



KB & CO. Update

October 2022

It Finally Feels Like FALL!



Fall is my favorite season. The weather finally starts to cool off, I love the colors of the pumpkins and flowers, wearing sweatshirts and college football (Gig 'Em Aggies!) It doesn't get any better to me...

Let's Talk About Contracts

Most of my manufacturing partners have at least one contract to help make buying easier for your client. GSA, NCPA, VHA IDIQ, TIPS and more. I love to nerd-out having conversations about how we can leverage a small-business designation or another differentiator. Reach out and let's discuss!



Look at that Storage



Do you know Office Specialty? I am the local rep for them and very excited to share the possibilities with you. www.officespecialty.com

- Maximize your real estate with case heights and options that fit. We offer our cases in 1.5" height increments so you get the exact amount of storage you need without any wasted space.
 - All lateral interiors are modular and interchangeable so that cabinets can be retrofitted with new accessories and interiors as required, ensuring long-term value and return on investment.
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YUM! Pumpkin Pie Cupcakes

Ree Drummond, the Pioneer Woman, is one of my favorite cooks. She seems like a regular person, just making lunch for her cowboy husband, right? I am going to try to make these cupcakes soon, and thought I would share with you in case you are looking for a Fall dessert to take to an event. [See Recipe Here](#)



It is Show Time!



Via Seating will be at Healthcare Design show Oct 8-11. They will be showing new products as well as some outdoor pieces. Come by and see us at the Henry B Gonzalez Convention Center in San Antonio.

Sentinel table from Workrite

Sentinel sit stand tables are smart, durable, ergonomic, and flexible, but they're also designed to add style to any workspace.

If you need a stylish height adjustable table that is affordable and ships quick give me a call!



Book Study - Atomic Habits

1% BETTER EVERY DAY

1% worse every day for one year. $0.99^{365} = 0.03$
1% better every day for one year. $1.01^{365} = 37.78$

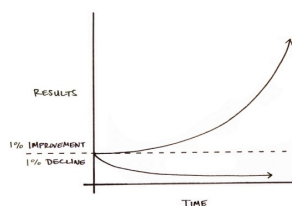


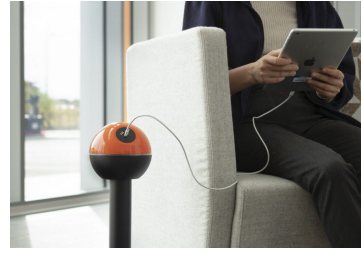
FIGURE 1: The effects of small habits compound over time. For example, if you can get just 1 percent better each day, you'll end up with results that are nearly 37 times better after one year.

I am honored to work with a group of high school Seniors each year. We are studying one of my favorite books, [Atomic Habits](#) by James Clear.

One of the concepts is 1% better each day. What can you do today to be 1% better?

Pelican from OE Power

Isn't it cute? The Pelican is a durable, efficient way to distribute power and it is future-proof. This means that you can change out the power ports as technology evolves. OE Electric's is new to this market, and I would love to show it to you! They offer the best quality in power solutions for on surface, in surface, or mobile power.



Do you need CEUs?

Several of my manufacturers have CEUs available. Here is information about two from Clarus. These can be done live on on Zoom.

Also, make sure you follow IIDA San Antonio City Center on social media. We offer a CEU each month, and lunch is provided. Join us soon!



Clarus® CEU Blitz Oct 3 – 28, 2022

Pick a day and time between Oct 3rd and Oct 28th and email awards@designclarus.com to schedule your session. Make sure you have a Zoom link. Look for a meeting invite to arrive with your team.

THE PSYCHOLOGY OF WRITING THINGS DOWN

Written language affects everything we do. From banking, to communications, business, marketing, and everyday interactions — writing is everywhere. Writing design down is an age-old concept that applies to every industry, especially interior design. The course analyzes written language and explores the psychological benefits of writing in the context of collaboration. The content explores writing in academic and professional environments and inspires designers to include writing surfaces in every design.

GENERATION Z: WHY DESIGN IS CHANGING...AGAIN

As the post-recessional Generation Z enters the workforce and the corporate world, it's imperative for institutions and organizations to not only grasp and understand not just the way Z's learn, retain and comprehend information, but the events that have shaped them and who they are. Our research covers the types of environments this generation thrives in while learning, and how colleges and companies can adapt and conform to meet the needs of Generation Z. How do future students and professionals are entering, are we designing with them in mind yet?

ACCREDITATION

Participants in the "The Psychology of Writing Things Down" course will receive 0.5 IDCEC Continuing Education Credits under the General Designation for IDCA, AIAA, and IIDA, as well as 0.5 AIAA LEED Participants in the "Generation Z: Why Design is Changing...Again" CEU will receive 0.5 IDCEC Continuing Education Credits under the RDP Designation for IDCA, AIAA, and IIDA, as well as 0.5 AIAA LEED.

clarus®



Let's Connect

Reach out and let's set up a time for coffee, lunch or a Lunch & Learn.

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