

Awakened Consciousness: The Evolution from I to 1

Damon Phan

April 27, 2025

For a long time, I struggled to find faith. I wasn't quite sure what to believe in or if there was anything to believe in at all. My mind constantly circled with many questions: What is the meaning of life? What is my purpose? Does this universe hold something much greater?

I remember learning about our solar system, the stars, planets, and space for the first time in my third-grade class. The more I learned about the universe itself, the more I sensed that life was much greater, beyond myself, and that I was part of something mysterious and deeply connected somehow. My heart was searching for something deeper than knowledge; it was seeking a connection.

Growing up in a religious household, my inquiries led me to explore the depths of the religious faith prominent in my family. At the time, I wasn't looking for rules or rituals to follow. I was seeking truth. Through reading, having conversations, and quiet reflections, I began to feel something greater, something loving, and something that is possibly interwoven in our daily lives.

One night I had a dream. In this dream, I stood at a pier alone. Before me were the calm waves of the ocean and the beautiful sunset. As I began to look up to the sky, above me I saw a bright Light that bathed its warmth over me. It wasn't blinding, but it felt radiant... it felt almost divine. Within this Light was an eye. An eye that seemed to see all and know all. There was no voice, no words spoken, yet I stood there and felt a deep, unspoken understanding. The Light was simply pure, living, and loving. I could feel the Light in my heart, in the waves of the ocean, and in the stillness of the stars. I knew we were indeed not alone. Beneath all, there is a unity binding us all together.

When I woke up from this dream, the world around me was the same, but I changed. The trees and the people around me almost flickered with a quiet glow I hadn't noticed before. My consciousness had become aware, allowing me to see the world through a different lens.