Foxford Parish





Chapel Road, Foxford, Co Mayo

 ${
m f 2}$ Very Rev Padraig Costello P.P. 087 242 2273

Parish Office 094 9257843/ 9256131

 $\hbox{ ?ll Parish Email: } \underline{stmichaelsfoxford@gmail.com}$

Newsletter Items: foxfordparishnewsletter@gmail.com

Parish Website: www.foxfordparish.com
Diocesan Website: www.achonrydiocese.org

Sunday 1st September 2025 - Twenty Second Sunday in Ordinary Time

| Sat 30th Aug 6pm | Toomore | NO MASS | | |
|---------------------|-------------|---|--|--|
| Sat 30th Aug 7.30pm | Foxford | 1. Dan, Willie & Sabina McDermott & deceased family members R.I.P. | | |
| | | 2. Jimmie Sheerin, Attymachugh & New York, James & Kate Sheerin, Muckroe & deceased family, | | |
| | | John, Breege, Kathleen, Maureen & Una R.I.P. | | |
| | | 3. Padraic (Anniv) & Martin (Anniv) Ruddy & Patricia Loftus R.I.P. | | |
| Sun 31st Aug 9am | Attymachugh | NO MASS | | |
| Sun 31st Aug 11am | Foxford | 1. Patrick & Nora Ruane & Patrick & Mary Ellen Hughes R.I.P. | | |
| | | 2. Pat (Anniv) & Bridget McNulty & deceased of the O`Donnell & Quinn families R.I.P. | | |
| Mon 1st Sept 10am | Foxford | NO MASS | | |
| Tues 2nd Sept 10am | Foxford | NO MASS | | |
| Wed 3rd Sept 8am | Convent | NO MASS | | |
| Wed 3rd Sept 7pm | Foxford | NO MASS | | |
| Thurs 4th Sept 10am | Foxford | NO MASS | | |
| Fri 5th Sept 10am | Foxford | | | |
| Sat 6th Sept 6pm | Toomore | Maura (6th Anniv) & Michael John (9th Anniv) Gallagher, R.I.P. | | |
| Sat 6th Sept 7.30pm | Foxford | 1. Bridget & Mary Ann McNulty, Ballina Rd. R.I.P. | | |
| | | 2. Kathleen Maloney (3rd Anniv) & her husband Jim, Ballina Rd. R.I.P. | | |
| | | 3. Larry Loftus, Aikenhead R.I.P. | | |
| Sun 7th Sept 9am | Attymachugh | | | |
| Sun 7th Sept 11am | Foxford | 1. Patrick & Nora Ruane, their sons & daughters, & deceased of the Lavelle & Ruane families, R.I.P. | | |
| | | 2. Michael Kneafsey (1st Anniv), Rinnaney R.I.P. | | |
| | | 3. Fr. Heribert Wolf (8th Anniv) R.I.P. | | |
| | | 4. Seamus (Anniv) & Lil Ginty & Tom & Teresa Dempsey R.I.P. | | |

| THIS WEEKEND: | | <u>READERS</u> | MINISTERS OF THE EUCHARIST | <u>ALTAR SERVERS</u> |
|---------------|---------------------|------------------|---|---|
| Toomore | NO MASS | | | |
| Foxford | Sat 30th Aug 7.30pm | Martin McDonagh | Seamus Coleman / Maureen Noone / Bernadette Reape | Zoe Corcoran / Grainne McLoughlin |
| Attymachugh | NO MASS | | | |
| Foxford | Sun 31st Aug 11am | Willie O'Hara | Teresa Ormsby / Bernie Flynn / Geraldine Brett/ Helena Murphy | Kasia Berlowska / Frank Berklowski / Aoife Flannery/James Sugrue/Abbie McMahon |
| NEXT WEEKEND | <u>):</u> | ••• | | |
| Toomore | Sat 6th Sept 6pm | Helen Halligan | | |
| Foxford | Sat 6th Sept 7.30pm | Angela Neary | John Horgan/Bridie Howley/Anna Marie Walsh | Ruairi Reynolds / Oscar McHugh |
| Attymachugh | Sun 7th Sept 9am | Anne Prendergast | | |
| Foxford | Sun 7th Sept 11am | Laura Giblin | Stephen Giblin / Paula Ruane / Willie O'Hara / Maureen Lavin / Martha Guiry | Aoife Flannery/ Esme Boland/ Nancy McCready |

If you are unable to read please phone Teresa at 087 - 273 9690

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|---|--------|---------|---|--|--|--|--|
| Offertory Collectors | August | Vigil: | Martin McDonagh / Seamus Coleman / Bernadette Reape | | | | |
| | | Sunday: | Ben Burke / Siobhan Moran/ Jerome Coleman | | | | |
| September | | Vigil: | Bridie Howley / Sean Lavin / John Horgan | | | | |
| | | Sunday: | Brian Doherty / Willie O`Hara / Kieran Staunton | | | | |
| Please Note: On the weekend of the 30th/31st August there will be Masses in St Michael's church only. | | | | | | | |
| No Mass that weekend in Toomore or Attymachugh. Sorry for any inconvenience. | | | | | | | |
| Cemetery Masses: Collections: Craggagh: €2,027; Toomore €813.55; St. Martin's, Glanduff €435 Many thanks. | | | | | | | |

St. Vincent de Paul Helpline: 083 8887777

Poor Clares Galway, Monastic Experience Day for women 18-35. An opportunity to explore and experience Poor Clare life and spirituality. The event will take place from 10am to 5pm on Saturday the 6th of September. Contact: events@poorclares.ie to register

For more information: poorclares.ie/monastic-experience-days

Foxford Inclusion Project. If you have recently moved to Foxford and noticed your country's flag is not included in our International flags flying at the Social Services Centre, please contact **Marion on 087 9233 928** where we will be happy to have your flag included.

The September Mini Vigil takes place at Knock Shrine on Friday evening, September 5th. Confessions are available from 8pm to 9pm. The vigil takes place in Knock Parish Church from 9pm to Midnight. All are welcome.

Foxford Meals on Wheels Service: We can provide meals from Monday to Saturday at a cost of €7 per meal. To avail of this service please contact Geraldine on mobile 087 904 0463 or on her landline 094 925 6614. Drivers needed, please contact the same number. Thank you.

Coffee Connect morning, to welcome the public to Mayo Hospice on September 8th between 10am - 12 noon in the restaurant area.

Attendees will get an opportunity to meet the team and learn about our different roles and work we do at Mayo Hospice, over tea or coffee.

Grow Meetings: A self-help group helping people suffering from stress, anxiety, depression, panic attacks, loneliness etc meet every Tuesday night at **7.30 pm** in **Ballina Community Centre**.

Moy Davitts 50/50 draw: Congratulations to Caroline Reilly McGlynn, who won a jackpot of €600 in the Moy Davitts 50/50 draw last Sunday. A huge thank you to everyone who supported last week's draw, it is greatly appreciated.

St Joseph's Secondary School Lotto €2.50 per line (€5 for 3). Lines can be purchased online at https://www.ourfundraiser.ie/org/stjosephsfoxford/ All support gratefully accepted. Contact 094 9256145 for more details.

Set Dancing Classes on Wednesday nights at 7pm in the Brown Memorial Hall. New Beginners Welcome!

ATU St. Angela's inviting applications for Autumn 2025 Programme: Part-time Certificate in Religious Education for Primary School with Online Delivery. Closing Date Friday 15 August 2025. For information contact Mary Kearns mary.kearns@atu.ie.

Lough Derg: One Day Retreats – *Guided Days of Prayer and Reflection* - places available on September 3rd, 6th, 7th, 9th, 13th, 20th, 21st**National Sacred Heart Crusade** – a Sacred Heart Statue blessed by Pope Francis will be present for the Day Retreats on 25th August. **Canonisation of Blessed Carlo Acutis on Sun 7th September** – special devotions and blessing with Carlo Acutis Relic. Admission €50. Group discounts available. Advance Booking Essential.

Mayo Karate Academy September Enrollment Now Open! At Mayo Karate Academy, our Internationally Qualified Instructors create a safe, fun environment where your child increases confidence and learns discipline through Karate. September Classes Begin:Claremorris GAA Hall (Monday 8th Sept 7pm)Foxford Leisure Centre (Tuesday 9th Sept 6pm) The Sheridan Memorial Community Centre, Bohola (Wednesday 10th Sept 6pm) All new students can avail of a 2 week FREE TRIAL with Mayo Karate Academy. To reserve your place:

Contact 087 463 6841 or Email mayokarateacademy@gmail.com

Oral Recordings of times past: To compile a list of Mayo related voice recordings of folklore, oral history, tradition etc, the Heritage Office of Mayo County Council wants to hear from anyone with information on collections or recordings. To contribute or find out more, please contact Mac Conmara Heritage Consulting, at macconmaraheritage@gmail.com or 086 778 4669.

Mahony Montessori School, Slieve Na Gréine, Swinford road, Foxford. Morning and afternoon classes, 2 1/2. - 5. Years old, Free pre school year available. Contact Rachel on 0879125372.

Bereavement Support Meeting: Life after a bereavement can feel very lonely. Sometimes spending time with others who know the experience can be helpful. Trained facilitators conduct a weekly Bereavement Support Meeting at the Family Centre, Knock Shrine, each Wednesday at 11am. There is also a special meeting for bereaved partners/ spouses on the First Thursday of each month at 11am. No appointment needed. Further information from Monica Morley on 094 9375320

Age Friendly Mayo. Our Older Peoples AGM and Information Day is being held on Monday 15th September 2025 in the TF Royal Hotel, Castlebar with registration starting at 9:30am and concluding at 2pm. I would appreciate it if you would advertise this free event in your parish newsletter and I have attached a flyer for your information.

Anam Cara will be holding a bereavement support evening for bereaved parents on Tuesday 9th September 2025 at 7pm in the Inishowen Gateway Hotel, Buncrana, Co. Donegal.

Bridge lessons by a CBAI-certified teacher in Foxford starting in September. If interested please email mayocdo@gmail.com or text John at 087 2422945. A minimum of 8 students is required. The lessons will not proceed with fewer.

Moy Singers celebrating 40 years in 2026! Dates for the diary-Rehearsals begin Wednesday 3rd Sept, 7:15 pm in Ballina. Christmas concert on Friday 28th November 2025 and our 40th Anniversary concert on 13th June 2026. New members welcome. Please contact us by email - ysingers@gmail.com See us on Facebook and Instagram. Look forward to celebrating with you throughout the year!

Dioceses of Achonry and Elphin Pilgrimage to Lourdes: The first joint Diocese of Achonry and Diocese of Elphin Pilgrimage to Lourdes will take place from Friday, 29th August 2025 to 3rd September 2025. The pilgrimage will be under the leadership of Bishop Kevin Doran. Thirteen priests from both our dioceses will be participating and assisting with the various ceremonies, services and Masses throughout the pilgrimage. Many people from across both Dioceses will be participating in the pilgrimage too along with 35 Assisted Pilgrims who will be cared for in Lourdes by the Pilgrimage Care Team who consist of Brancardiers, Handmaids, Nurses and Doctors. The Pilgrimage will also have 29 members in its youth section, ranging in age from 17 to 20 along with their Leaders. The youth members support the work of the Pilgrimage Care Team throughout the pilgrimage and participate in all the ceremonies, provide entertainment, and have their own youth centred activities also. We are deeply grateful to all who work voluntarily on the Pilgrimage and give a lot of their time and commitment in the months of preparation and build up to the Pilgrimage, to ensure that it runs smoothly and is an uplifting spiritual experience for all. The Pastoral Theme in Lourdes this year is "With Mary.... Pilgrims of Hope." We wish to assure you that we will carry with us the intentions of those who cannot join us. To all who have asked for our prayers—we assure you that you and your loved ones will be remembered in our Masses, devotions, and quiet moments at the Grotto. For those who are ill at this time you will be included in our prayers too and in the lighting of our Pilgrimage Candle — with each flame a symbol of hope, healing and love.

For more information on Lourdes and to join us during some of the ceremonies - https://www.lourdes-france.org/en/. "May the peace of Lourdes reach your home, and may you feel the warmth of our prayers surrounding you."

Cloonacool Sheep Festival takes place September 18 to 21 next. Each day and night with have special events and fun for all the family. Hightlights include, Kieran Quinn, Music Bingo and Saturday's annual festival dance with Gavin Cribbib. Keep an eye on local media for further information. Always a great event where everyone is welcome.

Calling all community groups in Mayo! Have you an event this Autumn that you'd like to promote? Email a jpg along with a short description of the event to mayoppn@mayococ.ie and the Mayo PPN will include it in our Autumn 2025 newsletter.

Charity Donations: The Foxford Alzheimer's and Community Trust has asked supporters not to leave donations outside the door of its Charity Shop in Foxford as it leaves the area untidy and hinders the walkway for residents. Instead, please note the drop off times of 11am to 5pm on Tuesday to Saturday. Items accepted include clothing for all ages, shoes in wearable condition, crockery, glassware, kitchen utensils, books, records, jewellery and handbags. The Trust is sincerely grateful to everyone who donates their items to support Foxford Alzheimer's and Community Trust Support Services.

COMING TO CROSSMOLINA ... Mixie's Bog, a short documentary featuring Mixie as he cuts turf in the traditional way in North Mayo – a practice he has kept up for over 60 years. North Mayo Heritage Centre, Crossmolina (F26 FR94) are delighted to be screening this on #culturenight2025, 19th September 2025 at 8pm. The viewing will be followed by a Question and Answer session with the documentary makers. Wheelchair friendly. Free Parking. Book online www.northmayoheritagecentre.ie (under Events) or phone 096 31809.

Family Carers Ireland: Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact 057 9370221 and hear how we can support you or for more info visit www.familycarers.ie

Atlantic Care are urgently recruiting compassionate Caregivers in the Foxford area to provide quality support, companionship, and assistance for seniors, ensuring comfort within their own homes. Competitive rates of pay, flexible hours and support network. If you are interested contact Nollag 0949014028. www.atlanticcare.ie

The Mayo branch of Alzheimer Society of Ireland will be holding a Memory Walk on Sunday, 21st September, 2025 around Lough Lannagh - suitable for all levels. Meeting point is at 12 noon at Lough Lannagh Leisure Complex, Castlebar, Co. Mayo, F23 A257. Register for the Memory Walk on www.alzheimer.ie

Mayo Recovery College begin their Autumn Winter 2025 suite of mental health & wellbeing modules on the following dates throughout *September* in the Atlantic Technological University in Castlebar (online option also). Everyone is welcome. Tuesday mornings 16th & 23rd at 10am 'Recovery, Let's talk'. Thursday evenings 18th & 25th 'All about Stress' at 5pm. Call/Text Karen McHale 0860294901 or email karen@mentalhealthireland.ie to register. *New participants are warmly invited to begin at any time throughout the semester.*"

The Irish Catholic newspaper is available each week. It costs €3, increasing to €3.50 in October.

MyMind provides mental health professional therapy with Free appointments for homeowners in Mayo affected by Defective Concrete Blocks: https://www.mymind.org/free-counselling/. New location in Mayo North East Office, Kevin St, Ballina since January 6th 2025, other location is Ballinrobe. Registration and appointment: www.mymind.org or call 0818 500 800.

Men's Jubilee Camino: Men's hike - Sat Sept 13th 20kms, on greenway, from Dominican Abbey (ruin) in Carlingford to Newry (St Catherine's) via Newry Cathedral (Jubilee Indulgence). Mass, Adoration, Rosary, Confessions & Fraternity. Registration & details on www.dominicans.ie/events/. €70 (Lunch, dinner & bus), over 18's male event. Enquiries to op.evangelisation@gmail.com.

North Mayo CE have a vacancy for an Administrator for their Community Employment scheme based in Knockmore Resource Centre. Usual CE criteria applies. Please register with your local Intreo office or contact **Marie Claire on 087 990 5717 for details.**

St Patrick's Pontifical University, Maynooth has a range of postgraduate programmes for those interested in Theology, Philosophy, Youth Ministry and more. Visit their website for more details at www.sppu.ie/courses.

Would you like someone to talk to? SeniorLine is Ireland's national telephone service for older people open every day of the year 10am-10pm, Freephone 1800 80 45 91. You may feel isolated, alone, bereaved or far from family. SeniorLine's older volunteers are trained to listen, to support and refer to other helpful services if necessary. So don't be alone, and lift the phone. Phone SeniorLine 1800 80 45 91, No problem too big or too small.

Fr. Peyton Centre Opening Hours: Opening Hours: Monday to Friday 9.30am to 5.30pm. Tel: 096-45374.

RHS Home Care are recruiting for care staff to provide Home Care in clients house in your area If you are interested or require more details, please email jobs@rhshomecare.ie or phone our Head office on 090 6625988

Need to advertise your community event for FREE ? Send a jpeg poster and a short piece of text to mayoppn@mayococo.ie Mayo PPN will share it with our 1,200 plus Community Groups. www.mayoppn.ie

FACT Social Club: We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Mondays to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at: factsocialclub1@gmail.com or telephone 094 925 6662.

Westcare Homecare are currently recruiting staff in your local area and would love to hear from interested applicants.

To apply or find out more, please contact recruitment@westcarehomecare.ie or call 071 9300034.

Defective Concrete Block (DCB) Support Group: Homeowner led initiative, wishes to create emotional support for Widowed / Divorced / Separated / Single property owners in Mayo affected by Pyrite / DCB, navigating this process alone. This will be an independent and confidential support group. All expressions of interest welcome, please contact Anne on: 089 2666389.

Mindspace Outreach Service in Ballina: Mindspace Mayo offers a support service to young people (12-25yrs) in Co. Mayo, presenting with anything from common concerns (e.g. dealing with break-up, exam stress, bullying) to emerging mental health difficulties like mild depression and anxiety. are located in Castlebar and an outreach service runs three days a week (Monday-Wednesday) in Ballina Family Resource Centre and anyone can make a referral. Visit www.mindspacemayo.ie or call 094 9067001.

Need support with Bookkeeping, Payroll or Admin? Contact Assist You - 086 352 6348

Do you have a community event or activity coming up? Avail of FREE advertising with Mayo PPN. It's simple – email mayoppn@mayococo.ie and include a Jpeg poster. Mayo PPN will be delighted to promote your 1000 plus community groups.

St. Vincent de Paul Helpline: 083 8887777

Experienced a cardiac event? 'It's Cardiac Rehab!' A podcast series for you developed by the Irish Association of Cardiac Rehabilitation and Irish Heart Foundation to support your recovery. It's all about getting you better than before.

https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/

SUPPORT HELPLINES

St. Vincent de Paul: 083 8887777 www.svp.ie Samaritans: 116 123 www.samaritans.ie Womens Aid: 1800 341 900 www.womensaid.ie

Pieta House: 1800 247 247 www.pieta.ie Childline: 1800 66 66 66 www.childline.ie SeniorLine: 1800 80 45 91 www.thirdageireland.ie