

# Foxford Parish

St Michael's Foxford  
Toomore Church  
Attymachugh Church



☒ Chapel Road, Foxford, Co Mayo  
☒ Very Rev Padraig Costello P.P. 087 242 2273  
Parish Office 094 9257843 / 094 9256131  
☒ Parish Email: [stmichaelsfoxford@gmail.com](mailto:stmichaelsfoxford@gmail.com)  
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🌐 Parish Website: [www.foxfordparish.com](http://www.foxfordparish.com)  
Diocesan Website: [www.achonrydiocese.org](http://www.achonrydiocese.org)

## 4th Sunday of Ordinary Time - 1st February 2026

Sat 31st Jan 6pm	Toomore	Margaret (Anniv) & Michael McNulty, Renbrack West & deceased family members R.I.P.
Sat 31st Jan 7.30pm	Foxford	1. Anthony Coleman (1st Anniv), Belass R.I.P. 2. Julia (Birthday rem.) & Michael Kneafsey & their grandson, Michael, Rinnaney, & Pat, Jack, Eddie & Joe Kneafsey, Irishtown & deceased of the Ruane & Kneafsey families, R.I.P. 3. Patricia (Anniv) & Martin Roche R.I.P. 4. Olive Maher (Month's mind), Isle of Man R.I.P. 5. John McGowan (13th Anniv), Belass R.I.P.
Sun 1st Feb 9am	Attymachugh	John McGreal (11th Anniv), Larganmore & Mary, Tony & Pat McGreal R.I.P.
Sun 1st Feb 11am	Foxford	1. Eileen Breslin (8th Anniv) R.I.P. 2. Annie & John Sheerin Churchpark & their daughter, Mary Hanbury, London R.I.P. 3. Tom Moylett (Anniv), Swinford Rd. R.I.P. 4. Margaret O'Donnell (neeDuffy)(Anniv), Selby & late of Rooskey R.I.P.
Mon 2nd Feb 10am	Foxford	Feast of the Presentation of the Lord - Candlemas Day
Tues 3rd Feb 10am	Foxford	Feast of St. Blaise. - Blessing of throats
Wed 4th Feb 8am	Convent	
Wed 4th Feb 7pm	Foxford	1. George & Kathleen Roberts R.I.P. 2. Mary Burke (14th Anniv), her parents, Tommie & Nancy & her sister, Teresa, Cloongee, R.I.P.
Thurs 5th Feb 10am	Foxford	Mary Kat McDonnell & deceased R.I.P.
Fri 6th Feb 10am	Foxford	
Sat 7th Feb 12 Noon	Foxford	Angela Ruane (Month's mind), Cloongee R.I.P.
Sat 7th Feb 6pm	Toomore	
Sat 7th Feb 7.30pm	Foxford	1. Isa & Martin Moran, Cashel & Scotland R.I.P. 2. Kathleen (8th Anniv) & Dom Geoghegan, their daughter Mary Geoghegan-Ryder, son John, & daughter-in-law, Martina Geoghegan R.I.P.
Sun 8th Feb 9am	Attymachugh	Michael, Mary & John Ruane and Mary & John Naughton R.I.P.
Sun 8th Feb 11am	Foxford	1. Martin 'Bob' O'Hara & deceased of the O'Hara & O'Donnell families R.I.P.

**Recent Deaths:** Please pray for: **Seamus Kelly**, Letterkenny, brother of Carmel Cruise. **Joe Fitzpatrick**, Westport, brother of Tony Fitzpatrick.  
**Mary McGrath** (nee Durkin), Newbridge, late of Borehollagh. **Bridget Badger** (nee Gaughan) Birmingham, late of Summerhill.  
**May they Rest in Peace**

THIS WEEKEND:		READERS	MINISTERS OF THE EUCHARIST	ALTAR SERVERS
Toomore	Sat 31st Jan 6pm	Ciara Byrne	Mary Doherty	
Foxford	Sat 31st Jan 7.30pm	Gina Stenson	John Horgan / Bridie Howley / Teresa Ormsby	Zoe Corcoran / Grainne McLoughlin / Sean Lally / Keith McDermott
Attymachugh	Sun 1st Feb Jan 9am	Lily Ruddy	Chris Sheerin	
Foxford	Sun 1st Feb 11am	Marion Ryder	Stephen Giblin / Paula Ruane / Willie O'Hara / Maureen Lavin / Martha Guiry	Aoife Flannery / James Sugrue / Abbie McMahon / Aine Healy / Seren Toolan
NEXT WEEKEND:				
Toomore	Sat 7th Feb 6pm	Helen Halligan	Mary Geraghty	
Foxford	Sat 7th Feb 7.30pm	Frances Gilmore	Annie Burke / Bernie Dunne / Barbara Moore	Finnian Kirwan / Ronan Gilroy / Robert Anders/Emma Jane Burke
Attymachugh	Sun 8th Feb 9am	Anne Prendergast	Lily Ruddy	
Foxford	Sun 8th Feb 11am	Willie O'Hara	Helena Murphy / Laura Giblin / Annie Murray / Sylvia Neary	Alex Domagala / James Sugrue / Hazel Prendergast / Saorflaith Burke

OFFERTORY COLLECTORS	February	Vigil:	Martin McDonagh / Seamus Coleman / Bernadette Reape
		Sunday:	Ben Burke / Siobhan Moran / Jerome Coleman
	March	Vigil:	Bridie Howley / Sean Lavin / John Horgan
		Sunday:	Brian Doherty / Willie O'Hara / Kieran Staunton

Hospital Visits: If you wish the priest to visit relatives or friends in hospital or at home leave a message at the priest's house.

Family Deaths: To put a notice of family deaths or general notices in the newsletter please email [foxfordparishnewsletter@gmail.com](mailto:foxfordparishnewsletter@gmail.com)

<b>Adoration of the Blessed Sacrament</b> in St. Michael's church on Tuesday mornings after Mass until 11.30 am.
<b>If you are unable to read please contact Teresa at 087 273 9680</b>
<b>Feast of the Presentation - Candlemas Day</b> falls on Monday 2nd February. People may leave candles in the church to be blessed at the morning Mass.
<b>Tuesday, 3rd February is the Feast of St. Blaise.</b> Those who wish to have their throats blessed through the intercession of St. Blaise will have an opportunity to do so after the 10 am Mass.
<b>Confirmation Programme:</b> The programme entitled <b>You Shall Be My Witnesses</b> for the <b>Confirmation class</b> commences in <b>Foxford N. S.</b> on this <b>Tuesday at 8 pm.</b> Parents are invited to join the pupils at <b>8.50 pm</b> for a short Prayer Service at the conclusion of the session.
<b>Foxford Brass and Reed Band Annual General Meeting</b> will be held in the bandroom (Old Court House) on <b>Thursday, Feb. 19th at 7pm.</b> This meeting is open to all Band members and members of the public.
<b>Coolegraine Lights</b> raised a total of <b>€6625</b> this Christmas season. The cheque will be presented to <b>M.S. Ireland</b> at a function in the Moy Hotel at 9 pm on <b>Friday 6th February.</b> Music by Pat's Roadshow. Again a very special thanks is due to <b>Kevin &amp; Brendan Hughes</b>
<b>Poor Clares Galway, Half-Day Retreat</b> for women 18-35 with <b>Beth Davis of Blessed is She Ministries.</b> An opportunity to encounter God's love and deepen your life of prayer and communion with God. The event will take place from 2pm to 6pm on Sunday the 1st of February. For more information and to register: <a href="https://cherisheddaughters.eventbrite.ie">https://cherisheddaughters.eventbrite.ie</a>
<b>Parking on church grounds:</b> As you may have observed <b>two new parking lots</b> have been marked out for <b>wheelchair users.</b> <b>Also, please leave free access for cars (or an ambulance) around the church at all times.</b>
<b>Ignatian Retreat in Daily Life:</b> February 8th - March 8th. For information contact Kathleen at <b>087 679 8839.</b> Places limited.
<b>Moy Davitts 50/50 draw :</b> Congratulations to <b>Claire Mulvey</b> who won a jackpot of <b>€348</b> in the Moy Davitts 50/50 draw last Sunday. A huge thank you to everyone who supported last week's draw, it is greatly appreciated.
<b>Mayo Cancer Support (Rock Rose House) Church Gate Collection:</b> Mayo Cancer Support Assoc, at Rock Rose House, will be holding their annual church gate collection in your church area on the weekend of <b>February 14th &amp; 15th February, 2026</b> We would appreciate your continued support for this local charity, that offers free emotional support to all affected by cancer and their families. See <a href="http://www.mayocancersupport.ie">www.mayocancersupport.ie</a> . If anyone can volunteer to assist with the collections, please contact <b>Rose 083 489 0754.</b>
<b>Foxford Meals on Wheels Service:</b> We can provide meals from Monday to Saturday at a cost of €7 per meal. To avail of this service please contact Geraldine on mobile 087 904 0463 or on her landline 094 925 6614.
<b>Line Dancing Classes</b> for Beginners on <b>Thursday nights at 8pm</b> in the <b>Brown Memorial Hall</b> , Modern and Country Line Dances. €10 per class. Enjoy a night of fun and exercise. All Welcome! Christopher Beirne (tutor) 086-8474744
<b>Foxford Bridge Club:</b> Wednesdays at 7 pm in the Social Services. All are welcome.
<b>Grow Meetings:</b> A self-help group helping people suffering from stress, anxiety, depression, panic attacks, loneliness etc meet every Tuesday night at <b>7.30 pm</b> in <b>Ballina Community Centre.</b>
<b>Bereavement Support Meeting</b> in the <b>Family Centre, Knock</b> on <b>Wednesdays at 11 am.</b> No appointment is needed and all are welcome. <b>Further information from Monica Morley on 094 9375320</b>
<b>Fr. Peyton Centre Opening Hours:</b> Opening Hours: Monday to Friday 9.30am to 5.30pm. Tel: 096-45374.
<b>For Young Women (18-40yrs) who are discerning a Vocation to Religious/Consecrated Life,</b> monthly meetings are held in Charleville Retreat Centre, Cork. The day includes prayer, talks, Holy Mass, Adoration and a chance to meet and chat with religious sisters of different communities. If you are interested in attending please email <a href="mailto:womendiscern@corkandross.org">womendiscern@corkandross.org</a>
<b>The Irish Catholic newspaper</b> is available each week. It costs <b>€3.50</b> . Payment can be put in the candelabras.
<b>St Joseph's Secondary School</b> Lotto €2.50 per line (€5 for 3). Lines can be purchased online at <a href="https://www.ourfundraiser.ie/org/stjosephsfoxford/">https://www.ourfundraiser.ie/org/stjosephsfoxford/</a> All support gratefully accepted. Contact 094 9256145 for more details.
<b>Eucharistic Healing Retreat</b> with Fr. John Keane & Deacon Don Devanney in Fr. Peyton Centre, Attymass on Sunday 8th February 2026. Limited places, booking essential, contact Nicola 087 9622800
<b>Alone Volunteers:</b> Would you be willing to provide companionship to an older person locally? ALONE are seeking volunteers in your area. Full training and support provided. If interested, please apply via the ALONE website at <a href="http://www.alone.ie">www.alone.ie</a> or for further information please contact us on <a href="mailto:volunteer@alone.ie">volunteer@alone.ie</a> or call 0818 222 024. <b>If you are over 60 and would like to know more about the services ALONE can offer you, please call 0818 222 024.</b>
<b>Anger Issues? Knock Counselling Centre,</b> in conjunction with the Irish Association for Anger Management are running a two-day Anger Management Programme on <b>Friday 27 February (5.30 pm to 9.00 pm) &amp; Saturday 28th February (10.00 am to 3.30 pm)</b> For further information, contact us by phone on 094 93 75032 or email <a href="mailto:counsellingoffice@knockshrine.ie">counsellingoffice@knockshrine.ie</a>
<b>We Can Quit – Stop Smoking Group Ballina –</b> (Starting Ash Wednesday): The HSE under the Sláintecare Healthy Communities initiative are offering a <b>FREE</b> stop smoking programme in <b>Ballina</b> starting on <b>February 18th for 7 weeks from 2-3.30pm.</b> We Can Quit is a <b>FREE</b> Group Based Stop Smoking Programme. <b>FREE</b> nicotine replacement medication, group support and one to one Support will be offered to all participants. For more information or to book a place please contact Brenda Mc Nicholas on 087 4484711 or email <a href="mailto:brenda.mcnicholas1@hse.ie">brenda.mcnicholas1@hse.ie</a>
<b>Set Dancing Classes</b> on <b>Wednesday</b> nights at <b>7pm</b> in the <b>Brown Memorial Hall.</b> New Beginners Welcome!
<b>Home Sharers Required: Western Care Ass.</b> is looking for people to provide respite breaks for children and adults across Co. Mayo, in your own home. If interested or would like further information, please contact Ruth Kneafsey, Home Share co-ordinator on 094 9029148.
<b>Parke Arts &amp; Drama Group Presents: Pretend Sick,</b> A 3-Act Comedy by Michael Joe Ginnelly in <b>Parke Community Hall</b> on <b>Fri. 27 th &amp; Sat. 28 th February.</b> Doors Open 8.00pm   Curtain Up 8.30pm. Admission €15.00
<b>Nia Dance Class.</b> Gentle on joints. Great for fitness and well-being. Classes are barefoot to music. Mondays 10am at Swinford Cultural Centre & Tuesdays 10am at Ballina Arts Centre. Contact Siobhan at 089 4182740.'
<b>ESB Networks:</b> Possible interruption to electricity in Toomore area on Thurs. 5th Feb. from 10 am to 5 pm

**Workability: Making Plans for 2026**

Do you have a medical condition, difficulty or disability? Are you looking for work, or wanting to improve your employment prospects? Do you want to make plans for 2026? Not sure where to start? Contact the Mayo North East Workability programme now to find out how we can assist you. Email [rosemariamangan@mayonortheastldc.com](mailto:rosemariamangan@mayonortheastldc.com) or call Siobhán 087 499 6605 for more info. Labhair linn i módh ruin. All confidential

**Baptism Teams:** The Diocese of Achonry has requested that each parish would get Volunteers to train and become part of a Baptism team in the parish. The Baptism team is expected to help the local priest and be a support to the parents in preparing for the child's Baptism. We have four people who have done the training and been Garda vetted for this specific ministry in Foxford Parish/Community. I am very grateful to them. Their work entails two of the team visiting the parents, (at a time suitable to the parents) before the Baptism and explaining the various aspects of the Baptism ceremony and trying to answer any questions the parents may have. It is to be an informal visit and will last about fifteen minutes. Our Baptism Team members are: Geraldine Carroll, Annie Murray, Angela Neary and Marion Ryder.

**"Walking with Families"** online program designed to provide high-quality theological and pastoral formation on marriage and family life. The program runs from mid-February to the end of May 2026. Classes will be held live on Zoom every Tuesday and Thursday from 5:30 p.m. to 7:00 p.m. Rome time, for a total of 48 class hours. Classes will not be held during Holy Week and Easter Week. For more information see [www.istitutogp2.it](http://www.istitutogp2.it) or email: [pathways@istitutogp2.it](mailto:pathways@istitutogp2.it). "Families are the cradle of the future of humanity" Pope Leo XIV.

**Spiritual Exercises: 5 Day Silent Ignatian Retreat for Men**

Led Benedictine monks from St. Joseph Abbey, in France. Starts Thursday 30th April (3pm). Benburb Priory, Co. Tyrone (1.5 hrs from Dublin). €450 (all meals & single room included). Daily Mass - Ordinary Form (Latin & ad orientem). Discover the strength that only comes when you stop running and let God speak. Book at: <https://soutenir.clairval.com/retreat-benburb-priory>

**FREE COURSE IN MANUFACTURING: GAIN QQI CERTIFICATION.**

This comprehensive, 9-month course is designed to provide students with essential knowledge and hands-on skills in manufacturing, boosting their employability and career prospects.

**Course Details:** Title: Introduction to Manufacturing Processes LTI Programme. Start Date: 3rd February 2026 . Duration: 9 Months

Location: Community Training Hub, Teeling Street Ballina F26 F2Y9 Course Link: Please click this link to do the application process on fetch courses [Level 4 Introduction to Manufacturing Processes, Fulltime Course, Ballina, Mayo](#)

This programme is ideal for those looking to start or advance their careers in manufacturing or improve their overall employability skills. There is no cost to students, and if they are on social welfare, MSLETB takes over the payment while ensuring they retain full benefits. We also offer additional supports and learning opportunities throughout the course.

If you'd like to arrange a visit or need any further information, feel free to reach out to Sonia at 086 1271172.

**Many Thanks** for your generous contributions to the collections during the Christmas. **Note** that the priests collection envelope is **purple colour**, other envelopes and loose money goes to the offertory collection. **They are two separate accounts.** Those paying **online**, please, **name the collection** and, if you have an **envelope number**, include that throughout the year.

**FACT Social Club:** We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Mondays to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at: [factsocialclub1@gmail.com](mailto:factsocialclub1@gmail.com) or telephone **094 925 6662**.

**Foster Care:** Have you ever thought about fostering? Change a child's life by becoming a **Tusla Foster Carer**.

Talk to Tusla Fostering today by freephone **1800 226 771** or visit [www.fostering.ie](http://www.fostering.ie) to learn more.

**Enable Ireland Mayo** Services require Family support workers/PA in all areas of County Mayo to work with Children with a disability. Our staff usually work one-to-one with a child within their home but also within their community or at centres throughout Mayo. Hours required are usually afternoon/evenings and Saturdays. Training is also provided. If you are interested please email [shahir@enableireland.ie](mailto:shahir@enableireland.ie) for further information. This is a very rewarding role and our Staff are very positive about their experience.

**Pre Marriage Courses by Accord** in Sligo & Co. Galway: Oranmore & Ballinasloe, & Online. Check for availability, by county, on [www.accord.ie](http://www.accord.ie) . Sligo, Glass House Hotel: 12 places Fri. 30th./ Sat. 31 Jan.2026

**MyMind** provide mental health professional therapy with Free appointments for homeowners in Mayo affected by Defective Concrete Blocks: <https://www.mymind.org/free-counselling/>

Location in Mayo North East (MNE) Office, Kevin St, Ballina and Tacu Ballinrobe.

Registration and appointment: [www.mymind.org](http://www.mymind.org) or call 0818 500 800.

**Defective Concrete Block (DCB) Alone Support Group** : Homeowner led initiative, emotional support for Widowed / Divorced / Separated / Single property owners in Mayo affected by Pyrite / DCB, navigating this process alone. This is an independent and confidential support group. Please contact Anne on: 089 2666389

**Balla Bingo – Every Sunday Night!** Join us online or in the hall for a great night of fun and prizes! Every Sunday. Eyes down at 8 PM

Get your bingo books online at <https://shorturl.at/4GBMM>

**The Adoration Chapel** at St. Muredach's Cathedral, Ballina is open: Mon - Fri 2 - 8 pm. Sat - Sun 2 - 7pm. :All welcome.

*Come to me, all you who labour and are overburdened, and I will give you rest.*

**Preparing for Marriage?** Weekend residential courses available. 6-8 March 2026 and 13-15 November 2026. Details: [www.grasta.org](http://www.grasta.org) or at [info@grasta.org](mailto:info@grasta.org)

**Married Couples course?** Weekend residential courses available. 7-8 March 2026 and 14-15 November 2026. Details: [www.grasta.org](http://www.grasta.org) or at [info@grasta.org](mailto:info@grasta.org)

**Would you like someone to talk to?** **SeniorLine** is Ireland's national telephone service for older people open every day of the year 10am-10pm, Freephone **1800 80 45 91**. You may feel isolated, alone, bereaved or far from family. SeniorLine's older volunteers are trained to listen, to support and refer to other helpful services if necessary. So don't be alone, and lift the phone. Phone **SeniorLine 1800 80 45 91**, No problem too big or too small.

**Hospital Visits:** If you wish the priest to visit relatives or friends in hospital or at home leave a message at the priest's house.

**Family Deaths:** To put a notice of family deaths or general notices in the newsletter please email [foxfordparishnewsletter@gmail.com](mailto:foxfordparishnewsletter@gmail.com)

**Foxford Inclusion Project.** If you have recently moved to Foxford and noticed your country's flag is not included in our International flags flying at the Social Services Centre, please contact **Marion on 087 9233 928** where we will be happy to have your flag included.

**Charity Donations: The Foxford Alzheimer's and Community Trust** has asked supporters not to leave donations outside the door of its Charity Shop in Foxford as it leaves the area untidy and hinders the walkway for residents. Instead, please note the drop off times of 11am to 5pm on Tuesday to Saturday. Items accepted include clothing for all ages, shoes in wearable condition, crockery, glassware, kitchen utensils, books, records, jewellery and handbags. The Trust is sincerely grateful to everyone who donates their items to support Foxford Alzheimer's and Community Trust Support Services.

**Craoibhín Ballina** is on the move. They are moving to **St. Anne's school building on the grounds of St. Mary's Old Secondary School McDermott Street Ballina**. Turn in left at F26C9E8, keep left, Craoibhín Ballina Centre is between the Involve Centre and Ballina Men's Shed. They will be opening there on Monday the 12th of January 2026 at 9 am. If you need to get in touch with Craoibhín Ballina call them on 0872785365.

**Mayo's Creamery Years Project** - The project is preserving the voices and memories of people who remember life around Mayo's creameries. Supported by the Heritage Council, and led by Mayo County Council, it welcomes contributions from anyone with memories to share. To get involved, contact Mac Conmara Heritage Consulting at 086 274 7230 or [tara.macconmaraheritage@gmail.com](mailto:tara.macconmaraheritage@gmail.com).

**St Joseph's Secondary School** Lotto €2.50 per line (€5 for 3). Lines can be purchased online at <https://www.ourfundraiser.ie/org/stjosephsfoxford/>. All support gratefully accepted. Contact 094 9256145 for more details.

**Oral Recordings of times past:** To compile a list of Mayo related voice recordings of folklore, oral history, tradition etc, the Heritage Office of Mayo County Council wants to hear from anyone with information on collections or recordings. To contribute or find out more, please contact Mac Conmara Heritage Consulting, at [macconmaraheritage@gmail.com](mailto:macconmaraheritage@gmail.com) or **086 778 4669**.

**Family Carers Ireland: Are you caring for a loved one at home with additional needs?** A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of **Family Carers Ireland**, the national charity supporting Ireland's 500,000+ family carers nationwide. **Contact 057 9370221** and hear how we can support you or for more info visit [www.familycarers.ie](http://www.familycarers.ie)

**Atlantic Care** is urgently recruiting compassionate Caregivers in the Foxford area to provide quality support, companionship, and assistance for seniors, ensuring comfort within their own homes. Competitive rates of pay, flexible hours and support network. If you are interested contact Nollag 0949014028. [www.atlanticcare.ie](http://www.atlanticcare.ie)

**Westcare Homecare** are currently recruiting staff in your local area and would love to hear from interested applicants. To apply or find out more, please contact [recruitment@westcarehomecare.ie](mailto:recruitment@westcarehomecare.ie) or call **071 9300034**.

**Experienced a cardiac event? 'It's Cardiac Rehab!'** A podcast series for you developed by the **Irish Association of Cardiac Rehabilitation and Irish Heart Foundation** to support your recovery. It's all about getting you better than before. <https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/>

#### SUPPORT HELPLINES

St. Vincent de Paul: 083 8887777 <a href="http://www.svp.ie">www.svp.ie</a>	Samaritans: 116 123 <a href="http://www.samaritans.ie">www.samaritans.ie</a>	Womens Aid: 1800 341 900 <a href="http://www.womensaid.ie">www.womensaid.ie</a>
Pieta House: 1800 247 247 <a href="http://www.pieta.ie">www.pieta.ie</a>	Childline: 1800 66 66 66 <a href="http://www.childline.ie">www.childline.ie</a>	SeniorLine: 1800 80 45 91
<a href="http://www.thirdageireland.ie">www.thirdageireland.ie</a>		