



Coordinated Family & Community Engagement

25 Barnum Street Taunton, MA 02780

October 2020 News & Updates



CFCE Mgr. cpilotte@triumphinc.org

508-822-5388 Ext. 205

Hello Friends, Families, and Community Partners!

The beauty of fall is fully underway! As everyone settles into new routines, we hope you check our page often for updates. You will find our educational family programs are offered on our face book page: **Triumph, Inc. Community Programming.**

New Zoom Series: Join Ms. Keri for “Understanding Your Stress Response” on October 21 and October 28, 7:00-8:00 PM. Families will need to register for this group by October 16th. Call Nancy 508-822-5388 Ext. 208 or ntilbe@triumphinc.org

New POP-UP ZOOM Group: “FALL FUN” with Miss Nicole will be held on October 28th at 10:00-11:00 AM. (see flyer)

New Family Health Series: We welcome back Ms. Jessica Stephans, a nutritionist, as she presents “Healthy Families: Food, Fun, and Learning Together.” This series will be on Wednesdays at 2:30 PM. She has some great recipe suggestions, nutrition topics, fun activities, and stories to share. This is a 5 - week series beginning on Wednesday, October 7th.

Learn and Grow (Toddlers) and The Learning Tree (Ages 3-5) virtual programs are provided by our Early Literacy Specialist, Nicole Caccavo. Learn and Grow is on Mondays at 10:00 AM. The Learning Tree is Tuesday through Friday at 10:00 A.M. Both early literacy programs offer families stories, music, and educational activities that support language, literacy, cognitive, and social emotional development. ASQ information and parent resources will also be shared.

Grandparents Raising Grandchildren Support Group: This group will be held on the last Friday of each month 9:30-11:00 A.M. through ZOOM with our GRG facilitator Roseanne. If you are interested in joining please contact: ntilbe@triumphinc.org for zoom link, details, schedule, or questions.

CFCE is funded through a grant by the Dept. of Early Education and Care



The **ASQ-3** is a screening tool used to make a quick check on your child's skills and development and to see milestone's that have been achieved. It can also show any areas your child may need support!

Our CFCE team can help:

- Provide a paper copy for you to do at home and return completed screening to CFCE staff.
- Provide an online link for you to complete the screening at home.
- Online link: <http://asqonline.com/family/16bb7e>
- **Spanish Link:** www.asqonline.com/family/21eb71
- Answer questions: ntilbe@triumphinc.org

Parent-Child Plus Program (PC+)

Our PC+ home visitors, Heather and Kelly will return the week of October 5th and will be in touch with families at that time.

They are planning to resume virtual visits with the possibility of socially-distanced visits. (weather permitting)

Families will receive high quality books, toys, and support following all safety protocols.

We will know more as we move forward and will keep you informed of any changes. Here's to a great year!



Jessica Stephens B.S., PHITP

**Healthy Families:
Food, Fun, & Learning
Together!**

Please help us welcome back Miss Jessica for another fun and informative virtual series to help you and your family stay healthy, improve your nutrition knowledge, and engage the whole family in planning easy, delicious meals together! She will also provide you with many resources & links to help get the most out of SNAP/WIC dollars and some fun, child friendly, food and nutrition activities for your family to enjoy!

Here are some of the topics she will cover during these interactive sessions:

- Food Groups
- Hydration
- Junk Food
- Resources
- Budget friendly recipes
- Meals kids will love to make *and* eat!



Do you have nutrition questions?

Please leave comments or questions in the comments section on our *Triumph, Inc. Community Programming* face book page!

Or email Miss Jessica:
jessica@basicandbalanced.com

Follow this group:

Wednesdays

October 7, 14, 21, 28

November 4th

2:30 PM

Hope you join us!

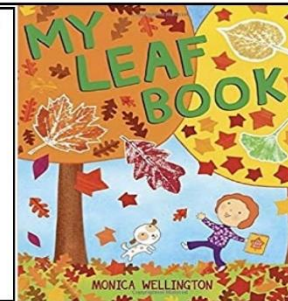


**You are invited...
Please join Miss Nicole for a
FANTASTIC FALL FUN!
*interactive virtual group***



Please join us for some fall fun exploration:

- Apple Tasting
- Pumpkin Math
- Fall Bingo Game
- Apple Painting
- Leaf Activities
- Songs & Movement
- Lots of Fun!



Register for this zoom group by October 21st
Date: October 28th
Time: 10:00 to 11:00 AM
Email ntilbe@triumphinc.org
Call: 508-822-5388 Ext. 208
Spots are limited



FALL is so much fun! Miss Nicole has been busy planning some wonderful fall activities for you and your child ages 3-5. We will be using the ZOOM format for this interactive small group.

You will receive an email confirmation and zoom link in order to participate. In addition, families will receive a Fall Fun group bag with materials and supplies to use during the group time.

We look forward to exploring fall with you!



Fantastic Fall Fun is sponsored by Triumph, Inc.'s Coordinated Family and Community Engagement (CFCE) program. CFCE is funded through a grant from the MA Dept. of Early Education & Care.

