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Foxford Parish

St Michael's Foxford
Toomore Church
Attymachugh Church



☒ Chapel Road, Foxford, Co Mayo
☒ Very Rev Padraig Costello P.P. 087 242 2273
Parish Office 094 9257843/ 9256131
☒ Parish Email: stmichaelsfoxford@gmail.com
Newsletter Items: foxfordparishnewsletter@gmail.com
🌐 Parish Website: www.foxfordparish.com
Diocesan Website: www.achonrydiocese.org

Sunday 14th September 2025 - The Exaltation of the Holy Cross

Sat 13th Sept 11am	Foxford	Sean Ruane (Month's mind) Rinnaney R.I.P.
Sat 13th Sept 6pm	Toomore	Pat O'Hara (5th Anniv) Pontoon Rd. R.I.P.
Sat 13th Sept 7.30pm	Foxford	Joe Mangan (1st Anniv), Riverside, R.I.P.
Sun 14th Sept 9am	Attymachugh	Francis Horkan (2nd Anniv) & deceased, Wigan & Attymachugh R.I.P.
Sun 14th Sept 11am	Foxford	For the Community
Mon 15th Sept 10am	Foxford	John Kneafsey R.I.P.
Tues 16th Sept 10am	Foxford	Martin (34th Anniv) & Ann McNulty & deceased family members R.I.P.
Wed 17th Sept 8am	Convent	
Wed 17th Sept 12 noon	Foxford	St. Joseph's - Beginning of School Year Mass
Wed 17th Sept 7pm	Foxford	Peggy Durkan Ummoon R.I.P.
Thurs 18th Sept 10am	Foxford	
Fri 19th Sept 10am	Foxford	
Sat 20th Sept 6pm	Toomore	
Sat 20th Sept 7.30pm	Foxford	Ann Murray (6th Anniv), Rinnaney R.I.P.
Sun 21st Sept 9am	Attymachugh	For the Community
Sun 21st Sept 11am	Foxford	1. Mollie & Pakie Roche & their son, Tommie, Corlumin R.I.P. 2. Marian Murrin, Bruckless, Co Donegal R.I.P.

THIS WEEKEND:		READERS	MINISTERS OF THE EUCHARIST	ALTAR SERVERS
Toomore	Sat 13th Sept 6pm	Carmel Gallagher	Mary Doherty	
Foxford	Sat 13th Sept 7.30pm	Julie McGeever	Annie Burke / Bernie Dunne / Barbara Moore	Zoe Corcoran / Grainne McLoughlin
Attymachugh	Sun 14th Sept 9am	Marcus Jones	Anne Prendergast	
Foxford	Sun 14th Sept 11am	Yvonne Ruane	Helena Murphy / Laura Giblin / Annie Murray / Sylvia Neary	Joseph Elstone/Alex Domagala/Sophie & Shane Macken/James Sugrue/Hazel Prendergast
NEXT WEEKEND:				
Toomore	Sat 20th Sept 6pm	Helen Clarke	Alice Hennigan	
Foxford	Sat 20th Sept 7.30pm	Sean Lavin	Seamus Coleman / Maureen Noone / Bernadette Reape	Ruairi Reynolds / Oscar McHugh
Attymachugh	Sun 21st Sept 9am	Chris Sheerin	Lily Ruddy	
Foxford	Sun 21st Sept 11am	Aoife Burke	Teresa Ormsby / Bernie Flynn / Geraldine Brett / Helena Murphy	Kasia Berlowska/Frank Berkowski Aoife Flannery/James Sugrue/Abbie McMahon

If you are unable to read please phone Teresa at 087 - 273 9690

Offertory Collectors	September	Vigil:	Bridie Howley / Sean Lavin / John Horgan
		Sunday:	Brian Doherty / Willie O'Hara / Kieran Staunton
	October	Vigil:	Michael McDonagh / Martin Brogan / Gina Stenson
		Sunday:	Joe Davitt / Anthony Ruane / Gerry Moran
Recent Deaths: Please pray for: Seamus Gaffney , Radharc na Muaidhe Michael Joe Ruddy , Askilawn, Attymachugh Marian Murrin , Bruckless, Co. Donegal, mother of Paula Ruane, Rinnaney May they Rest in Peace			
The Light is On: Celebrating the Sacrament in the Dioceses of Achonry and Elphin on this Sunday, 14th September from 5 pm to 6 pm, the Feast of the Triumph of the Cross. Individual Confessions available in St. Michael's church, Foxford from 5 to 6 pm. Also available in many other churches throughout the Diocese. See Achonry diocesan website for details.			
Adoration of the Blessed Sacrament in St. Michael's church on Tuesday mornings after Mass until 11.30 am.			

Hospital Visits: If you wish the priest to visit relatives or friends in hospital or at home leave a message at the priest's house.

Family Deaths: To put a notice of family deaths or general notices in the newsletter please email foxfordparishnewsletter@gmail.com

Word of Thanks: The Gaffney Family would like to thank their kind neighbours and friends who supported us over the last week.
Foxford Meals on Wheels Service: We can provide meals from Monday to Saturday at a cost of €7 per meal. To avail of this service please contact Geraldine on mobile 087 904 0463 or on her landline 094 925 6614 . Drivers needed, please contact the same number. Thank you.
Grow Meetings: A self-help group helping people suffering from stress, anxiety, depression, panic attacks, loneliness etc meet every Tuesday night at 7.30 pm in Ballina Community Centre .
Moy Davitts 50/50 draw : Congratulations to Paul McNicholas who won a jackpot of €506 in the Moy Davitts 50/50 draw last Sunday. A huge thank you to everyone who supported last week's draw, it is greatly appreciated.
Intermediate Football Championship Quarter Final: Moy Davitts v Ballinrobe in Foxford at 4 pm on next Sunday, 21st September.
Foxford Inclusion Project. If you have recently moved to Foxford and noticed your country's flag is not included in our International flags flying at the Social Services Centre, please contact Marion on 087 9233 928 where we will be happy to have your flag included.
Set Dancing Classes on Wednesday nights at 7pm in the Brown Memorial Hall . New Beginners Welcome!
Line Dancing Classes for Beginners on Thursday nights at 8pm in the Brown Memorial Hall , Modern and Country Line Dances. €10 per class. Enjoy a night of fun and exercise. All Welcome! Christopher Beirne (tutor) 086-8474744
Foxford Bridge Club: After the summer break the Foxford Bridge Club resumes on Wednesday 17th September at 7 pm in the Social Services. All are welcome.
"Remembrance by Candlelight", St. Michael's church, Foxford, Wednesday 29th October @7pm. Join Opera singer Sean Ruane and Bernadette Ruddy alongside St. Anne's choir (UK), Maria Lynn, The Doherty's & The Doocey's for a candlelit evening of amazing performances. Proceeds towards Foxford & District Alzheimer's Trust (FACT) and Foxford's Search and Rescue. Tickets €20 Sarah 087 7965520, Irene 087 2795242
The Adoration Chapel at St. Muredach's Cathedral, Ballina is open: Mon - Fri 2 - 8 pm. Sat - Sun 2 - 7pm. All welcome. Come to me, all you who labour and are overburdened, and I will give you rest.
Lough Derg: One Day Retreats – Guided Days of Prayer and Reflection - places available on September 20th, 21st National Sacred Heart Crusade – a Sacred Heart Statue blessed by Pope Francis will be present for the Day Retreats on 25th August . Canonisation of Blessed Carlo Acutis on Sun 7th September – special devotions and blessing with Carlo Acutis Relic. Admission €50. Group discounts available. Advance Booking Essential.
FACT Social Club: We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Mondays to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at: factsocialclub1@gmail.com or telephone 094 925 6662 .
Mayo Karate Academy September Enrollment Now Open! At Mayo Karate Academy, our Internationally Qualified Instructors create a safe, fun environment where your child increases confidence and learns discipline through Karate. September Classes Begin: Claremorris GAA Hall (Monday 8th Sept 7pm) Foxford Leisure Centre (Tuesday 9th Sept 6pm) The Sheridan Memorial Community Centre, Bohola (Wednesday 10th Sept 6pm) All new students can avail of a 2 week FREE TRIAL with Mayo Karate Academy. To reserve your place: Contact 087 463 6841 or Email mayokarateacademy@gmail.com
Oral Recordings of times past: To compile a list of Mayo related voice recordings of folklore, oral history, tradition etc, the Heritage Office of Mayo County Council wants to hear from anyone with information on collections or recordings. To contribute or find out more, please contact Mac Conmara Heritage Consulting, at macconmaraheritage@gmail.com or 086 778 4669 .
Mahony Montessori School, Slieve Na Gréine, Swinford road, Foxford. Morning and afternoon classes, 2 1/2. - 5. Years old, Free pre school year available. Contact Rachel on 087 9125372.
Bereavement Support Meeting: The weekly bereavement support group resumes at Knock Shrine on Wednesday morning, Sept 10 th at 11am in the Family Centre. This meeting provides an opportunity for those who have lost a loved one to meet others who are bereaved and to share and talk about their experience of loss as well as find hope and healing again in their lives. No appointment is needed and all are welcome. Further information from Monica Morley on 094 9375320
Age Friendly Mayo. Our Older Peoples AGM and Information Day is being held on Monday 15th September 2025 in the TF Royal Hotel, Castlebar with registration starting at 9:30am and concluding at 2pm. I would appreciate it if you would advertise this free event in your parish newsletter and I have attached a flyer for your information.
The Irish Catholic newspaper is available each week. It costs €3, increasing to €3.50 in October
Raising Hope for Our Common Home – Saturday, September 20th at Knock Shrine Join us for a day of inspiration, conversation and action with guest speakers Éanna Ní Lamhna, Jane Mellett, and Dr. Brendan O'Keeffe. For booking and more information, see www.knockshrine.ie , contact Nicola at faithrenewal@knockshrine.ie or phone 094 93 88100.
Cloonacool Sheep Festival takes place September 18th to 21st next. Each day and night will have special events and fun for all the family. Highlights include, Kieran Quinn, Music Bingo and Saturday's annual festival dance with Gavin Cribbib. Keep an eye on local media for further information. Always a great event where everyone is welcome.
Charity Donations: The Foxford Alzheimer's and Community Trust has asked supporters not to leave donations outside the door of its Charity Shop in Foxford as it leaves the area untidy and hinders the walkway for residents. Instead, please note the drop off times of 11am to 5pm on Tuesday to Saturday. Items accepted include clothing for all ages, shoes in wearable condition, crockery, glassware, kitchen utensils, books, records, jewellery and handbags. The Trust is sincerely grateful to everyone who donates their items to support Foxford Alzheimer's and Community Trust Support Services.
New Line Dance Class will begin in Ballina Sports Centre, Cathedral Road, Ballina F26 T8N8 on Monday 15 September 2025 at 11am. Come and Enjoy a morning of Fun and Exercise. Information from Christopher on 086 8474744
Calling all community groups in Mayo! Have you an event this Autumn that you'd like to promote? Email a jpg along with a short description of the event to mayoppn@mayococo.ie and the Mayo PPN will include it in our Autumn 2025 newsletter.

The Growing Tree, Foxford, require a relief Early Years Educator. Applicants must have a minimum level 5 qualification in early childhood education. Please apply with CV to thegrowingtreefoxford@gmail.com by Friday 19th September 2025.

The Growing Tree, Foxford, require a relief School Aged Childcare worker to supervise and engage with children. A Level 5 qualification in early childhood education would be an advantage but not essential. Please apply with CV to thegrowingtreefoxford@gmail.com

Breast Cancer Awareness Month takes place October 1st-31st. For further information, please log onto www.breastcancerireland.com.

Pre Marriage Courses by Accord in Sligo, Castlebar, Galway: Oranmore & Ballinasloe, & Online. Check for availability, by county, on www.accord.ie. Sligo, Glass House Hotel: one place Fri. 26th. & Sat. 27 Sept. Oct. is booked out. 8 places Fri. 21st. & Sat. 22 Nov. Castlebar, Ellison Hotel: 4 places Fri. 3rd. & Sat. 4 Oct. Oranmore, Maldron Hotel: 3 places Fri. 26th. & Sat. 27 Sept. Also, in Oct. & Nov. Ballinasloe, Shearwater Hotel: Fri. 17th & 18 Oct. Online courses 3 evenings: Mon. 17th, Wed. 19th & Thurs 20 Nov. Also, Mon. 24th, Wed. 26th & Thurs 27 Nov.

Like to be part of Mayo Policy Development Forum?

The forum will play a pivotal role in helping you have your voice heard on topics of importance to you and your wider community and feed into Mayo Co Council Strategic Policy Committees. Housing, Roads, Environment, Planning, & Community.

ONLINE Meeting, Mon 22nd Sept, 7pm. Link to Register: <https://forms.office.com/e/ZVKPhmEmYE>

St Joseph's Secondary School Lotto €2.50 per line (€5 for 3). Lines can be purchased online at <https://www.ourfundraiser.ie/org/stjosephsfoxford/> All support gratefully accepted. Contact 094 9256145 for more details.

MyMind provides mental health professional therapy with Free appointments for homeowners in Mayo affected by Defective Concrete Blocks: <https://www.mymind.org/free-counselling/>. New location in Mayo North East Office, Kevin St, Ballina since January 6th 2025, other location is Ballinrobe. Registration and appointment: www.mymind.org or call **0818 500 800**.

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Men's Jubilee Camino: Men's hike - Sat Sept 13th 20kms, on greenway, from Dominican Abbey (ruin) in Carlingford to Newry (St Catherine's) via Newry Cathedral (Jubilee Indulgence). Mass, Adoration, Rosary, Confessions & Fraternity. Registration & details on www.dominicans.ie/events/ . €70 (Lunch, dinner & bus), over 18's male event. Enquiries to op.evangelisation@gmail.com.

North Mayo CE have a vacancy for an Administrator for their Community Employment scheme based in Knockmore Resource Centre. Usual CE criteria applies. Please register with your local Intreo office or contact **Marie Claire on 087 990 5717 for details.**

St Patrick's Pontifical University, Maynooth has a range of postgraduate programmes for those interested in Theology, Philosophy, Youth Ministry and more. Visit their website for more details at www.sppu.ie/courses.

Would you like someone to talk to? **SeniorLine** is Ireland's national telephone service for older people open every day of the year 10am-10pm, Freephone **1800 80 45 91**. You may feel isolated, alone, bereaved or far from family. SeniorLine's older volunteers are trained to listen, to support and refer to other helpful services if necessary. So don't be alone, and lift the phone. Phone **SeniorLine 1800 80 45 91**, No problem too big or too small.

1. **Marriage Enrichment Weekend** in The Focolare Centre, Curryhills, Prosperous, Co. Kildare, Nov. 7th-9th, 2025. Open to all married couples. For info/booking: www.marriageencounter.ie

2. **Living Well - free HSE programme** helps people living with a long-term health condition to manage their condition and improve their overall wellbeing. Anyone with any chronic illness such as diabetes, arthritis, COPD, cardiac illness, anxiety, etc. can benefit from these workshops. The next programme commences on Tuesday the 14th of October in Castlerea Family Resource Centre. The programme is delivered over six weekly workshops (2.5 hrs x 6) by trained leaders. Advance registration is required. To find out more, please contact Liam Gildea on 086 014 2675 or by email at lgildea@southmayo.com.

3 **Friends of Carmel Retreat Day**, Saturday 11th October 2025, 10am to 4pm At Holy Hill Hermitage, Skreen, Sligo, F91 CA24. Programme: 10am Coffee on arrival; 12.15 Mass; 1pm Lunch (Please bring packed lunch); 3.45pm Closing Prayer. To book email friendsofcarmelhh@gmail.com (Donations appreciated.) All Welcome!

Fr. Peyton Centre Opening Hours: Opening Hours: Monday to Friday 9.30am to 5.30pm. Tel: 096-45374.

Bridge lessons by a CBAI-certified teacher in **Foxford** starting in September. If interested please email mayocdo@gmail.com or text John at 087 2422945. A minimum of 8 students is required. The lessons will not proceed with fewer.

Need to advertise your community event for FREE ? Send a jpeg poster and a short piece of text to mayoppn@mayococo.ie Mayo PPN will share it with our 1,200 plus Community Groups. www.mayoppn.ie

Nia Dance Class returns on the 8th of Sept. Gentle on joints. Great for fitness and well-being. Classes are barefoot to music. Mondays 10am at Swinford Cultural Centre & Wednesdays 10am at Ballina Arts Centre. Contact Siobhan at 089 4182740

Autumn has arrived, grow in confidence by joining **Ballina Toastmasters** in a relaxed and supportive environment. **Thurs 11 SEP at 7:45pm** , Great National Hotel Foxford road. All very welcome.

Mayo Cancer Support Abseil Fundraiser - We extend a sincere Thank You to those who have registered to take part in our fundraising Abseil in Croke Park on October 10th, 2025. As a community we would ask that you support these wonderful people from your area, through encouragement or sponsorship. Full details [https://eventmaster.ie/fundraising/campaign/Brave the Drop - Mayo Cancer Support Croke Park Abseil Challenge](https://eventmaster.ie/fundraising/campaign/Brave%20the%20Drop%20-%20Mayo%20Cancer%20Support%20Croke%20Park%20Abseil%20Challenge)

Family Carers Ireland: Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of **Family Carers Ireland**, the national charity supporting Ireland's 500,000+ family carers nationwide. **Contact 057 9370221** and hear how we can support you or for more info visit www.familycarers.ie

Atlantic Care are urgently recruiting compassionate Caregivers in the Foxford area to provide quality support, companionship, and assistance for seniors, ensuring comfort within their own homes. Competitive rates of pay, flexible hours and support network. If you are interested contact Nollag 0949014028. www.atlanticcare.ie

Westcare Homecare are currently recruiting staff in your local area and would love to hear from interested applicants. To apply or find out more, please contact recruitment@westcarehomecare.ie or call **071 9300034**.

Hospital Visits: If you wish the priest to visit relatives or friends in hospital or at home leave a message at the priest's house.

Family Deaths: To put a notice of family deaths or general notices in the newsletter please email foxfordparishnewsletter@gmail.com

RHS Home Care are recruiting for care staff to provide Home Care in clients house in your area If you are interested or require more details, please email jobs@rhshomecare.ie or phone our Head office on 090 6625988

Defective Concrete Block (DCB) Support Group : Homeowner led initiative, wishes to create emotional support for Widowed / Divorced / Separated / Single property owners in Mayo affected by Pyrite / DCB, navigating this process alone. This will be an independent and confidential support group. All expressions of interest welcome, please contact Anne on: 089 2666389.

Mindspace Outreach Service in Ballina: Mindspace Mayo offers a support service to young people (12-25yrs) in Co. Mayo, presenting with anything from common concerns (e.g. dealing with break-up, exam stress, bullying) to emerging mental health difficulties like mild depression and anxiety. are located in Castlebar and an outreach service runs three days a week (Monday-Wednesday) in Ballina Family Resource Centre and anyone can make a referral. Visit www.mindspacemayo.ie or call 094 9067001.

Need support with Bookkeeping, Payroll or Admin? Contact Assist You – 086 352 6348

Do you have a community event or activity coming up? Avail of FREE advertising with Mayo PPN. It's simple – email mayoppn@mayococo.ie and include a Jpeg poster. Mayo PPN will be delighted to promote your 1000 plus community groups.

Experienced a cardiac event? 'It's Cardiac Rehab!' A podcast series for you developed by the **Irish Association of Cardiac Rehabilitation and Irish Heart Foundation** to support your recovery. It's all about getting you better than before.
<https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/>

SUPPORT HELPLINES

St. Vincent de Paul: 083 8887777 www.svp.ie

Samaritans: 116 123 www.samaritans.ie

Womens Aid: 1800 341 900 www.womensaid.ie

Pieta House: 1800 247 247 www.pieta.ie

Childline: 1800 66 66 66 www.childline.ie

SeniorLine: 1800 80 45 91 www.thirdageireland.ie