

TRIUMPH “TALK”

January 2020

Family Calendar and Newsletter

TRIUMPH^{INC}

Riverway ~ Fay's Place ~ Barnum - 508.822.5388
Quinn Center - 508.823.4710

TRIUMPH^{INC}

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		31 EARLY RELEASE New Year's Eve School closes at 3:30	1 NO SCHOOL New Year's Day All buildings CLOSED	2	3	4
5	6	7	8	9 EHS HB Socialization Barnum Building 10:15 a.m.-12:15 p.m. National Law Enforcement Appreciation Day <i>Thank a Police Officer!</i> 	10 Purposeful Parenting Series Barnum 9:30 a.m.-11a.m.	11
12	13	14 Policy Council Mtg. 5:30 p.m. Riverway	15	16 EHS HB Socialization Barnum Building 10:15 a.m.-12:15 p.m. BOD Meeting 4:15 p.m. Riverway	17 Purposeful Parenting Series Barnum 9:30 a.m.-11a.m.	18
19	20 NO SCHOOL Martin Luther King, Jr. Birthday 	21 Parent Committee-Fay's Place 9:00 a.m.-10:30 a.m. Healthy Eating and Nutrition Janet Rose, R.D., LDN	22 Parent Committee-Quinn Center 9:00 a.m.-10:30 a.m. Healthy Eating and Nutrition Janet Rose, R.D., LDN	23 Parent Committee-Quinn Center 9:00 a.m.-10:30 a.m. Healthy Eating and Nutrition Janet Rose, R.D., LDN EHS HB Socialization Barnum Building 10:15 a.m.-12:15 p.m.	24 Purposeful Parenting Series Barnum 9:30 a.m.-11a.m.	25 Coyle Cassidy Food Pantry 9:00 a.m. Hamilton St.
26	27	28	29	30 Trading Post (Token Store) OPEN! 8:30 a.m.—10:30 a.m. Barnum Building	31 Purposeful Parenting Series Barnum 9:30 a.m.-11a.m. GRG Group! Barnum Building 9:30 a.m.-11a.m.	

Father Engagement Matters!



There are long-term benefits for children when their fathers are engaged parents. Analysis of more than 100 studies on parent-child relationships found that “having a loving and nurturing father was as important for a child’s happiness, well-being, and social and academic success as having a loving and nurturing mother” (Dept. of Health & Human Services).

For example, in a study mentioned in the same report, a father’s presence in the family promoted significant cognitive outcomes. In the study, toddlers with involved fathers were more secure and more likely to explore the world with enthusiasm and a positive outlook. This contributes to a lifelong inclination toward independence and self-sufficiency.

SAVE THE DATE ~ SAVE THE DATE ~ SAVE THE DATE ~ SAVE THE DATE
Head Start Advocacy Day – State House Boston!
Wednesday February 12, 2020 – Details coming soon

Agency News . . .

Upcoming School Schedule for February

Tues. Feb. 4 & 11	Fluoride Clinics	Watch for permission slips
Week of Feb. 10-14	Family Event	Lunch with a Loved One for Preschoolers!! Stay tuned for details!
Mon. Feb. 17	School Closed	President's Day
Tues.-Fri. Feb. 18-21	Partial School Closing	Full Day Childcare open. HS & EHS Center Based <u>NO SCHOOL</u> <i>Modified Transportation Schedule this week</i>

Accurate Information is Critical!

Pick up and drop off of your child, whether it's at school or at the bus stop may be a chaotic time for everyone. A smooth transition process is critical. The procedures below **MUST BE** followed in accordance with our regulations and for your child's well-being:



- When dropping off or picking up your child to their classroom or bus, it's very important for families to always make sure they are writing their full name, not just 'mom, dad, etc...' in the classroom or passenger log book
- In addition to your signature, the actual time of picking up/dropping off your child is just as important. Each classroom has a digital clock attached to or near the attendance log book for you to use. Buses are equipped with a clock on the passenger clipboard
- Teachers/Transportation staff must maintain an accurate count of the children in their care at all times. Adults picking up children/their child must wait until the teacher/trans. staff have acknowledged they are releasing your child to you and the proper forms have been correctly filled out. This may involve families having to wait a few extra minutes for the transition of your child to properly occur (ie: hallway to classroom or playground to classroom)
- Taking your child during a transition time is **NOT ALLOWED** for example, when a classroom is lined up in a hallway or moving from the playground to classroom, etc...

We appreciate everyone's cooperation and following of this very important procedure. If you have any questions or are having trouble understanding this process, please speak to your Family Engagement Specialist. The safety and well-being of our children will always be our number one priority. Thank you.

Community Giving

Happy 2020 to everyone! Triumph, Inc. would like to recognize the following organizations and community partners for their generous holiday donations and support to our families:

Bloom Bus
Citizens for Citizens (CFC)
Coyle & Cassidy High School
Greater Taunton Charitable Foundation
Jordan's Furniture
Liberty Christian Center
Martignetti
Morton Hospital
Personal Best Karate
Quality Beverage
Taunton Rotary Club
Triumph, Inc. Staff



A special thank you goes out to our Family Engagement Specialists for making sure families received these donations in a timely manner.

Health & Safety

As a reminder, winter weather has arrived! Unless it's raining or snowing and as long as the temperature is above 32 degrees, our children go outside to enjoy the fresh air. Dress your child in warm clothing and/or layers for school. Remember to send them to school with a hat, mittens/gloves and coat. It's important to check your child's 'cubbies' in their classrooms to make sure an extra set of clothing is there in case it's needed. An extra set of socks and underwear are always good to have at school! Children benefit from fresh outdoor air that has fewer germs than indoor air.



Dear Grandparent Raising a Grandchild...

I want you to know I see you.

I see you running your grandchild to therapy when your friends are running to their nail salon appointment.

I see you dropping off your grandchild at school and attending yet another IEP meeting while your friends are having coffee.

I see you slipping out of conversations when your friends are chiding in about golfing, traveling and visiting their grandchildren.

I see you juggling appointments and meetings, always making sure you do the best for your grandchild.

I see you sitting at your computer for hours researching what your grandchild needs.

I see you at the end of the day, thoroughly spent and exhausted.

I see you rocking a baby, chasing a toddler, reading to a first grader, learning new math with a 10 year old, trying to understand new lingo with your 8th grader, fearfully teaching a 16 year old how to drive and preparing college forms with your senior. I see you.

I see you spread thin, but still going the extra mile for your grandchild, and managing to do it with a smile.

I see you rubbing out the arthritis pain and trying to keep up with a slight limp in your gait.

I see the comfort in your arms as you comfort their pain, but there are no arms to comfort you.

I see you showing appreciation to the teachers, therapists and medical professionals and all who reach out to help your grandchild.

I see you reluctantly rising early in the morning to do all over again after another chaotic night.

I see you when you are hanging on to dear life at the end of your rope.

I know you feel invisible, like nobody notices any of it, but I want you to know I notice you. I see you in the trenches, relentlessly pushing forward. I see you worry about failing this child. I see you grieving your own child. I see you quietly blaming yourself for their failures and choices.

What I want you to know is—it's worth it. On days when you wonder if you can do it another minute, I want you to know I see you. I want you to know you are beautiful. I want you to know you're not alone. There are thousands of us, silently doing what we know is best. I want you to know that matters most is love. Your love.

And on those days when you see your grandchild smile, when you hear their laughter, watch them succeed in life—know it was all worth it. I will see you then too and I want you to know I am proud of you.

Author Unknown