

REFLECTION

Past

WHAT?

What were some successes during the coaching cycle?

present

SO WHAT?

What contributes to these successes?

Future

NOW WHAT?

How will you continue to use these new strategies/tools?

WHAT?

What were some challenges during the coaching cycle?

SO WHAT?

Were you able to overcome these challenges?

NOW WHAT?

Are there challenges that you would like continued support in addressing?

Directions: *Replace the questions with answers!*