

March/April 2021 News & Updates



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508-822-5388 Ext. 205

Coordinated Family & Community Engagement

25 Barnum Street Taunton, MA 02780

Friends, Families, and Community Partners!

Hello! March is here! Our Triumph, Inc. CFCE team wishes everyone a wonderful spring! Please remember to check our page often for updates. You will find our educational family programs are offered on our face book page:

Triumph, Inc. Community Programming

Check for more info/programs on our website: triumphinc.org under the CFCE tab!

New POP-UP Inter-active ZOOM Groups: We plan to have 2 groups this month called "My 5 Senses" and "Mindful Me" with Miss Nicole. These groups are a great opportunity for families to have interactive fun in a small group with other families. They are very popular and fill up quickly!

Learn and Grow (Toddlers) and The Learning Tree (Ages 3-5) virtual programs: are provided by our Early Literacy Specialist, Nicole Caccavo. Learn and Grow is on Mondays at 10:00 AM. The Learning Tree is Tuesday through Friday at 10:00 A.M. Both early literacy programs offer families stories, music, and educational activities that support language, literacy, cognitive, and social emotional development. ASQ information, parent resources, and support is also shared with families.

New Live Format: Miss Nicole will be offering her Learning Tree program LIVE on Tuesdays and Thursdays at 10:00 AM. This offers families the opportunity to interact and connect with Miss Nicole during the program!

New Videos: Ms. Sydney Rousseau, a nutritionist-health coach, will have 2 videos in March and 2 in April! These super fun interactive videos will focus on nutrition topics geared toward families and children ages 3-5. Her March 11th video will focus on learning about healthy fast food options! Look for new videos covering other important health topics too!

*Grandparents Raising Grandchildren Support Group New Time: This group meets on the last Friday of each month 8:00-9:00 PM. through ZOOM with our GRG facilitator Roseanne. Group will meet on March 26 and April 30th 2021. If you are interested in joining, please contact: ntilbe@triumphinc.org for zoom link, details, schedule, or questions.

Looking Ahead: Triumph CFCE will sponsor a family yoga zoom on March 19th and 20th. See Flyer!

Keep checking our Triumph, Inc. Community face book page for new family programs, helpful videos to support your children's early literacy learning as well as, mental and physical health!

Thank you to all our community partners for sharing our programs. We appreciate your support very much!

The **ASQ-3** is a screening tool used to make a quick check on your child's skills and development and to see milestones that have been achieved. It can also show any areas your child may need support!

Our CFCE team can help:

- Provide a paper copy for you to do at home and return completed screening to CFCE staff.
- Provide an online link for you to complete the screening at home.
- Online link: http://asqonline.com/family/16bb7e
- Spanish Link: www.asqonline.com/family/21eb71
- Answer questions: ntilbe@triumphinc.org

Parent-Child Plus Program (PC+)

Our PC+ home visitors, Heather and Kelly are excited to be adding a few new families to the program! Families need this service more than ever and will benefit greatly from their home visitors' dedication!

Families will receive high quality books, toys, and support while maintaining safety protocols. In addition to toys and books, families learn how to connect to community services. If you know of any families with children ages 16 months and up to 5 (prior to entering Kindergarten) who would benefit from this program, please contact:

Christine Pilotte cpilotte@triumphinc.org

Our CFCE (Coordinated Family & Community Engagement) programs are funded by a grant awarded to Triumph, Inc. by the Dept. Early Education and Care.





Please join Keri for...



At Home!



Part 1

Caregivers

March 19th 6:30-7:30 PM

Part 2

Caregivers & Children

March 20th 9:30-10:30 AM

Please register for this 2-Part FREE zoom class by:

March 12th

Email: ntilbe@triumphinc.org

Call: 508-822-5388 Ext 208

Spots are Limited



In part 1 of the workshop, you will learn about the positive effects of practicing yoga with your children at home! You will gain the skills needed to guide your child through some fun and calming exercises. Keri will share ways to incorporate household items that will help reinforce the activities based in mindfulness.

In part 2 of the workshop, caregivers and children will join together in a family yoga class where you will be able to experience first hand how to implement your new yoga skills!

Don't miss this wonderful opportunity to help you and your family practice yoga and become more mindful!

Families who attend both classes will receive a special thank you gift bag!

Family Yoga at Home is funded by the Coordinated Family and Community Engagement (CFCE) grant awarded to Triumph, Inc. by the Department of Early education and Care.

Like us on face book! Check our website: triumphinc.org under the CFCE tab for more programs and information!







Let's Learn all about

Register for this zoom

group by: March 3rd

Date: March 10th

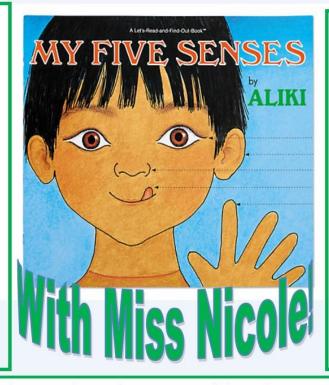
Time: 10:00-11:00 AM

Email: ntilbe@triumphinc.org

Call: 5080822-5388 Ext. 208

Spots are limited





Please join Miss Nicole for some awesome activities:

- Story
- Music
- Movement
- Create a sensory bin
- "Eye Spy" scavenger hunt

So much fun!

What do you know about

your 5 senses?

Let's find out!

Learning about the 5 senses provides many fun and exciting possibilities for you and your child to explore together!

Please join Miss Nicole for a great story and activities that will encourage sensory awareness!

We will be using zoom format for this interactive small group. Once registered, you will receive an email confirmation and zoom link in order to participate. In addition, families will receive a bag with materials and supplies to use during the group.

My 5 Senses zoom is funded by the Coordinated Family and Community Engagement (CFCE) grant awarded to Triumph, Inc. by the Department of Early Education and Care.





