

TRIUMPH “TALK”

November 2019

Family Calendar and Newsletter



Riverway ~ Fay's Place ~ Barnum ~ 508.822.5388
Quinn Center ~ 508.823.4710



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Remember to check and/or replace the batteries in all of your home detectors	4	5 Vote Today 	6	7 EHS HB Socialization 10 - 12 noon Barnum Building	8	9
10	11 No School-All Centers Closed Veteran's Day 	12 Policy Council 5:30 p.m. Riverway	13 ED/Health Advisory Meeting 12 noon Riverway <i>all parents welcome!</i> <i>(r.s.v.p. to Kate Matteson at 508.822.5388 x119)</i>	14 EHS HB Socialization 10 - 12 noon Barnum Building Trading Post Open 2 p.m. - 4 p.m. Barnum Building	15	16
17	18	19 Dental Clinic Quinn	20 Dental Clinic Riverway	21 Dental Clinic Riverway Parent Committee (All Centers Invited) <i>Effects of Trauma</i> 9:00 a.m. Riverway EHS HB Socialization 10 - 12 noon Barnum Building BOD Meeting 4:15 p.m. Riverway	22 Trading Post Open 8:30 – 10:30 a.m. Barnum Building Grandparents Raising Grandchildren Group 9:30 a.m. Barnum Building	23
24	25	26	27	28 No School-All Centers Closed Thanksgiving Day	29 No School-All Centers Closed Day after Thanksgiving	30 Food Pantry* Coyle Cassidy Hamilton St. 9am-11am *K of C FREE coats for kids today! (until 1pm)

School Parking Lot Safety

When teachers, students and staff practice proper school parking lot safety, it makes it easier to keep everyone safe. Our parking lots can be incredibly busy place in the morning when children arrive and in the afternoon when it's dismissal time. Ensuring children's safety is a primary concern of our staff, but it also requires everyone's participation, including parents and caregivers. Young children don't understand why it's OK to run around the playground but not OK to do the same in a parking lot. It's important to establish clear rules for all parking lots.



- Parents should tell their children to look both ways in a parking lot. Even though it's not a street, cars and buses are coming and going, so teaching to look left and right for traffic is important.
- If you're transporting your child to school, after parking your car, it's essential for adults to stress the importance of "being safe" to children. No running, horseplay or goofing off is tolerated in a parking lot. EVER.
- Never play in or run around parked cars.
- Always hold an adults hand. Tell your child to always hold an adults hand in a parking lot.
- Use walking feet in a parking lot. Emphasize the importance of walking in parking lots. Explain how running is unsafe because cars might not see them.
- Be extra careful when backing your car out of your space at school. You never know if small children are behind or beside you.

Agency News . . .

Inclement Weather, School Delays, Early Closings and Cancellations

A reminder to families regarding school delayed openings, holiday closings and bus or school cancellations - **WE DO NOT FOLLOW THE CLOSING SCHEDULE OF TAUNTON PUBLIC SCHOOLS.** If Triumph Head Start has a delayed opening or closure due to weather or an emergency, you will receive a phone call directly from our '**school messenger**' automated system. This system calls families and leaves a message or instructions on what is happening at our centers. It is very important you notify us of any changes to phone numbers or emergency contacts so we have the most current information on file. Families may also check out our **Facebook Page** (remember to 'like' us!) as we try to post closure and delay information on social media as quickly as possible.

Upcoming School Closings for November and December

Monday, November 11	CLOSED	Veteran's Day
Thursday, November 28	CLOSED	Thanksgiving Day
Friday, November 29	CLOSED	Day After Thanksgiving
Mon.-Fri. Dec. 23-27	CLOSED	Winter Break, School Vacation
Tuesday, Dec. 31	Early Dismissal	All Centers Close at 3:30 p.m.-Modified Transportation Services
Wednesday, January 1st	CLOSED	New Year's Day



TacT

TacT (Taunton Area Community Table) aims to put a modern spin on the traditional soup kitchen. There is no charge for hot, home-cooked meals to any guest that walks through their doors. There are no questions to answer, no forms to fill out and most importantly, no judgement to endure. TacT has compassionate and friendly volunteers who are dedicated to making your meal experience as comfortable as possible.

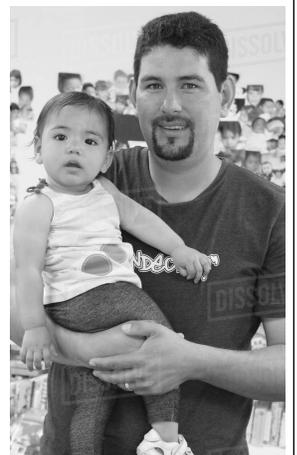
On Thursday nights, TacT offers a 'family café' that focuses on children and families. They create kid-friendly meals, hand out coloring books and bring out card games for after dinner entertainment. They even encourage children to bring their school papers to hang on their 'brag' bulletin board for all to see.

TacT is open Mon., Tues. and Wed. for breakfast and lunch from 10 a.m. to 1 p.m. Thursday night 'Family Night', dinner is offered from 4:30 p.m. to 7:00 p.m.

TacT is located at 378 Bay St. in Taunton. Their phone number is 508.386.3807

5 Ways to be a Great Dad to a Toddler

- 1. Spend more time on the floor.**
Seriously. You can't father a toddler standing up. Not in the areas where it counts. Eye level and full contact. There are no compromises with a two-year-old.
- 2. Listen with your eyes as well as your ears.**
Focus. We've heard it about sports, and it's critical in parenting. Toddlers don't just demand attention, they actually need dad's full attention with no restrictions.
- 3. Turn off the devices!**
Learning is about all interaction. You are so much better than a big flat screen t.v. or the latest video game. Put away the smartphone, tablet and any hands-free devices. Grab a bucket of blocks or legos or pots and pans and let your toddler's imagination take over.
- 4. Be all in.**
You know what this means. Parenting isn't a mother exclusive job at any age. Make sure your toddler knows you as a complete participant, rather than an occasional visitor. Read to her. Play with him. Change his diaper. Feed her. Take them shopping with you. Be the parent.
- 5. Volunteer in your toddler's classroom.**
There is so much you can learn from everyone else - your partner, your friends, and the community. Get involved. Visit your child's classroom and share breakfast.



FREE PARENT WORKSHOP ~ FREE PARENT WORKSHOP ~ FREE PARENT WORKSHOP

Understanding the Stress Response *with Keri Cusson*

Date: Thursday Dec. 5, 2019 Time: 5:30 p.m. to 7:00 p.m. Place: Barnum Building

In this workshop, parents will explore what it means for the mind & body when children and adults become stressed. Ways to prevent and reduce this will be discussed and practiced. Babysitting will be available. Space is limited and pre-registration is required by calling Nancy at 508.822.5388 x208

