# **Foxford Parish**

St Michael's Foxford Toomore Church Attymachugh Church



- Chapel Road, Foxford, Co Mayo
- Very Rev Padraig Costello P.P. 087 242 2273 Parish Office 094 9257843 / 9256131
- Parish Email: <a href="mailto:stmichaelsfoxford@gmail.com">stmichaelsfoxford@gmail.com</a>
  Newsletter Items: <a href="mailto:foxfordparishnewsletter@gmail.com">foxfordparishnewsletter@gmail.com</a>
  Pastoral Council: <a href="mailto:foxfordparishcouncil@gmail.com">foxfordparishcouncil@gmail.com</a>
- Parish Website: <a href="https://www.foxfordparish.com">www.foxfordparish.com</a>
  Diocesan Website: <a href="https://www.achonrydiocese.org">www.achonrydiocese.org</a>

# Sunday 14th December 2025 - Third Sunday of Advent

Sat 13th Dec 6pm	Toomore	For the Community		
Sat 13th Dec 7.30pm	Foxford	1. Seamus Boyle (11th Anniv) Cashel R.I.P.		
		2. Mary & Hugh Doherty, Currinara & their sons, Paddy, Martin & Seamus R.I.P.		
Sun 14th Dec 9am	Attymachugh	Kathleen Browne (nee O'Hara) & her parents, Jimmy & Margaret O'Hara R.I.P.		
Sun 14th Dec 11am	Foxford	1. Peggy (3rd Anniv) & Joe (12th Anniv) Clarke R.I.P.		
		2. Tony Rogan (3rd Anniv) & his parents, Anthony & Cecilia, Boherhollagh R.I.P.		
		3. John Coleman Swinford Rd. & deceased of the Coleman & Ruane families R.I.P.		
		4. John & Lil O'Hara Glanduff R.I.P.		
Mon 15th Dec 10 am	Foxford	Maggie Collins, Riverside R.I.P.		
Tues 16th Dec 10am	Foxford	Molly, Lawrence & Damien Murray R.I.P.		
Wed 17th Dec 8am	Convent			
Wed 17th Dec 7pm	Foxford	1. Mary Hanahoe (Anniv), her parents, Bertie & Mary, & sister, Emily, Barrack Rd. R.I.P.		
		2. Annie (Anniv) & Pat Coleman & deceased of the Coleman & Molloy families R.I.P.		
Thurs 18th Dec 10am	Foxford	Special Intention		
Fri 19th Dec 10am	Foxford			
Sat 20th Dec 12 noon	Foxford	Wedding Mass		
Sat 20th Dec 6pm	Toomore			
Sat 20th Dec 7.30pm	Foxford	1. Margaret, John, Mike & John Gerard Devaney, Stonehall R.I.P.		
		2. Willie, Sabina & Dan McDermott & deceased of the McDermott & Gaughan families R.I.P.		
Sun 21st Dec 9am	Attymachugh			
Sun 21st Dec 11am	Foxford	1.Noreen Cosgrave (1st Anniv) Ballina Rd. R.I.P.		
		2. Mary & Eddie Hughes, Coolegraine R.I.P.		
		3. Tom, May & Tommy Reynolds & Breege Loftus R.I.P.		
		4. Charlie Monagle (8th Anniv) Malin, Donegal R.I.P.		

THIS WEEKEND:		<u>READERS</u>	MINISTERS OF THE EUCHARIST	ALTAR SERVERS
Toomore	Sat 13th Dec 6pm	Carmel Gallagher	Mary Doherty	
Foxford	Sat 13th Dec 7.30pm	Sylvia Neary	Annie Burke/Maureen Noone/Bernadette Reape	Oscar McHugh / Finnian Kirwan / Rory Kilroy
Attymachugh	Sun 14th Dec 9am	Margaret McHale	Lily Ruddy	
Foxford	Sun 14th Dec 11am	Julie McGeever	Teresa Ormsby / Bernie Flynn / Geraldine Brett/Helena Murphy/ Anna Marie Walsh	Alex Domagala/James Sugrue/Hazel Prendergast/Saorflaith Burke/Emma Jane Burke
NEXT WEEKEN	ID:			
Toomore	Sat 20th Dec 6pm	Ciara Byrne	Mary Geraghty	
Foxford	Sat 20th Dec 7.30pm	Marion Ryder	John Horgan/Bridie Howley/Teresa Ormsby	Zoe Corcoran / Grainne McLoughlin/Sean Lally/Keith McDermott
Attymachugh	Sun 21st Dec 9am	Lily Ruddy	Chris Sheerin	
Foxford	Sun 21st Dec 11am	Sean Lavin	Stephen Giblin / Paula Ruane / Willie Aoife Flannery/James Sugrue/A O'Hara / Maureen Lavin / Martha Guiry McMahon/Kasia Berkowska/F Berkowski	

If you are unable to read please phone Teresa at 087-273-9680

### St. Vincent de Paul Helpline: 083 8887777

OFFERTORY COLLECTORS	December	Vigil: Sunday:	Bridie Howley / Sean Lavin / John Horgan Brian Doherty / Willie O'Hara / Kieran Staunton
	January	Vigil: Sunday:	Michael McDonagh / Martin Brogan / Gina Stenson Joe Davitt/ Anthony Ruane / Gerry Moran

**Recent Deaths:** Please pray for: Michael Skeffington, Keadue, Co. Roscommon, father of Sinead Timlin, Pontoon Rd.

# May he Rest in Peace

Nativity Play: Pupils from 3rd Class in our National School will put on the Nativity Play at the 7.30 pm Mass in St. Michael's Church this Saturday 13th Dec.

St. Vincent de Paul Annual Collection is being taken up this weekend. Please be as generous as you can. Many thanks.

The Annual Carol Service will take place in the Church of Ireland, Foxford, on Sunday 21st Dec at 5 pm. All are welcome.

Cards, Calendars and Offertory boxes are now available for distribution. A special thanks to those who distribute them each year. New helpers are welcome. If you are willing to help in distributing them in your area please let me know. Your help is greatly appreciated. A very special thanks to the four ladies who spent many hours getting them ready.

I am sure there are a number of other parishioners who may wish to help support the running costs of the parish. If you would like an offertory box please let me, or a member of the Pastoral or Finance Council, know and we will supply you with a box of envelopes.

Christmas Liturgies: If you would like to be involved in the Christmas Eve and Christmas Masses please let me know at 087 2422273. People to bring symbols to the sanctuary and also some readers.

**Eucharistic Healing Retreat** with Fr. John Keane & Deacon Don Devanney in Fr. Peyton Centre, Attymass on Sunday 8th February 2026. Limited places, booking essential, contact Nicola 087 9622800

**Foxford is shining again!** The **Christmas Lights** volunteer committee have once again worked tirelessly to make sure the town is beautifully lit this Christmas. Please help to fund this wonderful project by donating what you can to any committee member or on <a href="https://gofund.me/5d144a3ee">https://gofund.me/5d144a3ee</a>
Your support is vital to the success of this community project. Thank you.

<u>Parking on church grounds</u>: As you may have observed **two new parking lots** have been marked out **for <u>wheelchair users</u>**.

Also, please leave free access for cars (or an ambulance) around the church at all times.

Baptism Teams: The Diocese of Achonry has requested that each parish would get Volunteers to train and become part of a Baptism team in the parish. The Baptism team is expected to help the local priest and be a support to the parents in preparing for the child's Baptism. We have four people who have done the training and been Garda vetted for this specific ministry in Foxford Parish/Community. I am very grateful to them. Their work entails two of the team visiting the parents, (at a time suitable to the parents) before the Baptism and explaining the various aspects of the Baptism ceremony and trying to answer any questions the parents may have. It is to be an informal visit and will last about fifteen minutes. Our Baptism Team members are: Geraldine Carroll, Annie Murray, Angela Neary and Marion Ryder.

Coolegraine Lights: Thanks to the Hughes brothers who have erected the Coolegraine lights. Donations this year will go to Mayo Downs Syndrome Association.

Moy Davitts 50/50 draw: Congratulations to Damian Langan who won a jackpot of €541 in the Moy Davitts 50/50 draw last Sunday. A huge thank you to everyone who supported last week's draw, it is greatly appreciated.

**Foxford Meals on Wheels Service**: We can provide meals from Monday to Saturday at a cost of €7 per meal. To avail of this service please contact Geraldine on mobile 087 904 0463 or on her landline 094 925 6614.

Line Dancing Classes for Beginners on Thursday nights at 8pm in the Brown Memorial Hall, Modern and Country Line Dances. €10 per class. Enjoy a night of fun and exercise. All Welcome! Christopher Beirne (tutor) 086-8474744

Foxford Bridge Club: Wednesdays at 7 pm in the Social Services. All are welcome.

VICTIM ASSISTANCE - Your final chance to enter our fundraising draw for a Nissan Qashqai Hybrid. Draw takes place on Saturday 20th Dec in Cill Aodain Court Hotel, Kiltimagh. Tickets €20 available from usual outlets and online at victimassistance.ie or call 1800 277 477. All monies raised go towards supporting victims of crime and trauma. A ticket will make an ideal Christmas gift while also helping those in need of support in our community. Thank you.

**Grow Meetings:** A self-help group helping people suffering from stress, anxiety, depression, panic attacks, loneliness etc meet every Tuesday night at **7.30 pm** in **Ballina Community Centre**.

Knock Shrine:- Prayer Guidance Training Course: Interviews are now underway for the new training programme for prayer guides which begins in Knock Shrine in January 2026. For further information, dates and application form please email <a href="mailto:prayerguidancetraining@gmail.com">prayerguidancetraining@gmail.com</a>

Bereavement Support Meeting in the Family Centre, Knock on Wednesdays at 11 am. No appointment is needed and all are welcome. Further information from Monica Morley on 094 9375320

Fr. Peyton Centre Opening Hours: Opening Hours: Monday to Friday 9.30am to 5.30pm. Tel: 096-45374.

For Young Women (18-40yrs) who are discerning a Vocation to Religious/Consecrated Life, monthly meetings are held in Charleville Retreat Centre, Cork. The day includes prayer, talks, Holy Mass, Adoration and a chance to meet and chat with religious sisters of different communities. If you are interested in attending please email womendiscern@corkandross.org

The Irish Catholic newspaper is available each week. It costs €3.50 . Payment can be put in the candelabras.

**St Joseph's Secondary School** Lotto €2.50 per line (€5 for 3). Lines can be purchased online at <a href="https://www.ourfundraiser.ie/org/stjosephsfoxford/">https://www.ourfundraiser.ie/org/stjosephsfoxford/</a> All support gratefully accepted. Contact 094 9256145 for more details.

Remembrance by Candle: A huge THANK YOU to our amazing community. We are delighted to announce our recent fundraiser "Remembrance by Candlelight" raised an astonishing €17, 616.42 which will be shared between two invaluable local services - Foxford and District Alzheimer's Trust and Foxford's Search and Rescue. Thank you to all who donated, attended, volunteered, or supported the events in any way. Your kindness truly makes a difference.

Christmas at Turlough Park: The National Museum of Ireland invites everyone along to the Christmas programme at Turlough Park which continues this Sunday 14 December from 1pm to 5pm. There is a wonderful live crib display in the Courtyard, a Christmas market, some festive storytelling with Fiona Dowling and craft workshops. Admission is free and all are welcome. See <a href="museum.ie">museum.ie</a> for further details.

Christmas Jumper Run – Castlebar. Join us on December 14th at 12 noon, starting and finishing at Lough Lannagh Holiday Village. Wear your festive jumper and help raise vital funds for Focus Ireland and SVP. Register at idonate.ie/christmasjumperrun2025 and enjoy hot chocolate after the run!

Set Dancing Classes on Wednesday nights at 7pm in the Brown Memorial Hall. New Beginners Welcome!

**FACT Social Club:** We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Mondays to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at: <a href="mailto:factsocialclub1@gmail.com">factsocialclub1@gmail.com</a> or telephone 094 925 6662.

Family Carers Ireland Christmas Raffle - you could win €1,000 cash, €500 select hotels voucher or a hotel voucher. Please support family carers in your community by purchasing a ticket at <a href="https://www.familycarers.ie/christmas">www.familycarers.ie/christmas</a>

Workability: Since Workability was launched in July 2024, we have celebrated lots of achievements for employers and clients alike, for example: 4 clients got part-time jobs, 30 people trained in Disability Awareness, 1 client set up own business, 1 employer benefitting from Wage Subsidy Scheme, and all our clients have completed a variety of courses or training workshops, such as Fire Safety, Customer Service, First Aid and QQI L5 modules. Do you have a medical condition or difficulty, and are you looking for work, or wanting to improve your employment prospects? If you are an employer, find out more about how we can help your business! The Mayo North East Workability programme is based in Erris but we cover a large part of Mayo, including Foxford. Email rosemariemangan@mayonortheastldc.com or call Siobhán 087 499 6605 for more info. Labhair linn i módh ruin. All confidential.

**Alone Volunteers:** 'Would you be willing to provide companionship to an older person locally? ALONE are seeking volunteers in your area. Full training and support provided. If interested, please apply via the ALONE website at <a href="https://www.alone.ie">www.alone.ie</a> or for further information please contact us on volunteer@alone.ie or call 0818 222 024.

Living Well is a free HSE programme which helps people living with a long-term health condition to manage their symptoms and improve their overall wellbeing. Anyone with any chronic illness such as diabetes, arthritis, COPD, cardiac illness, anxiety, etc. can benefit from these workshops. A new programme will commence in Swinford on Thursday 11<sup>th</sup> of November 2025, 10 am – 12.30 pm, continuing weekly at that time for six weeks. The programme is free but it is essential to register in advance. To find out more, please contact Liam on 086 014 2675, email: lgildea@southmayo.com; or Fiona on 087 7185615, email: fcunnane@southmayo.com

Give Hope This Christmas with Double the Love: Mary's Meals provides life-changing school meals to more than 3 million children living in some of the world's poorest communities. The promise of a good meal brings hungry children into the classroom, where they can gain an education and better opportunities for the future. It costs just €22 to feed a child with Mary's Meals every day for a school year. Thanks to the Tom Cunningham Trust, donations will be doubled until 12th January 2026 or until the match funding limit has been reached. Together, through Double the Love, we can transform the lives of many more desperately hungry children waiting for Mary's Meals. To donate, go to www.marysmeals.ie or phone 01 853 5163. Every donation is greatly appreciated. Thank you.

**Home Sharers Required: Western Care Ass.** is looking for people to provide respite breaks for children and adults across Co. Mayo, in your own home. If interested or would like further information, please contact Ruth Kneafsey, Home Share co-ordinator on 094 9029148.

Foster Care: Have you ever thought about fostering? Change a child's life by becoming a **Tusla Foster Carer.**Talk to Tusla Fostering today by freephone **1800 226 771 or visit www.fostering.ie** to learn more.

**Enable Ireland Mayo** Services require Family support workers/PA in all areas of County Mayo to work with Children with a disability. Our staff usually work one-to-one with a child within their home but also within their community or at centres throughout Mayo. Hours required are usually afternoon/evenings and Saturdays. Training is also provided. If you are interested please email shehir@enableireland.ie for further information. This is a very rewarding role and our Staff are very positive about their experience.

Do you know a person or a community group who deserve to see their efforts recognised at Mayo County Council's civic awards? We are delighted to announce the **Cathaoirleach's Awards 2025** are now open for nominations!

The Cathaoirleach's Awards honour and celebrate the many groups that work quietly behind the scenes to make our communities stronger, more vibrant and caring, often inspiring and motivating others to become actively involved in their communities.

Unsung heroes are to be found in every town, village, street and road in County Mayo.

All winners will be presented with a specially commissioned trophy, hand crafted in Mayo, at the Cathaoirleach's Awards Presentation Evening in early 2026. Winners in each category will also receive a financial bursary to use for their community work.

Details of the Cathaoirleach Awards, including the Information Booklet and Nomination Form, are available at https://www.mayo.ie/cathaoirleachsawards2025

**Pre Marriage Courses by Accord** in Sligo & Co. Galway: Oranmore & Ballinasloe, & Online. Check for availability, by county, on <a href="https://www.accord.ie">www.accord.ie</a> . Sligo, Glass House Hotel: 12 places Fri. 30th./ Sat. 31 Jan.2026

MyMind provides mental health professional therapy with Free appointments for homeowners in Mayo affected by Defective Concrete Blocks: <a href="https://www.mymind.org/free-counselling/">https://www.mymind.org/free-counselling/</a>. New location in Mayo North East Office, Kevin St, Ballina since January 6th 2025, other location is Ballinrobe. Registration and appointment: <a href="https://www.mymind.org">www.mymind.org</a> or call 0818 500 800.

**Balla Bingo – Every Sunday Night!** Join us online or in the hall for a great night of fun and prizes! Every Sunday. Eyes down at 8 PM Get your bingo books online at <a href="https://shorturl.at/4GBMM">https://shorturl.at/4GBMM</a>

The Adoration Chapel at St. Muredach's Cathedral, Ballina is open: Mon - Fri 2 - 8 pm. Sat - Sun 2 - 7pm. All welcome. Come to me, all you who labour and are overburdened, and I will give you rest.

**Preparing for Marriage?** Weekend residential courses available. 6-8 March 2026 and 13-15 November 2026. Details: www.grasta.org or at info@grasta.org

Married Couples course? Weekend residential courses available. 22-23 November 2025, 7-8 March 2026 and 14-15 November 2026. Details: www.grasta.org or at info@grasta.org

### St. Vincent de Paul Helpline: 083 8887777

Would you like someone to talk to? SeniorLine is Ireland's national telephone service for older people open every day of the year 10am-10pm, Freephone 1800 80 45 91. You may feel isolated, alone, bereaved or far from family. SeniorLine's older volunteers are trained to listen, to support and refer to other helpful services if necessary. So don't be alone, and lift the phone. Phone SeniorLine 1800 80 45 91, No problem too big or too small.

**Foxford Inclusion Project**. If you have recently moved to Foxford and noticed your country's flag is not included in our International flags flying at the Social Services Centre, please contact **Marion on 087 9233 928** where we will be happy to have your flag included.

Charity Donations: The Foxford Alzheimer's and Community Trust has asked supporters not to leave donations outside the door of its Charity Shop in Foxford as it leaves the area untidy and hinders the walkway for residents. Instead, please note the drop off times of 11am to 5pm on Tuesday to Saturday. Items accepted include clothing for all ages, shoes in wearable condition, crockery, glassware, kitchen utensils, books, records, jewellery and handbags. The Trust is sincerely grateful to everyone who donates their items to support Foxford Alzheimer's and Community Trust Support Services.

Mayo's Creamery Years Project - The project is preserving the voices and memories of people who remember life around Mayo's creameries. Supported by the Heritage Council, and led by Mayo County Council, it welcomes contributions from anyone with memories to share. To get involved, contact Mac Conmara Heritage Consulting at 086 274 7230 or tara.macconmaraheritage@gmail.com.

**St Joseph's Secondary School** Lotto €2.50 per line (€5 for 3). Lines can be purchased online at <a href="https://www.ourfundraiser.ie/org/stjosephsfoxford/">https://www.ourfundraiser.ie/org/stjosephsfoxford/</a> All support gratefully accepted. Contact 094 9256145 for more details.

**Oral Recordings of times past:** To compile a list of Mayo related voice recordings of folklore, oral history, tradition etc, the Heritage Office of Mayo County Council wants to hear from anyone with information on collections or recordings. To contribute or find out more, please contact Mac Conmara Heritage Consulting, at **macconmaraheritage@gmail.com** or **086 778 4669.** 

**Family Carers Ireland:** Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of **Family Carers Ireland**, the national charity supporting Ireland's 500,000+ family carers nationwide. **Contact 057 9370221** and hear how we can support you or for more info visit <a href="www.familycarers.ie">www.familycarers.ie</a>

**Atlantic Care** is urgently recruiting compassionate Caregivers in the Foxford area to provide quality support, companionship, and assistance for seniors, ensuring comfort within their own homes. Competitive rates of pay, flexible hours and support network. If you are interested contact Nollag 0949014028. <a href="https://www.atlanticcare.ie">www.atlanticcare.ie</a>

**Westcare Homecare** are currently recruiting staff in your local area and would love to hear from interested applicants. To apply or find out more, please **contact recruitment@westcarehomecare.ie or call 071 9300034.** 

Experienced a cardiac event? 'It's Cardiac Rehab!' A podcast series for you developed by the Irish Association of Cardiac Rehabilitation and Irish Heart Foundation to support your recovery. It's all about getting you better than before. <a href="https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/">https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/</a>

## **SUPPORT HELPLINES**

St. Vincent de Paul: 083 8887777 www.svp.ie Samaritans: 116 123 www.samaritans.ie Womens Aid: 1800 341 900 www.womensaid.ie

Pieta House: 1800 247 247 <a href="www.pieta.ie">www.pieta.ie</a> Childline: 1800 66 66 66 <a href="www.childline.ie">www.childline.ie</a> SeniorLine: 1800 80 45 91 <a href="www.thirdageireland.ie">www.thirdageireland.ie</a>