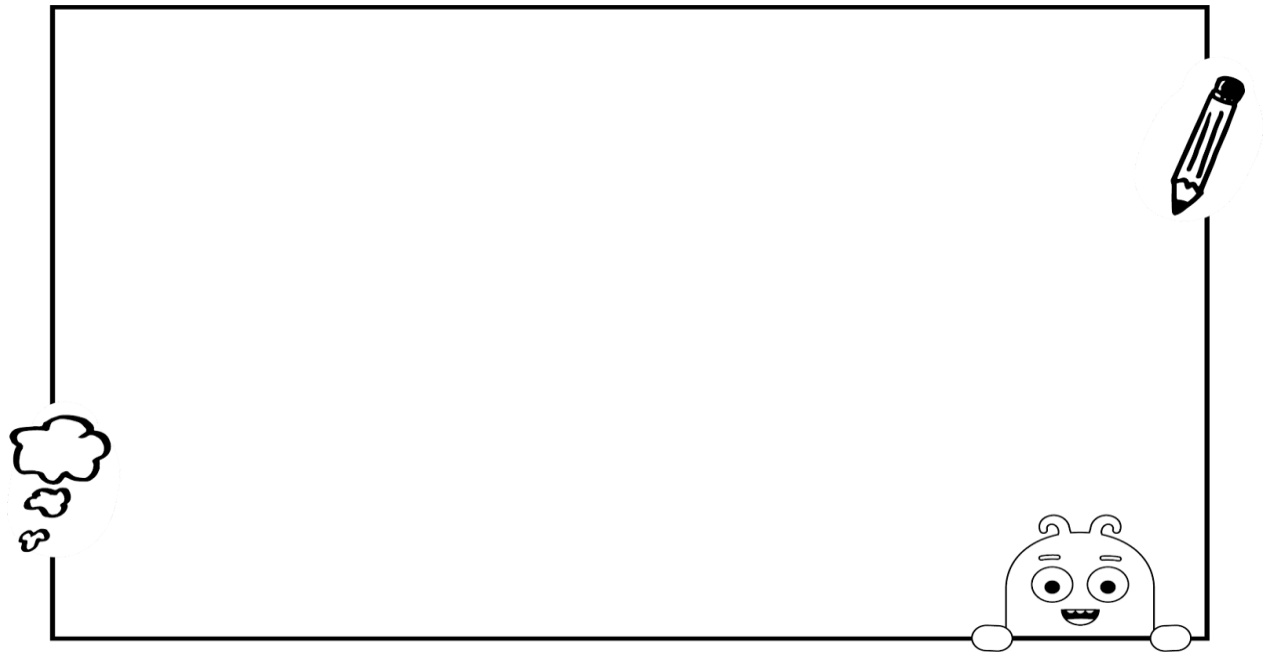


Draw yourself doing the Pause, Breathe, Finish Up routine!



Write a word or sentence to explain your picture.

Handwriting practice lines consisting of four sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line.