#### HOW TO FILE A COMPLAI NT OF DISCRIMINATION

For more information contact the Labor and Industry Committee of NAACP unit in your community.

Prepared by the Labor Department of the NAACP

#### WHAT TO TELL US

Answer all questions and be as specific as possible. These directions are numbered to match the questions on the form.

**Question 1:** Be sure to give your full name and address. If you do not have a phone, give a phone number where you can be reached.

**Question 2:** Please check the box that indicates the type of discrimination you face. If other, please state what other.

**Question 3:** Check the box **that describes the** cause of discrimination. If other, please state what other.

**Question 4:** If you believe that other parties (for example, a labor union or any employment agency, in addition to an employer) were involved in the act of discrimination, list them on the last line of section 3.

**Question 5, 6 & 7:** If you have consulted an attorney or filed this complaint with a state or local human relations commission, Federal government, union, or agency, check "yes" and give the name.

**Question 8:** Have you retained an attorney, if so, provide contact information?

**Question 9:** Give the day, month, and year of most recent date the discrimination took place. In some instances, the discrimination may be continuing; for example, seniority lines are segregated.

**Question 10:** Tell us as much as you can. For example: Were you fired? Did you fail to get to a promotion? Did the company refuse to hire you? Did the union or employment agency refuse to refer you to a job? Who discriminated against you? Why do you believe it was because of your race, color, religion, national origin, sex, age, or other?

**Question 11:** Sign your name, and mail or take to the Tacoma Branch NAACP.

### INSTRUCTIONS TO NAACP UNITS

NAACP units should refer complainants alleging employment discrimination to an appropriate agency for official investigation, i.e., EEOC, State, or Local Human Rights Commission, Labor and Industry Committees of local NAACP units are further encouraged to forward the information on this form to an appropriate agency and to monitor the agency's work on all cases referred by the NAACP. To the extent resources allow, NAACP units may provide other supportive assistance to the complainant.

In virtually all instances of employment discrimination, complainants will lose their right to any form of legal remedy if they do not file a complaint with the EEOC within 180 days of the event of the alleged discrimination. If your state has a human or civil rights commission, then this time period is expanded to 300 days. If there is any doubt, file within 180 days just to be sure.

## TACOMA BRANCH NAACP COMPLAINT OF DISCRIMINATION

based on race, color, religion, national origin, sex, age, handicapped status

Completing this form does not constitute filing an official complaint with a legal authority. At this time, the NAACP is only seeking information to assist you concerning this complaint. We cannot process your application for assistance unless all questions on this form are completed along with a summary of the alleged discrimination or other Civil Rights violations that occurred.

First Name:	Last Name:			
Address:		Apt. #/Suite #:		
City:	State:	Zip C	ode:	
Phone Number:	Ema	Email Address:		
Question 2: Please check the type of Police Misconduct  Public Accommodations  Public Transportation  Community Relations	of discrimination y	ons	heck those that apply) Employment Banking & Finance Government Agency Other:	
Question 3: Was the discrimination  Race or Color Religion Other:	☐ National Origi	in Sex		
Question 4: Who discriminated aga employment agency, apprenticeship	inst you? Give na committee, licens	me and address of sing agency, etc. (	List all)	
Address:			:	
City:		_	ode:	
And (Other parties if any):				

# TACOMA BRANCH NAACP COMPLAINT OF DISCRIMINATION

<b>Question 5:</b> Have you filed a complaint with any governmental agency(ies)?  Yes  No If yes, which one(s)?
<b>Question 6:</b> If this complaint is related to employment, have you contacted your HR/Personnel office to file a complaint? $\square$ Yes $\square$ No
If yes, have you followed company policy pertaining to filing a grievance? $\square$ Yes $\square$ No
Question 7: Have you filed a grievance with your union? ☐ Yes ☐ No Name of Local and Representative:
Question 8: Have you retained an attorney regarding this case?  Yes No  Name of Attorney:
Address: Apt. #/Suite #:
City:         State:         Zip Code:
Phone Number: Email Address:
Question 9: The actual date or the most recent date on which this discrimination occurred.
Select Date: Select date  Time of Day:
<b>Question 10:</b> Explain what unfair thing was done to you. (Attach another piece of paper if you need more space. Please sign and date all pages accompanying this form.)
Question 11: I affirm that I have read the above charge and that it is true to the best of my knowledge, information, and belief.  Signature
Signature Date

DO NOT SEND ORIGINAL DOCUMENTS OF ANY TYPE. WE WILL ONLY ACCEPT COPIES.

### TACOMA BRANCH NAACP RELEASE AND DISCLAIMER

I,	, reside at_	By
placing	my initials to the left of each numbered item below, I affirm that I unders	stand it and agree with it.
	1. I have submitted to the Tacoma Branch NAACP a Complaint of Discr directed against ("Respondent").	imination
governm administ court of	2. I understand that the NAACP is a private, nonprofit, volunteer organization agency. Filing a complaint with the NAACP is not the same as filing trative agency or filing a suit in a complaint with an administrative agency law. Whatever rights I have to file a complaint with an administrative agence are completely unaffected by whether or not I have filed this complaint w	g a complaint with an ey or filing a lawsuit in a ency or to file a civil
my com	3. The deadline by which I must file my complaint or lawsuit with plaint or lawsuit with right to a recovery from any harm from the Respondent.	_is If I do not file _by that time, I may
complain settleme	4. I have authorized the NAACP to investigate my complaint; (2) to atternt with Respondent in order to explore the possibility of settlement; and (ent, to provide me at least three referrals of lawyers who may consider reparagainst Respondent.	(3) if there is no
	5. I understand that the NAACP in no way guarantees the competency, p wyers whose names they provided.	rofessionalism, or fitness
support will hold	6. I will provide the NAACP copies (NOT ORIGINALS) of whatever do the complaint. If requested in writing that some of the material be held in d it in confidence; otherwise the NAACP may share it with the Responde crimination agencies.	confidence, the NAACP
complain progress mediation	7. If the NAACP mediates my complaint with Respondent, I will refrain nt with a state or federal anti-discrimination agency, or filing a lawsuit ws. However, I am free at any time, after notifying the NAACP of my interior and file my complaint with a state or federal anti-discrimination agence on is nonbinding, I am not required to accept a settlement with Respondent	thile the mediation is in nations, to terminate the by or file a lawsuit. If the
·	8. NAACP will receive no funds from any mediation or settlement. Person and negotiation are not lawyers and are not providing legal services.	ons conducting
	9. I agree that if I accept a settlement with Respondent, I will be required against a Respondent, and I will honor the terms of such a Release and Cl	-
attorney	10. I understand that if the NAACP refers me to a private attorney, I am a and the attorney is not required to offer legal representation to me. I undutation that might be offered to me need not be without charge, but may b	erstand that such

## TACOMA BRANCH NAACP RELEASE AND DISCLAIMER

C	it the attorney does not also represent the NAACP, nor is employed by	or paid
for by the NAACP.		
	hat the NAACP is not a law firm and cannot provide me with legal advough some of its members and volunteers are lawyers, they represent thousally.	
actions and actions, cause bonds, bills, specialties, c damages, judgments, exe may have in the future, o	and causes of action, suits, debts, dues, sums of money, accounts, reck ovenants, contracts, controversies, agreement, promises, variances, tres cutions, claims, and demands whosoever, in law, in equity, which I eve which any of my personal representatives, successors, heirs or assigns gainst the NAACP, upon or by reason of the NAACP's handling of my ion.	konings, spasses, er had, s hereafte
Dated	Agreed	