

# Health Screening Form



Date \_\_\_\_\_ Screening Site \_\_\_\_\_ What is your village? \_\_\_\_\_

## General Information

Age \_\_\_\_\_ Sex:  Male  Female Ethnicity \_\_\_\_\_ Height \_\_\_\_\_  
Weight \_\_\_\_\_

Do you have insurance?  Yes  No If so, what type? \_\_\_\_\_

Does your insurance cover your medicines?  Yes  No Primary Doctor \_\_\_\_\_

## Questions

1. Have you ever been diagnosed with prediabetes?  Yes  No  Not sure

2. Have you ever been diagnosed with diabetes?  Yes  No  Not sure

3. Are you taking diabetes medicine?  Yes  No  Not sure

4. If female, have you been diagnosed with diabetes during pregnancy?  Yes  No  Not sure

5. Do you have a mother, father, brother, or sister diagnosed with diabetes?  Yes  No  Not sure

6. Have you ever been diagnosed with high blood pressure?  Yes  No  Not sure

7. Are you taking blood pressure medicine?  Yes  No  Not sure

8. Do you use tobacco?  Yes  No

If yes, check all that apply:  Smoke  Vape  Chew

9. Do you regularly exercise? (30+ minutes a day, most days of the week)  Yes  No

10. Do these statements apply to your household:

"Within the past 12 months, we worried our food would run out before we had money to buy more."  Yes  No

"Within the past 12 months, the food we bought didn't last and we didn't have money to buy more."  Yes  No

I get my information about diabetes and other health topics from (check all that apply):

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Doctor           | <input type="checkbox"/> Health Screening  | <input type="checkbox"/> Newspaper             | <input type="checkbox"/> Church        |
| <input type="checkbox"/> Pharmacist       | <input type="checkbox"/> Dietician         | <input type="checkbox"/> TV/Radio              | <input type="checkbox"/> School        |
| <input type="checkbox"/> Registered Nurse | <input type="checkbox"/> Diabetes Educator | <input type="checkbox"/> Social Media/Internet | <input type="checkbox"/> Family Member |
| <input type="checkbox"/> Other _____      |  |  |  |

## Screening Results

Random Blood Sugar \_\_\_\_\_ Blood Pressure \_\_\_\_\_

How long ago did you last eat? \_\_\_\_\_ hours Cholesterol \_\_\_\_\_