

A close-up portrait of a woman with dark hair pulled back, smiling warmly at the camera. Her hands are gently framing her face, with her fingers resting on her cheeks. The background is a soft, out-of-focus brown. In the top right corner, the Weleda logo is displayed in white, followed by the text 'Since 1921' and a small circular emblem containing a stylized 'W' and 'A'.

WELEDA

Since 1921

Restoring
rhythm
with **rhythm**

Weleda Holistic Facial Treatment

The Weleda Signature Facial Treatment is a holistic wellbeing treatment, and is the ultimate self-care ritual that meets, carries and strengthens your skin whatever phase it is in.

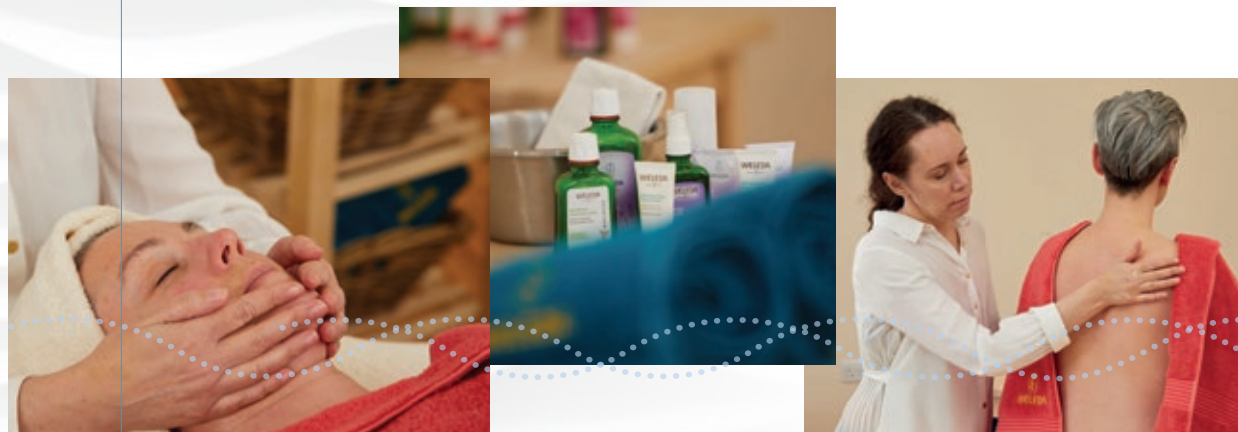
Weleda Holistic Facial Treatment

Weleda recognises that we are all individual and when we are out of balance our skin expresses life's challenges and changes in various ways. It can become dry and lifeless; red and sensitive; spotty and over-active or even depleted and looking older than one's years.

Using Weleda's 100% natural and organic products together with mindful and rhythmical movements, the aim is to restore rhythm and vitality to your skin, while taking you into a quiet space of inner calm and deep relaxation.

During your facial journey, your Weleda Esthetician will also acknowledge your back and feet while you are warmly cocooned, comforted and soothed.

The Rhythmic Activation Massage is at the heart of the facial treatment. Unique to Weleda's Signature Facial, this method helps activate your skin's processes and regenerative forces. It is these forces that when vital and flowing, help the skin restore its balance, strengthen and radiate health and beauty.



Our signature treatment offers the following variations:

Purifying & Rebalancing

This deeply cleansing holistic facial treatment not only gives you the space to let go; the warm compresses, internal skin cleansing support with the Rhythmic Activation Massage and the rebalancing Aknedoron preparations, helps the skin to let go of impurities and congestion, while also recognising that moisture is essential for a healthy skin barrier. Both you and your skin, can begin to breathe again.

Skin Resilience & signs of ageing

Sometimes environmental stressors and lifestyle demands can take its toll on your skin. The skin may appear dull, lifeless and may even begin to show early signs of ageing. Immersing the skin in Weleda's wild rose facial collection, together with the life of touch and additional boost of the wild rose ampoule, improves skin elasticity, brings strength, and promotes radiance.

Revitalising & Hydrating

Together with Weleda's unique rhythmical application movements and 100% natural preparations, the skin instantly benefits from both a deep cleanse and a welcome hydration boost. Extract of prickly pear cactus, nature's answer to hyaluronic acid, has been scientifically proven to bind moisture in the skin for up to 24 hours. Dull, lifeless skin soon feels plump, is revitalised and glowing.

Nourishing & Firming

When the natural ageing processes begin to take hold and cellular activity begins to slow down, the skin requires nourishing care as well as cellular activation. The expertise of the Esthetician's rhythmical application movements and massage together with the antioxidant boost of Weleda's facial firming and nourishing care, delivers a regenerating boost and energising impulse to the skin.

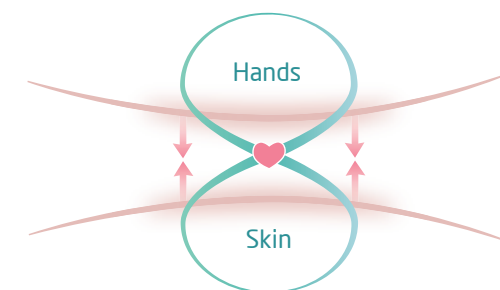
Soothing & Strengthening

Our skin is naturally sensitive, adapting and adjusting throughout the day in order to protect us from external influences. Sometimes, however the skin's barrier is not as strong and self-regulating as it needs to be, the result can lead to over-reactive, sensitive skin. The Esthetician's skilled rhythmical quality of touch together with the soothing quality of the almond facial range, calms redness, evens the skin's complexion and helps restore the skin's own natural barrier function.

Duration 1hr 30

During your footbath and consultation, you and your expert Weleda Esthetician* will discuss and consider which variation is most suited for you.

*An Accredited Weleda Esthetician is professionally qualified through Weleda UK, and is highly skilled in treating the skin using holistic and anthroposophic practice.



The harmonious relationship
between hands and skin, therapist and client,
product and skin, aromas and feelings



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WELEDA

Since  1921



Weleda contributes to
a world in which people
and biodiversity thrive.
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Weleda and Weleda Baby



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