On the following pages you will see *two options* for writing about your project goals and reflecting on them throughout this 4-H year.

CHOOSE ONLY ONE FORMAT.

Why are there two choices?

One of the formats might work better than the other one for you.

Do I need to do both?

No, you only need to use either *Option 1* **OR** *Option 2* for your project goal setting. Only print and include the one you use in your final records submission in October.

GOALS & REFLECTIONS

OPTION 1

(Do not include this page in your record book.)



Massachusetts 4-H Records: Goal Setting & Reflection

Name: Club Name: Age on 1/1:					
Project:	Age on 1/1:				
4-H Year:					
	Goal(s)				
	Action Steps to Achieve Goal(s)				

Massachusetts 4-H Records: Goal Setting & Reflection

 Think about how your project is going and what you have learned part way through the year and again at the end of your project. Describe successes and barriers you encountered and how you overcame them. 			
 Discuss actual verses planned action steps, reasons for changes, and how these changes affected you reaching your goal. Did you learn anything unexpected? 			

GOALS & REFLECTIONS

OPTION 2

(Do not include this page in your record book.)



Massachusetts 4-H Records: Goals & Project Planning

Name:	_4-H Year:
Project:	Age on 1/1:
Club Name:	# of yrs in project:

Use this form at least three times throughout the 4-H year:

Fall is a great time to plan your projects. Ask yourself, "What specific things do I want to work on this year? What will probably be easy for me? What might be hard and how will I tackle the hard parts?" Answering these questions will help you to set project goals.

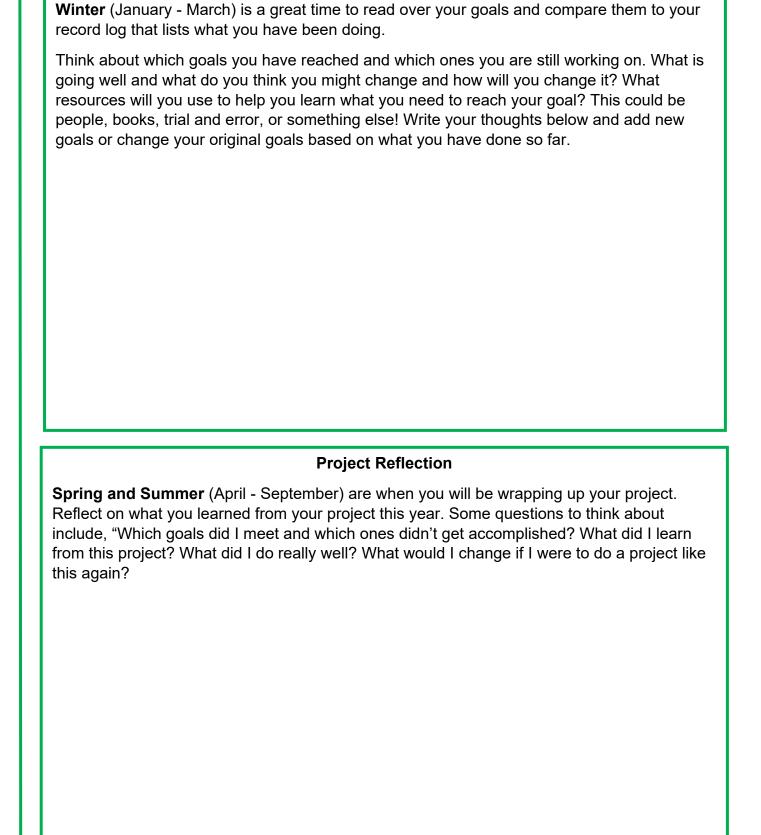
Winter is an important time to check in to see how you are doing on your project. Ask yourself, "What have I done so far? How is it going? What was hard and how did I work through it? Is there anything I should change? Did I finish something already so that I have room to try something new?" You can always add new goals throughout the year.

Spring and **Summer** are times when you are probably wrapping up your projects. Once you finish a project, ask yourself, "How did it go? Did I finish my project? What do I think went well with my project? What would I change if I worked on a similar project next year?"

Project Goals

Fall (October & November) is the start of the 4-H year and is the ideal time to set your project goals. List your project goal or goals below. Include the date when you set each goal.

Talk with your family, friends, club leader, and 4-H educator about your ideas if you are not sure how to write about what you want to do this year.



Mid-year Project Check-in



4-H Project Record

Name:		Age:	Project Title:	4-H Year:
		Chec	 ck here and attach at least one photo or drawing of your project.	
				Check here if this activity is entered on your financial record
Date	Time Spent	Activity D	Description	\$

Date	Time Spent	Activity Description	Check here if this activity is entered on your financial record
Date	Time Spent	Activity Description	



Name:		Club:	Project:		
Check o	one: I leased my project animal. I own my p	oroject animal.	worked with someone	else's animal but di	d not lease it.
	☐I completed an animal lovers project	t.	pleted a non-animal p	roject.	
Date Description		Expen	ses (-)	Income (+)	\$ Balance
		Purchase Amount	Materials Donation (Estimated Value)		

Description	Expenses (-)		Income (+)	\$ Balance
	Purchase Amount	Materials Donation (Estimated Value)		
	Description	Purchase	Purchase Materials Donation	Purchase Materials Donation