



\*Due to the seasonal nature of some of our dishes, availability varies, please call ahead if you are looking for a specific item.

***At Café Organique, all of our ingredients are non-GMO, gluten-free, and organic.***

**Rotating daily soups**

(green lentil, spiced squash, chili, potato leek, cauliflower potato, chicken & rice, red lentil, black eyed pea, & more!)

**Deli salads– available until they run out!**

(potato salad, curry chicken salad, lemon tarragon chicken salad, kale & yam, wild rice & greens, tofu quinoa tabouli, beets & walnuts, and other seasonal deli case items!)

**Breakfast– all day!**

Breakfast sandwich (eggs, red pepper veggie vegenaïse, lettuce, onion and tomato on gluten-free toast w/ side salad)

Frittata plate (meat or veggie frittata served w/ goat cheese and jam, and side salad)

Fried egg plate (eggs, toast, goat cheese & jam, OR seasonal veggies)

**Sandwich plates (on gluten free bread)**

(roasted chicken, roasted veggies and hummus, beets & goat cheese, curry chicken, lemon tarragon chicken, almond butter & jam)

**Rotating daily specials**

(turkey taco bowls, meatloaf, pesto veggie pizza, tacos, turkey burgers, veggie burgers, lasagna)

**Baked goods (all gluten free)**

Banana bread, scones, cookies, & muffins (blueberry, lemon poppy seed, pumpkin, chocolate, banana walnut, morning glory, squash, bran, coconut & more!)

**Give us a call or check our Instagram story for daily specials and soup!**



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### fresh juices

**anti-inflammatory** celery, cucumber, pineapple, green apple, spinach, lemon, ginger, turmeric

**super detoxifier** apple, carrot, celery, cucumber, beets, beet greens, dried dandelion

**digestive healing** carrots, cabbage, aloe vera, apple, ginger, fennel, fenugreek seeds

**weight loss** cucumber, celery, ginger, lemon, parsley, peppermint, lettuce, chia seeds

**anti-cancer** lettuce, cucumber, carrots, spinach, beets, beet greens, cabbage, lemon, garlic, cayenne, ginger

### smoothies

choice of protein: collagen, pea, rice, or whey

**brain booster** avocado, banana, blueberries, green powder, walnuts

**antioxidant** banana, blueberries, goji berries, beta glucan powder

**autumn sunrise** pear, dates, maca powder, chia seeds, flax seeds, cacao, coconut sugar

### elixirs

hydration coconut water, lemon, maple syrup, salt 7

sore throat 2oz shot celery, cucumber, lemon, wheat grass, garlic, goldenseal, echinacea, cayenne 3.5

sore joint 2oz shot coconut water, celery, carrot, apple, ginger, turmeric, msm powder, flax/fish oil 4.5

### specialty drinks 12oz

choice of almond, coconut, hemp, rice, or soy

**golden turmeric milk**- turmeric, ginger, cinnamon, coconut oil, honey

**energizing tea**- coffee or verba mate, maca powder, coconut sugar, raw cacao, cinnamon, ginger

**drip coffee**

**chai tea latte**

**london fog**

**tea**

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