



Post-care is vital to the results of your PMU procedure.

It is very important to follow the instructions below to ensure that the appearance and longevity of your permanent makeup are the best they can possibly be.

WHAT TO EXPECT DURING HEALING

Day 1 - 5: Brows will appear darker in color. They appear darker because the scabs begin to form. It is important not to pick the scabs as this will result in lost pigment.

Day 5 - 9: As the scabs start falling off, brows may appear patchy, flaky, and feel itchy. *Do not pick the scabs! Doing so will remove pigment!*

Day 9 - 12: The brows may look light or milky. This is because a new layer of skin is growing over top to protect the area while it finishes healing. This is completely normal and the color will come back as this layer of skin settles and sheds.

Day 12 - 21: The pigment will reappear and the brows will darken. The final healed result will be seen around the 3 week mark.

- Any strokes or pigment that did not "re-appear" will be added back at the touch up appointment 6 weeks later.

- At the touch up appointment, we can make the brows darker, fill in any missing gaps, or go slightly thicker but an entirely new brow shape will be considered a full appointment.

- Flaking/Scabbing - as your brows heal, a light scab forms and flakes off. It is normal for some pigment to flake off with it. It will be touched up during your follow-up appointment so don't worry if they look a little patchy.

- Disappearing – (*for microblading mainly) it is normal for the pigment to look a little whitish, milky, or really light. Give it a few days and the strokes will pop through again.

- Excretion (of lymphatic fluid)– on day 1 and 2, it is expected and normal for the skin to expel small amounts of pigment and lymphatic fluid (clear fluid).

Healing Process



Day 1

I'm in love with my eyebrows!



Day 2-4

I don't like it, It's too dark.



Day 5-7

Oh no! My brows are vanishing.



Day 8-10

My brows are gone.



Day 14-28

Great! They are coming back.



Day 42

After the touch up:
They are perfect! I love them!

Beauty Angels Academy®

**Please do not judge your brows for the first 3 weeks as they are changing every day.

AFTER CARE INSTRUCTIONS

The purpose of this cleansing is to remove all the lymph / leftover pigment and prevent the formation of scabs. Apply enough pressure to make contact with the skin through the hair but do not stretch the skin or rub hard. Be gentle with 5-6 back and forth, passes over the eyebrows.

**2 weeks is ideal.*

Days 1-7:

- Wash your eyebrows twice a day with water and a mild soap such as Dial, Dove, or CeraVe. With a very light touch, use your fingertips to gently cleanse the eyebrows.
- To dry, gently pat with a clean tissue.
- DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or exfoliants.

Days 4-7:

- Apply a rice grain amount of aftercare ointment across the treated area.
- Be sure not to over-apply, as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin.

For 2 weeks:

- No facials, sauna, swimming, massage and steaming.
- NO COVID VACCINE.
- No botox in the area

For 30 days:

- No Light therapies, chemical peelings, fruit acids, microdermabrasion, creams that contain regeneration factors (like glycolic & retinols).
- Always avoid laser treatments over the treated area.
- ALWAYS avoid sun on the area.

Important

No hot direct sun/tanning. Always protect the eyebrows from the sun with SPFs (no cream during the first 7 days). Direct sunlight will cause the color to turn grey or red.

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