

# Foxford Parish

St Michael's Foxford  
Toomore Church  
Attymachugh Church



☒ Chapel Road, Foxford, Co Mayo  
☒ Very Rev Padraig Costello P.P. 087 242 2273  
Parish Office 094 9257843 / 9256131  
☒ Parish Email: [stmichaelsfoxford@gmail.com](mailto:stmichaelsfoxford@gmail.com)  
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Pastoral Council: [foxfordparishcouncil@gmail.com](mailto:foxfordparishcouncil@gmail.com)  
🌐 Parish Website: [www.foxfordparish.com](http://www.foxfordparish.com)  
Diocesan Website: [www.achonrydiocese.org](http://www.achonrydiocese.org)

## Sunday 16th November 2025 - 33rd Sunday in Ordinary Time

|                       |             |                                                                                                                                                                                                                                                                 |
|-----------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Sat 15th Nov 6pm      | Toomore     | John & Nora McNulty Cloonmung R.I.P.                                                                                                                                                                                                                            |
| Sat 15th Nov 7.30pm   | Foxford     | 1. Deceased members of the Foxford Brass and Reed Band R.I.P.<br>2. Michael Tuohy (2nd Anniv), Davitt St. R.I.P.<br>3. Patty & Val Coss, Margaret & Darragh McGreal & all deceased family members R.I.P.<br>4. Trish Dempsey- Ruane (Birthday rem.) R.I.P.      |
| Sun 16th Nov 9am      | Attymachugh | Mary, John & Michael Ruane & deceased of the Ruane & Connor families R.I.P.                                                                                                                                                                                     |
| Sun 16th Nov 11am     | Foxford     | 1. Michael (Anniv) & Delia Kneafsey & their grandson, Michael, Rinnaney R.I.P.<br>2. Bridget & John Grogan Boherhollagh R.I.P.<br>3. All deceased religious and Mill workers of the Foxford Woollen Mill, R.I.P.<br>4. Bridgie & Nace O'Dowd, Strandhill R.I.P. |
| Mon 17th Nov 10am     | Foxford     | Holy Souls                                                                                                                                                                                                                                                      |
| Tues 18th Nov 10am    | Foxford     | Deirdre Staunton R.I.P.                                                                                                                                                                                                                                         |
| Tues 18th Nov 12 noon | Foxford     | November Remembrance - St. Joseph's Secondary School.                                                                                                                                                                                                           |
| Wed 19th Nov 8am      | Convent     | Deceased members of staff, benefactors and former residents of Hope House R.I.P.                                                                                                                                                                                |
| Wed 19th Nov 7pm      | Foxford     | Holy Souls                                                                                                                                                                                                                                                      |
| Thurs 20th Nov 10am   | Foxford     | Holy Souls                                                                                                                                                                                                                                                      |
| Fri 21st Nov 10am     | Foxford     | Special Intention                                                                                                                                                                                                                                               |
| Fri 21st Nov 7pm      | Foxford     | Commemoration of the Faithful Departed                                                                                                                                                                                                                          |
| Sat 22nd Nov 6pm      | Toomore     | Teresa (Anniv) & Patrick McHale & deceased of the Gallagher family R.I.P.                                                                                                                                                                                       |
| Sat 22nd Nov 7.30pm   | Foxford     | 1. Maureen Nolan (nee Hall) (3rd Anniv), Manchester & Irishtown, R.I.P.<br>2. Michael Glynn (Birthday rem.) New Jersey & Riverside R.I.P.<br>3. Martin & Isa Moran, Cashel & Scotland R.I.P.<br>4. Mary (2nd Anniv) & Paddy Jones Irishtown R.I.P.              |
| Sun 23rd Nov 9am      | Attymachugh | John O'Donnell (28th Anniv.), late of Glanduff R.I.P.                                                                                                                                                                                                           |
| Sun 23rd Nov 11am     | Foxford     | 1. Jim (Anniv) & Nancy McDonnell, Main St. R.I.P.<br>2. Madeline (10th Anniv) & Tom Langan Assumpta Place R.I.P.<br>3. Mary & William Ormsby, Stonepark R.I.P.<br>4. Mary (9th Anniv) & Sean (2nd Anniv) Boylan, Station Rd. R.I.P.                             |

| THIS WEEKEND: |                     | READERS          | MINISTERS OF THE EUCHARIST                                     | ALTAR SERVERS                                                                        |
|---------------|---------------------|------------------|----------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Toomore       | Sat 15th Nov 6pm    | Ciara Byrne      | Mary Geraghty                                                  |                                                                                      |
| Foxford       | Sat 15th Nov 7.30pm | Sean Lavin       | Annie Burke / Bernie Dunne / Barbara Moore                     | Oscar McHugh / Finnian Kirwan / Rory Kilroy                                          |
| Attymachugh   | Sun 16th Nov 9am    | Anne Prendergast | Chris Sheerin                                                  |                                                                                      |
| Foxford       | Sun 16th Nov 11am   | Laura Giblin     | Helena Murphy / Laura Giblin / Annie Murray / Sylvia Neary     | Alex Domagala / James Sugrue/Hazel Prendergast / Saoirflaith Burke / Emma Jane Burke |
| NEXT WEEKEND: |                     |                  |                                                                |                                                                                      |
| Toomore       | Sat 22nd Nov 6pm    | Helen Halligan   | Mary Doherty                                                   |                                                                                      |
| Foxford       | Sat 22nd Nov 7.30pm | Helen Clarke     | Seamus Coleman / Maureen Noone / Bernadette Reape              | Zoe Corcoran / Grainne McLoughlin / Sean Lally / Keith McDermott                     |
| Attymachugh   | Sun 23rd Nov 9am    | Marcus Jones     | Anne Prendergast                                               |                                                                                      |
| Foxford       | Sun 23rd Nov 11am   | Yvonne Ruane     | Teresa Ormsby / Bernie Flynn / Geraldine Brett / Helena Murphy | Aoife Flannery / James Sugrue / Abbie McMahon / Kasia Berkowska / Frank Berkowski    |

*If you are unable to read please phone Teresa at 087-273-968*

**Recent Deaths:** Please pray for: **John Moore**, Irishtown  
**Emmet O'Boyle**, Riverside & Ballina  
**Betty Dunne**, Knockmore, sister of Geraldine Kavanagh, Rooskey. **May they Rest in Peace**

### Offertory Collectors

November Vigil: Martin McDonagh / Seamus Coleman / Bernadette Reape  
Sunday: Ben Burke / Siobhan Moran / Jerome Coleman

Hospital Visits: If you wish the priest to visit relatives or friends in hospital or at home leave a message at the priest's house.

Family Deaths: To put a notice of family deaths or general notices in the newsletter please email [foxfordparishnewsletter@gmail.com](mailto:foxfordparishnewsletter@gmail.com)

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| <b>Offertory Collectors</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>December</b> | <b>Vigil:</b>  | <b>Bridie Howley / Sean Lavin / John Horgan</b>        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                 | <b>Sunday:</b> | <b>Brian Doherty / Willie O'Hara / Kieran Staunton</b> |
| <b>Baptism:</b> Welcome to the Christian community to <b>Rory Patrick Flynn</b> , son of Linda & Gerard, Lakeview, Station Rd., who was baptised in St. Michael's church on Saturday 8th November.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                |                                                        |
| <b>Parking on church grounds:</b> As you may have observed <b>two new parking lots</b> have been marked out for <b>wheelchair users</b> .<br><b>Also, please leave free access for cars (or an ambulance) around the church at all times.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                 |                |                                                        |
| <b>Twelve Masses will be celebrated during the month of November for your deceased.</b> Envelopes are available at church exits for lists of your deceased. <b>Our Annual Mass for those who died during the past year will take place in St. Michael's church on Friday 21st November at 7 pm</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                |                                                        |
| <b>Commemoration of the Faithful Departed:</b> Our annual November Mass will take place on <b>Friday 21st November at 7 p.m. in St. Michael's church:</b> During the Mass, all those who died from our parish/community, or were buried in our cemeteries, during the last year, will be, especially, remembered and a candle lit in their memory: <b>Bridie Healy, Caoimin Keeshan, John Loftus, Mary O'Malley, Nora Cosgrave, Roy Walsh, Maeve Joyce-Crehan, Michael Healy, Jimmie Sheerin, Anthony Coleman, Sr. Marie Molloy, Mary Boyle, Maureen Ruane, Mary Thornton, Marie Howley, Margaret Gilmartin, Teresa McElhatton, Paul Maguire, Mary Troy, France Devlin, Dolores Troy-O'Hara, Miceal Deasy, Sean Ruane, Seamus Gaffney, Michael Joe Ruddy, Joe Ginty, Nora Foy, Michael Cosgrave, Agnes McHale, Nancy Burke, John Moore.</b><br>We also remember the <b>parents of parishioners: Michael Boland, Evelyn Foley, Grace Kelly, Sean T. McLoughlin, Feena Roche, Pat McDermott, Pauline Cooney, John Higgins, James Butler, Charlotte Doherty, Padraig Hunter, Marian Murrin, Annette Campbell.</b><br>Other family members who have died elsewhere will also be remembered.<br>If there is anyone that we have omitted please let us know. |                 |                |                                                        |
| <b>Moy Davitts 50/50 draw :</b> Congratulations to <b>Anne Rafter</b> , who won a jackpot of <b>€405</b> in the Moy Davitts 50/50 draw last Sunday. A huge thank you to everyone who supported last week's draw, it is greatly appreciated.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                 |                |                                                        |
| <b>Foxford Meals on Wheels Service:</b> We can provide meals from Monday to Saturday at a cost of €7 per meal. To avail of this service please contact Geraldine on mobile 087 904 0463 or on her landline 094 925 6614.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                 |                |                                                        |
| <b>"Meeting Christ in and through St. Matthew's Gospel":</b> As part of a new diocesan initiative the <b>Parochial House, Swinford, will host a scripture group from 8-9pm on six consecutive Wednesdays beginning Wed. 5th November.</b> Meetings will embrace learning, conversation and prayer. Everyone welcome. For more information see <a href="http://www.achonrydiocese.org/matthew">www.achonrydiocese.org/matthew</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                |                                                        |
| <b>Fr Benny McHale</b> will provide a four-night introduction to the <b>Gospel for next year, St. Matthews Gospel.</b> No previous knowledge is needed – all you have to do is bring a copy of the Bible with you (if you do not have a copy, one will be provided). Takes place on Tuesday nights - Nov 25th and Dec 2nd, 9th and 16th in the Prayer Centre at Knock Shrine from 7:30pm – 9:30pm. Booking is recommended, as places are limited. Contact Nicola at <a href="mailto:faithrenewal@knockshrine.ie">faithrenewal@knockshrine.ie</a> or telephone 094 93 88100                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                 |                |                                                        |
| <b>Set Dancing Classes on Wednesday nights at 7pm in the Brown Memorial Hall.</b> New Beginners Welcome!                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                 |                |                                                        |
| <b>Line Dancing Classes for Beginners on Thursday nights at 8pm in the Brown Memorial Hall,</b> Modern and Country Line Dances. €10 per class. Enjoy a night of fun and exercise. All Welcome! Christopher Beirne (tutor) 086-8474744                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                 |                |                                                        |
| <b>Foxford Bridge Club:</b> Wednesdays at 7 pm in the Social Services. All are welcome.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                 |                |                                                        |
| <b>Pre Marriage Courses by Accord</b> in Sligo & Co. Galway: Oranmore & Ballinasloe, & Online. Check for availability, by county, on <a href="http://www.accord.ie">www.accord.ie</a> .<br><b>Sligo, Glass House Hotel:</b> 4 places Fri. 21st./ Sat. 22 Nov.; 12 places Fri. 5th./ Sat. 6 Dec.; 12 places Fri. 30th./ Sat. 31 Jan.<br><b>Oranmore, Maldron Hotel:</b> Places available on 3 weekends of Nov.<br><b>Online courses 3 eves:</b> Mon. 17th., Wed. 19th. & Thurs. 20 Nov. Also, Mon. 24th., Wed. 26th. & Thurs. 27 Nov.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                 |                |                                                        |
| <b>The Youth 2000 Connaught retreat</b> takes place on November 21-23 in Summerhill College, Sligo. Workshops, music, talks, testimonies & more. Donation only. Register online at <a href="http://Youth2000.ie">Youth2000.ie</a> , contact <a href="mailto:connaught@youth2000.ie">connaught@youth2000.ie</a> for more information.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                 |                |                                                        |
| <b>Grow Meetings:</b> A self-help group helping people suffering from stress, anxiety, depression, panic attacks, loneliness etc meet every Tuesday night at <b>7.30 pm in Ballina Community Centre.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                 |                |                                                        |
| <b>Knock Shrine- Prayer Guidance Training Course:</b> Interviews are now underway for the new training programme for prayer guides which begins in Knock Shrine in January 2026. For further information, dates and application form please email <a href="mailto:prayerguidancetraining@gmail.com">prayerguidancetraining@gmail.com</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                 |                |                                                        |
| <b>Coping with Grief and Loss:</b> There will be a four-week programme on 'Finding Hope after a Bereavement' held in the Newman Centre in Ballina on the Tuesday nights of November, 4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> , 25 <sup>th</sup> from 8-10pm. It will be presented by Monica Morley and places can be reserved by calling the Newman on 096-72066.<br><b>Bereavement Support Meeting in the Family Centre, Knock on Wednesdays at 11 am.</b> No appointment is needed and all are welcome. <b>Further information from Monica Morley on 094 9375320</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                 |                |                                                        |
| <b>Foster Care:</b> Have you ever thought about fostering? Change a child's life by becoming a <b>Tusla Foster Carer.</b><br>Talk to Tusla Fostering today by freephone <b>1800 226 771</b> or visit <a href="http://www.fostering.ie">www.fostering.ie</a> to learn more                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                 |                |                                                        |
| <b>SAVE THE DATE:</b> 10th Anniversary Community Christmas Concert with the Foxford Brass & Reed Band, joined by the CCE Admiral Brown and the St. Michael's Choir. Sunday, 30th November at 6:00 pm in St. Michael's Church, Foxford. Free admission, but donations are gratefully accepted.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                 |                |                                                        |
| <b>Home Sharers Required: Western Care Ass.</b> is looking for people to provide respite breaks for children and adults across Co. Mayo, in your own home. If interested or would like further information, please contact Ruth Kneafsey, Home Share co-ordinator on 094 9029148                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                |                                                        |
| <b>Handel's Messiah at Knock Basilica,</b> Saturday 22 November 2025. Featuring the RTÉ Concert Orchestra, Nicholas Chalmers – Conductor, Soprano Aoife Miskelly, Alto Anne Marie Gibbons, Tenor Andrew Gavin, Rory Musgrave, Baritone and vocal ensemble, Resurgam. Tickets available online <a href="https://knockmessiah2025.eventbrite.ie">https://knockmessiah2025.eventbrite.ie</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                 |                |                                                        |
| <b>Workability:</b> Since Workability was launched in July 2024, we have celebrated lots of achievements for employers and clients alike, for example: 4 clients got part-time jobs, 30 people trained in Disability Awareness, 1 client set up own business, 1 employer benefitting from Wage Subsidy Scheme, and all our clients have completed a variety of courses or training workshops, such as Fire Safety, Customer Service, First Aid and QQI L5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                 |                |                                                        |

Additional newsletter notices can be found on <https://foxfordparish.com/newsletter>

If you are a newcomer to the parish/community and would like a box of offertory envelopes please contact Fr Padraig on 087 242 2273

modules. Do you have a medical condition or difficulty, and are you looking for work, or wanting to improve your employment prospects? If you are an employer, find out more about how we can help your business! The Mayo North East Workability programme is based in Erris but we cover a large part of Mayo, including Foxford. Email [rosemariemangan@mayonortheastldc.com](mailto:rosemariemangan@mayonortheastldc.com) or call Siobhán 087 499 6605 for more info. Labhair linn i módh ruin. All confidential.

**ACRES West Connacht event:** 'Life on the River Moy Through the Ages' with Western People Columnist Pat McCarrick.

**November 25<sup>th</sup> 7pm in the Foxford Leisure Centre.** All are welcome to Pat's engaging evening of stories, history, and images from the River Moy's rich heritage. For Information 085 268 3630.

**December @ Fr Peyton Centre, Attymass,** Ballina Co. Mayo F26 X884. One Day retreat Saturday, December 6th

Advent -- Prepare the Way of the Lord -- Join us to explore the journey through Advent. Beginning at 11am and concluding at 4.30pm, the day includes: spiritual talks, reflection, quiet time, rosary and Mass. The cost is €25, which includes tea, coffee on arrival & light lunch. Booking is essential. For enquiries and booking contact Fina 096 45374 / 087 681 6821.

**Living Well is a free HSE programme** which helps people living with a long-term health condition to manage their symptoms and improve their overall wellbeing. Anyone with any chronic illness such as diabetes, arthritis, COPD, cardiac illness, anxiety, etc. can benefit from these workshops. A new programme will commence in Swinford on Thursday 11<sup>th</sup> of November 2025, 10 am – 12.30 pm, continuing weekly at that time for six weeks. The programme is free but it is essential to register in advance. To find out more, please contact Liam on 086 014 2675, email: [lgildea@southmayo.com](mailto:lgildea@southmayo.com); or Fiona on 087 7185615, email: [fcunnane@southmayo.com](mailto:fcunnane@southmayo.com)

**Enable Ireland Mayo Services** require Family support workers/PA in all areas of County Mayo to work with Children with a disability. Our staff usually work one-to-one with a child within their home but also within their community or at centres throughout Mayo. Hours required are usually afternoon/evenings and Saturdays. Training is also provided. If you are interested please email [shehir@enableireland.ie](mailto:shehir@enableireland.ie) for further information. This is a very rewarding role and our Staff are very positive about their experience.

Do you know a person or a community group who deserve to see their efforts recognised at Mayo County Council's civic awards? We are delighted to announce the **Cathaoirleach's Awards 2025** are now open for nominations!

The Cathaoirleach's Awards honour and celebrate the many groups that work quietly behind the scenes to make our communities stronger, more vibrant and caring, often inspiring and motivating others to become actively involved in their communities.

Unsung heroes are to be found in every town, village, street and road in County Mayo.

All winners will be presented with a specially commissioned trophy, hand crafted in Mayo, at the Cathaoirleach's Awards Presentation Evening in early 2026. Winners in each category will also receive a financial bursary to use for their community work.

Details of the Cathaoirleach Awards, including the Information Booklet and Nomination Form, are available at

<https://www.mayo.ie/cathaoirleachsawards2025>

**FACT Social Club:** We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Mondays to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at: [factsocialclub1@gmail.com](mailto:factsocialclub1@gmail.com) or telephone 094 925 6662.

**MyMind** provides mental health professional therapy with Free appointments for homeowners in Mayo affected by Defective Concrete Blocks: <https://www.mymind.org/free-counselling/>. New location in Mayo North East Office, Kevin St, Ballina since January 6th 2025, other location is Ballinrobe. Registration and appointment: [www.mymind.org](http://www.mymind.org) or call 0818 500 800.

**Balla Bingo – Every Sunday Night!** Join us online or in the hall for a great night of fun and prizes! Every Sunday. Eyes down at 8 PM

Get your bingo books online at <https://shorturl.at/4GBMM>

**The Adoration Chapel** at St. Muredach's Cathedral, Ballina is open: Mon - Fri 2 - 8 pm. Sat - Sun 2 - 7pm. All welcome.

*Come to me, all you who labour and are overburdened, and I will give you rest.*

**The Irish Catholic newspaper** is available each week. It costs €3, increasing to €3.50 in October

**Preparing for Marriage?** Weekend residential courses available. 21-23 November 2025, 6-8 March 2026 and 13-15 November 2026. Details: [www.grasta.org](http://www.grasta.org) or at [info@grasta.org](mailto:info@grasta.org)

**Married Couples course?** Weekend residential courses available. 22-23 November 2025, 7-8 March 2026 and 14-15 November 2026. Details: [www.grasta.org](http://www.grasta.org) or at [info@grasta.org](mailto:info@grasta.org)

**Would you like someone to talk to?** SeniorLine is Ireland's national telephone service for older people open every day of the year 10am-10pm, Freephone 1800 80 45 91. You may feel isolated, alone, bereaved or far from family. SeniorLine's older volunteers are trained to listen, to support and refer to other helpful services if necessary. So don't be alone, and lift the phone. Phone SeniorLine 1800 80 45 91, No problem too big or too small.

**Foxford Inclusion Project.** If you have recently moved to Foxford and noticed your country's flag is not included in our International flags flying at the Social Services Centre, please contact Marion on 087 9233 928 where we will be happy to have your flag included.

**Charity Donations: The Foxford Alzheimer's and Community Trust** has asked supporters not to leave donations outside the door of its Charity Shop in Foxford as it leaves the area untidy and hinders the walkway for residents. Instead, please note the drop off times of 11am to 5pm on Tuesday to Saturday. Items accepted include clothing for all ages, shoes in wearable condition, crockery, glassware, kitchen utensils, books, records, jewellery and handbags. The Trust is sincerely grateful to everyone who donates their items to support Foxford Alzheimer's and Community Trust Support Services.

**Mayo's Creamery Years Project** - The project is preserving the voices and memories of people who remember life around Mayo's creameries. Supported by the Heritage Council, and led by Mayo County Council, it welcomes contributions from anyone with memories to share. To get involved, contact Mac Conmara Heritage Consulting at 086 274 7230 or [tara.macconmaraheritage@gmail.com](mailto:tara.macconmaraheritage@gmail.com).

**St Joseph's Secondary School** Lotto €2.50 per line (€5 for 3). Lines can be purchased online at <https://www.ourfundraiser.ie/org/stjosephsfoxford/> All support gratefully accepted. Contact 094 9256145 for more details.

**Fr. Peyton Centre Opening Hours:** Opening Hours: Monday to Friday 9.30am to 5.30pm. Tel: 096-45374.

**Hospital Visits:** If you wish the priest to visit relatives or friends in hospital or at home leave a message at the priest's house.

**Family Deaths:** To put a notice of family deaths or general notices in the newsletter please email [foxfordparishnewsletter@gmail.com](mailto:foxfordparishnewsletter@gmail.com)

**Oral Recordings of times past:** To compile a list of Mayo related voice recordings of folklore, oral history, tradition etc, the Heritage Office of Mayo County Council wants to hear from anyone with information on collections or recordings. To contribute or find out more, please contact Mac Conmara Heritage Consulting, at [macconmaraheritage@gmail.com](mailto:macconmaraheritage@gmail.com) or **086 778 4669**.

**Family Carers Ireland:** Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of **Family Carers Ireland**, the national charity supporting Ireland's 500,000+ family carers nationwide. **Contact 057 9370221** and hear how we can support you or for more info visit [www.familycarers.ie](http://www.familycarers.ie)

**Atlantic Care** is urgently recruiting compassionate Caregivers in the Foxford area to provide quality support, companionship, and assistance for seniors, ensuring comfort within their own homes. Competitive rates of pay, flexible hours and support network. If you are interested contact Nollag 0949014028. [www.atlanticcare.ie](http://www.atlanticcare.ie)

**Westcare Homecare** are currently recruiting staff in your local area and would love to hear from interested applicants. To apply or find out more, please **contact [recruitment@westcarehomecare.ie](mailto:recruitment@westcarehomecare.ie)** or call **071 9300034**.

**Experienced a cardiac event? 'It's Cardiac Rehab!'** A podcast series for you developed by the **Irish Association of Cardiac Rehabilitation and Irish Heart Foundation** to support your recovery. It's all about getting you better than before.  
<https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/>

**SUPPORT HELPLINES**

St. Vincent de Paul: 083 8887777 [www.svp.ie](http://www.svp.ie)

Samaritans: 116 123 [www.samaritans.ie](http://www.samaritans.ie)

Womens Aid: 1800 341 900 [www.womensaid.ie](http://www.womensaid.ie)

Pieta House: 1800 247 247 [www.pieta.ie](http://www.pieta.ie)

Childline: 1800 66 66 66 [www.childline.ie](http://www.childline.ie)

SeniorLine: 1800 80 45 91 [www.thirdageireland.ie](http://www.thirdageireland.ie)