection/Community	1	2	3	4	5
Health	1	2	3	4	5
Manage Stress	1	2	3	4	5
Finances/Money	1	2	3	4	5

### Sleep on It

What questions can I ask before going to sleep that might bring me more clarity tomorrow?

### Influences

What movies, music, books, conversations, classes, people, places, experiences or images moved me?

### Note to Self

What would I like to remember?

Lost



Found

### Gratitude



Yes! Thank You!  
More, please!

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

# Weekly Planner

## What Magical Adventures Await This Week?

Week of: \_\_\_\_\_

### Possibilities

What could I create or consider this week?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

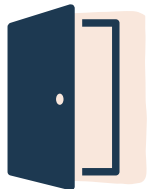
### Priorities

What are my top priorities this week?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Waking Awareness

What dream themes carry over into waking life?



### Calls & Appointments

What's happening when?

- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_

### Connections

Who might my co-conspirators, co-creators, collaborators be?



- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Choices

What options do I have this week?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



Universe, Show Me the ...



### Funny



Humor me!



### Money



How can I be more open to receiving?

### Magic



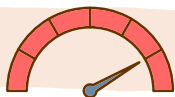
Where is magic hiding in plain sight?

# Weekly Recap

## What Was I Aware Of This Week?

Week of: \_\_\_\_\_

### Rate My Week



Fun/Laughter/Pleasure 1 2 3 4 5

Creativity 1 2 3 4 5

Food/Nourishment 1 2 3 4 5

Energy/Attitude 1 2 3 4 5

Environment/Space 1 2 3 4 5

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Connection/Community 1 2 3 4 5

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Manage Stress 1 2 3 4 5

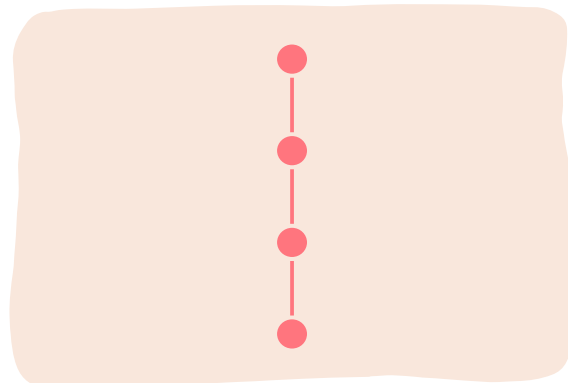
Finances/Money 1 2 3 4 5

### Note to Self

What would I like to remember?

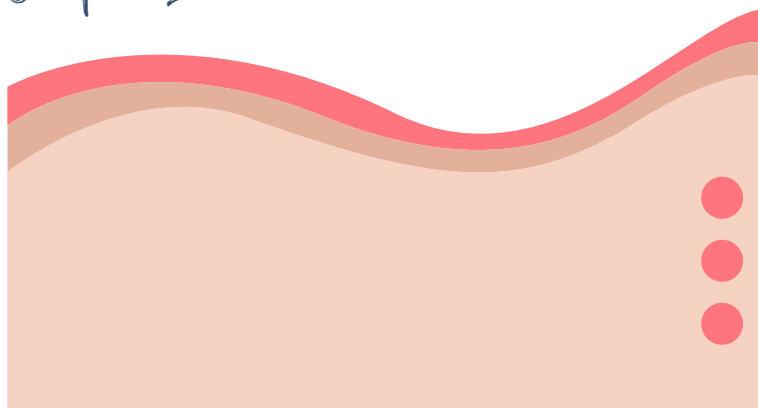


Lost  Found







### Sleep on It

What questions can I ask before going to sleep that might bring me more clarity this week?



### Influences

What movies, music, books, conversations, classes, people, places, experiences or images moved me?

-  \_\_\_\_\_
-  \_\_\_\_\_
-  \_\_\_\_\_
-  \_\_\_\_\_

### Gratitude



Yes! Thank You!  
More, please!

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.



# Monthly Planner

## What Magical Adventures Await This Month?

Month of: \_\_\_\_\_

### Possibilities

What could I create or consider this month?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Priorities

What are my top priorities this month?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Waking Awareness

What dream themes carry over into waking life?



### Calls & Appointments

What's happening when?

- ★ \_\_\_\_\_
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### Connections

Who might my co-conspirators, co-creators, collaborators be?



- \_\_\_\_\_
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### Choices

What options do I have this month?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



Universe, Show Me the ...



### Funny



Humor me!



### Money



How can I be more open to receiving?

### Magic



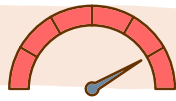
Where is magic hiding in plain sight?

# Monthly Recap

## What Was I Aware Of This Month?

Month of: \_\_\_\_\_

### Rate My Month



Fun/Laughter/Pleasure 1 2 3 4 5

Creativity 1 2 3 4 5

Food/Nourishment 1 2 3 4 5

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Health 1 2 3 4 5


Manage Stress 1 2 3 4 5

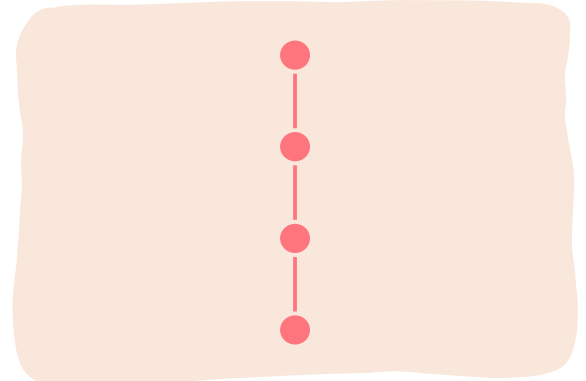
Finances/Money 1 2 3 4 5

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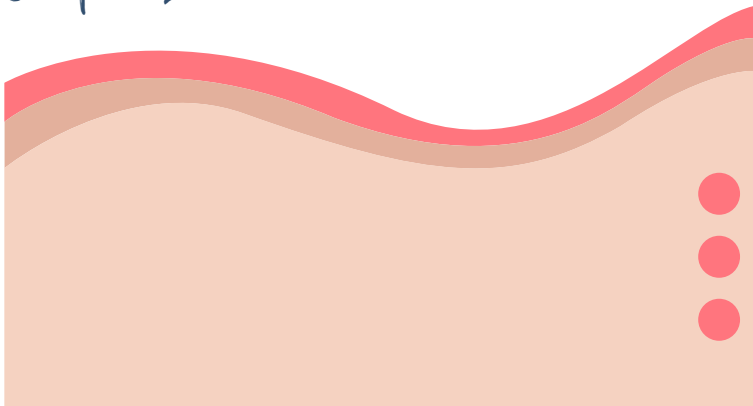


Lost  Found







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What movies, music, books, conversations, classes, people, places, experiences or images moved me?

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-  \_\_\_\_\_
-  \_\_\_\_\_
-  \_\_\_\_\_

### Gratitude



Yes! Thank You!  
More, please!

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- 2.
- 3.
- 4.
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- 6.
- 7.
- 8.
- 9.
- 10.

# Daily Planner

## What A Day Ahead!

Date \_\_\_\_\_



Cheer

What can I celebrate today?



Choices

What choices do I have?




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Hear

What's whispering to me? What's shouting at me?



Clear

What can I clear that's limiting me?

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Ask

What can I request?

Uplevel

Where can I expand?

OutCreate

What can I create?

Energy Shopping List

I'll have that!



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Ease

Evidence of ease

Discomfort

Where can I grow?



# Daily Recap

## What A Day I Had!

Date \_\_\_\_\_



Cheer

What did I celebrate today?



Choices

What choices did I make today?



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Hear

What was whispering to me?  
What was shouting at me?



Clear

What did I clear that was limiting me?

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Ask

What did I request?

Uplevel

Where did I expand?

OutCreate

What did I create?

Energy Shopping List

I experienced that!



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Ease

Evidence  
of ease

Discomfort

Where did I grow?



# Weekly Planner

## What A Week Ahead!

Week of: \_\_\_\_\_



Cheer

What can I celebrate this week?



Choices

What choices do I have?



Hear

What's whispering to me? What's shouting at me?



Clear

What can I clear that's limiting me?

Ask

What can I request?

Uplevel

Where can I expand?

OutCreate

What can I create?

Energy Shopping List

I'll have that!



Ease

Evidence of ease

Discomfort

Where can I grow?



# Weekly Recap

## What A Week I Had!

Week of: \_\_\_\_\_



### Cheer

What did I celebrate this week?



### Choices

What choices did I make this week?



### Hear

What was whispering to me?  
What was shouting at me?



### Clear

What did I clear that was limiting me?

### Ask

What did I request?

### Uplevel

Where did I expand?

### OutCreate

What did I create?

### Energy Shopping List

I had that!



### Ease

Evidence  
of ease

### Discomfort

Where did I grow?



# Monthly Planner

## What A Month Ahead!

Month of: \_\_\_\_\_



Cheer

What can I celebrate this month?



Choices

What choices do I have?




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Hear

What's whispering to me? What's shouting at me?



Clear

What can I clear that's limiting me?

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Ask

What can I request?

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Where can I expand?

OutCreate

What can I create?

Energy Shopping List

I'll have that!



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Ease

Evidence of ease

Discomfort

Where can I grow?



# Monthly Recap

## What A Month I Had!

Month of: \_\_\_\_\_



Cheer

What did I celebrate this month?



Choices

What choices did I make?




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Hear

What was whispering to me this month?  
What was shouting at me this month?



Clear

What did clear that was limiting me?

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What did I request?

Uplevel

Where did I expand?

OutCreate

What did I create?

Energy Shopping List

I'll had that!



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Ease

Evidence of ease

Discomfort

Where did I grow?





# Daily Planner

## Breakthroughs, Blocks, & Beginnings

Date \_\_\_\_\_



### Business

What does my business desire?

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### Body

What would my body like me to know?



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### Space/Home

What can I do to create more space and ease?

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### Money

Where might money show up today?



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### Relationships/Family

Who requires attention or acknowledgement today?

### Energy

What am I aware of?  
What is required?



### What's Next?

What actions can I take to create the future I desire?



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### Focus Points

Where can I focus the magic available to me?



# Daily Recap

## Breakthroughs, Blocks, & Beginnings

Date \_\_\_\_\_



### Business

What did my business desire today?

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### Body

What would my body like me to know?



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### Space/Home

What did I do to create more space and ease today?

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### Money

Where did money show up today?



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### Relationships/Family

Who required attention or acknowledgement today?

### Energy

What was I aware of?  
What was required?



### What's Next?

What steps did I take to create the future I desire?



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### Six Word Summary

What words sum up the day?

# Weekly Planner

## Breakthroughs, Blocks, & Beginnings

Week of: \_\_\_\_\_



### Business

What does my business desire?

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### Body

What would my body like me to know?




---

---

---

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### Space/Home

What can I do to create more space and ease?

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### Money

Where might money show up this week?




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### Relationships/Family

Who requires attention or acknowledgement this week?

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What am I aware of?  
What is required?



### What's Next?

What actions can I take to create the future I desire?



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### Focus Points

Where can I focus the magic available to me this week?



# Weekly Recap

## Breakthroughs, Blocks, & Beginnings

Week of: \_\_\_\_\_



### Business

What did my business desire this week?

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### Body

What did my body want me to know?



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### Space/Home

What did I do to create more space and ease?

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### Money

Where did the money show up this week?



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### Relationships/Family

Who required attention or acknowledgement this week?

### Energy

What was I aware of?  
What was required?



### What's Next?

What steps did I take to create the future I desire?



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### Six Word Summary

What words sum up my week?

# Monthly Planner

## Breakthroughs, Blocks, & Beginnings

Month of: \_\_\_\_\_



Business

What does my business desire?

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Body

What would my body like me to know?




---

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---

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Space/Home

What can I do to create more space and ease?

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Money

Where might money show up this month?




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Relationships/Family

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What's Next?

What actions can I take to create the future I desire?



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Focus Points

Where can I focus the magic available to me this month?



# Monthly Recap

## Breakthroughs, Blocks, & Beginnings

Month of: \_\_\_\_\_



### Business

What did my business desire this month?

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### Body

What did my body want me to know?



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### Space/Home

What did I do to create more space and ease?

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What steps did I take to create the future I desire?



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### Six Word Summary

What words sum up the month?

# Deep Dive

## The Big Picture

Date: \_\_\_\_\_



### High Five

What small actions did I take towards the big picture?



### Nudges & Knowings

Where did I trust myself awareness?

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### Connect the Dots

What connections can I make that no one else can?



### Follow My Fascination

Where is the energy asking me to go?.



I, \_\_\_\_\_,  
make this demand of myself  
and ask the Universe to show me  
how to be the greatest version of  
me possible. Whatever it takes,  
I am willing to be  
greater than I was yesterday.

### Make a Demand of Myself

Whatever it takes....

### Ask the Universe to Contribute

Universe, show me how...

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<div><div></div><hr/></div>	<div><div></div><hr/></div>
<div><div></div><hr/></div>	<div><div></div><hr/></div>
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# Deep Dive

## The Big Picture

Date: \_\_\_\_\_



### High Five

What small actions did I take towards the big picture?



### Nudges & Knowings

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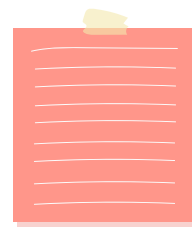


# Deep Dive

## Class Notes

Name of Class: \_\_\_\_\_ Date: \_\_\_\_\_

Facilitator: \_\_\_\_\_



### Questions

What questions did this class spark?



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### Actions

What can I implement immediately?







### Top Take-Aways

What gems did I glean from this class?



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### Clearings


What new clearings can I run based on this topic?




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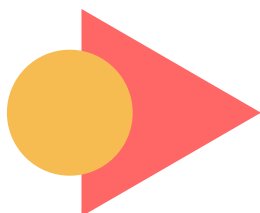
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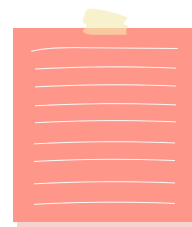


# Deep Dive

## Class Notes

Name of Class: \_\_\_\_\_ Date: \_\_\_\_\_

Facilitator: \_\_\_\_\_



### Questions

What questions did this class spark?



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What can I implement immediately?







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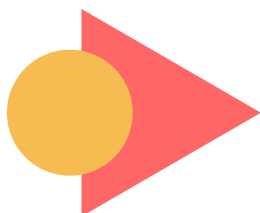
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## Use The Tools to Facilitate Myself

Date: \_\_\_\_\_



### Questions

What questions can I ask myself to get more clarity on this?



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### Actions

What actions can I take to create more space around this?



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### Clearings

What clearing can I run to get free of this?



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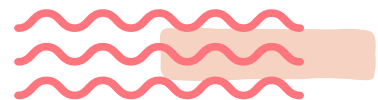
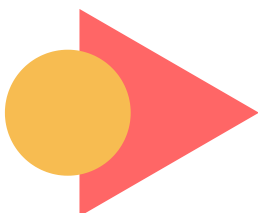
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## Use The Tools to Facilitate Myself

Date: \_\_\_\_\_



### Questions

What questions can I ask myself to get more clarity on this?



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### Actions

What actions can I take to create more space around this?



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### Clearings

What clearing can I run to get free of this?



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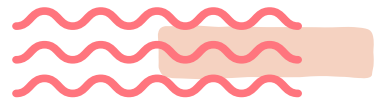
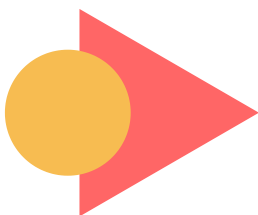
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# The Deep Dive

## Choices, Choices

Date: \_\_\_\_\_

The choice:

Real reasons I may  
refuse to choose:

- ☐ Do I not really want to choose this right now? \_\_\_\_\_
- ☐ Who/what have I decided I will lose if I choose this? \_\_\_\_\_
- ☐ Am I ready for this level of change? \_\_\_\_\_
- ☐ Am I willing to be something different? \_\_\_\_\_
- ☐ Is there a change here I'm refusing? \_\_\_\_\_
- ☐ Am I willing to give up this limitation? \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

Yes! I'd love to ....

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

AM I TRULY COMMITTED TO THIS  
CHANGE? AM I ALL IN?

But.....

- ☐ I don't have the money. \_\_\_\_\_
- ☐ I don't have the time. \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

DO I ACTUALLY DESIRE  
THIS CHANGE?

BE HONEST WITH YOURSELF.  
NO JUDGMENTS REQUIRED.

If I choose this, then:

1. I choose it. I commit to being all in.
2. Demand of myself... I will create this, whatever it takes. And then act on it. Request of the Universe... "I will create this, please support and contribute to me. Universe, rearrange whatever is necessary."
3. Be honest with myself about why I really am or am not choosing this. No need to judge.
4. Use money or whatever shows up for the thing I committed to - not something else.
5. Include my body in the choice and allow it to help create money, clients, and other possibilities for me.

Excerpted from Amy Shine's "5 Magic Tricks  
to Create Money for Classes" free telecall -  
Download the magic on her website at  
[www.amyshine.net](http://www.amyshine.net)

# The Deep Dive Choices, Choices

Date: \_\_\_\_\_

The choice:

Yes! I'd love to ....

AM I TRULY COMMITTED TO THIS  
CHANGE? AM I ALL IN?

But.....

DO I ACTUALLY DESIRE  
THIS CHANGE?

Real reasons I may  
refuse to choose:

- Do I not really want to choose this right now?
- Who/what have i decided I will lose if I choose this?
- Am I ready for this level of change?
- Am I willing to be something different?
- Is there a change here I'm refusing?
- Am I willing to give up this limitation?
- 
- 

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# Deep Dive

## What Did My Choice Create?

Date: \_\_\_\_\_

What I chose:

Who did I become as a result of this choice?

What is possible now because of this choice?

What did this choice open up for me?

What or how might I choose differently next time?

What did I set in motion by choosing this?

What changed because of this choice?

Top 3 takeaways from choosing this:

1.

2.

3.

# Deep Dive

## What Did My Choice Create?

Date: \_\_\_\_\_

What I chose:

Who did I become as a result of this choice?

What is possible now because of this choice?

What did this choice open up for me?

What or how might I choose differently next time?

What did I set in motion by choosing this?

What changed because of this choice?

Top 3 takeaways from choosing this:

1.

2.

3.

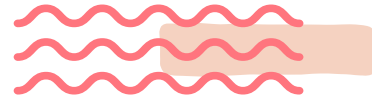


# Deep Dive

## What Am I Avoiding & Defending

Date: \_\_\_\_\_

The current challenge I'm facing is:



What am I Avoiding?

What do I not want to deal with or look at?



What am I Defending?

Is it even mine?



What am I Avoiding & Defending Simultaneously?

What else is possible?



Aligning & Agreeing

Who or what am I aligning and agreeing with?

Resisting and Reacting

Who or what am I resisting and reacting to?

Will I revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate everything I aligned and agreed with and resisted and reacted to that allows this to exist, all the emotional and literal POVADS, and everything I'm avoiding and defending, times a godzillion? Right and wrong, good and bad, POD and POC, all 9, shorts, boys, POVADS, and beyonds.

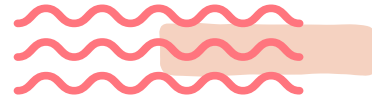


# Deep Dive

## What Am I Avoiding & Defending

Date: \_\_\_\_\_

The current challenge I'm facing is:



What am I Avoiding?

What do I not want to deal with or look at?



What am I Defending?

Is it even mine?



What am I Avoiding & Defending Simultaneously?

What else is possible?



Aligning & Agreeing

Who or what am I aligning and agreeing with?

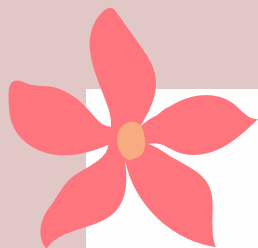
Resisting and Reacting

Who or what am I resisting and reacting to?

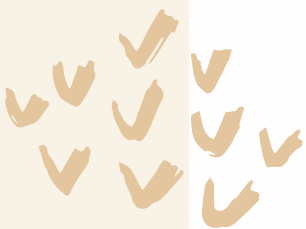
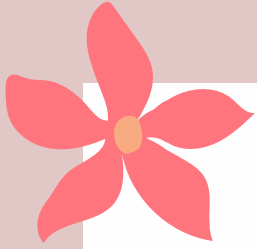
Will I revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate everything I aligned and agreed with and resisted and reacted to that allows this to exist, all the emotional and literal POVADS, and everything I'm avoiding and defending, times a godzillion? Right and wrong, good and bad, POD and POC, all 9, shorts, boys, POVADS, and beyonds.



*Deep Dive*  
Drawings, Doodles, & Daydreams



*Deep Dive*  
Drawings, Doodles, & Daydreams



This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. On the left side, there is a vertical margin line. At the bottom left corner, there is a small, stylized logo or mark. The overall appearance is that of a clean, unused piece of stationery.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the left side, suggesting it's part of a bound notebook or folder. The top edge of the paper is slightly irregular, and there's a small piece of yellowish tape or binding material visible at the very top center.

# Basic Questions & Clearings

## Using the Tools of Access Consciousness®

My point of view  
creates my reality.  
My reality doesn't  
create my point  
of view.

Who does this  
belong to?

What else is  
possible?

Is this light  
or heavy?

THAT!

Everything is the  
opposite of what it appears  
to be. Nothing is  
the opposite of what it  
appears to be.

What do  
I know?

Is that a  
question or a  
conclusion?

If I were truly being me,  
what would I choose?

If I choose this, what will it  
create in 5 years?

What am I  
aware of?

Now is the  
S-P-A-C-E

What other  
questions  
can I ask?

What if the  
"wrongness" of me  
is the  
strongness of me?

Right and wrong,  
good and bad,  
POD and POC, all 9,  
shorts, boys, POVADs,  
and beyonds

What is  
right about  
this or me that  
I'm not getting?

Is this a  
problem  
or a  
possibility?

- What is this?
- What do I do with it?
- Can I change it?
- If so, how do I change it?

Interesting  
point of view  
I have this  
point of view.

- Is this mine?
- It is someone else's?
- Is it something else's?

How does it  
get any better  
than this?

Be

Know

Perceive

Receive

All of life  
comes to me  
with ease, joy,  
and glory.

If money were  
not the issue,  
what would  
I choose?

# Conscious Questioning

What Questions Can I Ask to Get More Clarity?

Design my own questions...







## Thank You for Choosing *Possibilities Planner & Playbook*

I hope you enjoy using this  
*Possibilities Planner & Playbook*.

I had so much fun creating it!  
The whimsical designs and creative prompts  
are meant to playfully coax new possibilities  
out of hiding using curiosity  
instead of judgment.

- I'd also be interested in knowing  
your preferred way are using this.
- Do you prefer to use it **daily, weekly, monthly**, or all of the above?
  - Do you prefer to use it more **to plan** or **to recap** your day, week, or month?

Since you are one of the first  
people to use this, I'd appreciate  
your feedback along with any  
suggestions as to what to include  
or exclude for future editions. For  
example:

- What delights you about this?
- What isn't relevant to you?
- What would you like more of?
- What would you like less of?
- Do you like the colors or do you prefer black and white for ease of printing?
- Any corrections or typos?

In the meantime,  
have fun playing with the possibilities  
these pages present  
to you!

Email me at **pennyewellpower.com**  
and let me know how this is working for you.  
I value your experience and expertise!

To get notified of Deep Dive updates for the  
*Possibilities Planner & Playbook*  
focused on Body, Business, Money,  
Relationships, and more, visit  
**www.comingcleancoaching.com**



With love,  
Penny  
5.16.22



*Possibilities Planner & Playbook*  
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