

HARDIN COUNTY GENERAL HOSPITAL & CLINIC IMPLEMENTATION STRATEGY FOR OUR COMMUNITY 2020

Definition: A community health needs assessment (CHNA) is a systematic process involving the community to identify and analyze community health needs as well as community assets and resources in order to plan and act upon priority health needs. Community input is analyzed through the current health care delivery system in the provision of needed health care to anyone requesting services regardless of their financial status, whether it is inpatient, outpatient, or emergency services.

Hardin County General Hospital and Clinic Procedure for Implementation of Community Needs Assessment:

Implementation of a Community Needs Assessment was initiated with the contracting of the Southeastern Illinois Regional Planning Commission, located in Harrisburg, Illinois in April of 2019. The consultant collected data from community surveys, focus group interviews and committee meetings . The results of the surveys were compiled and presented at the Management Team level on February 24, 2020 and to the Board of Directors on July 30, 2020.

The Community Health Needs Assessment survey resulted in identification of health care needs within the area we serve. The management team has identified the top four (4) priorities and developed a strategy for implementing ways to meet these health care needs.

1. HEALTH NEED: IMPROVE MENTAL HEALTH AND BEHAVIORAL HEALTH SERVICES STRATEGY:

- a. Continue to promote and expand the Geriatric Behavioral Health Program.**
- b. Work in conjunction with outside agencies such as Family Counseling Center and Southern Seven Health department to expand mental health services.**
- c. Hire a licensed clinical social worker to identify and assist individual mental health needs in the rural health clinic.**

2. HEALTH NEED: SUBSTANCE ABUSE PREVENTION/EDUCATION AND TREATMENT STRATEGY:

- a. Continue collaborative work as an active consortium member since 2018 of RCORP (Rural Communities Opioid Response Program) to address substance abuse in hospital service area.**
- b. Continue ECHO training by medical staff and support employees provided by SIU Medical School addressing various aspects of Substance Abuse since February 2019.**

- c. **Expand telehealth services within Emergency Room setting to provide immediate evaluation of substance abuse and other mental health situations.**

3. HEALTH NEED: ADDRESSING CHRONIC HEALTH CONDITIONS STRATEGY:

- a. **Reviving the HCGH employee Wellness program addressing all aspects of health which encompasses other community members as well.**
- b. **Sponsoring a Rosiclare location for AA services.**
- c. **Explore community outreach classes such as tobacco cessation, diabetes management and high blood pressure control.**

4. HEALTH NEED: FOCUSING ON LIFESTYLE/DIETARY EDUCATION SERVICES:

- a. **Continue sponsoring the 5K walk/run twice a year in conjunction with National Hospital Week and National Rural Health Week.**
- b. **Conduct a Health Fair**
- c. **Use social media and marketing ads to promote and educate positive health lifestyle and increase public awareness of hospital services available to the community.**
- d. **Conduct outreach programs promoting good health through nutrition and outreach exercise programs.**