



Learn the “how” of riding effectively at a rider biomechanics clinic with Suzanne Galdun. All levels welcome!

Are you looking to improve your effectiveness as a rider? Perhaps you want to improve your partnership with your horse, feel more confident and stable riding canter departs, or increase your scores next time you enter the show ring. For any level, correct rider biomechanics can help make identifiable, positive changes for you and your horse.

Suzanne is one of only nine coaches in the US currently accredited by Mary Wanless as a Ride With Your Mind biomechanics coach. Suzanne works with riders of all levels and disciplines, from learning to sit the trot to working on tempi changes and piaffe, no matter the breed or style.

Nationally known FEI rider/trainer and popular Chronicle of the Horse blogger Lauren Sprieser has called Suzanne’s teaching “exceptional,” noting her methods are “accessible to all levels of rider, and intensely valuable to riders and auditors alike.”

**“I have been riding all my life, taken lessons from internationally known dressage masters, but Suzanne has been a game changer. She has helped me understand the complexities of how I use my body, and the imagery and nuance is so impactful.”**

**Heidi W, FEI level amateur**



Call Suzanne 630-935-0831 if you have any questions. Biomechanics applies to all horses and riders!