



in partnership with

**NEAR
NEIGHBOURS**

BRINGING PEOPLE TOGETHER

I Matter

Exploring the effects of COVID-19 and
Domestic Abuse in our community



Free online discussion

Join via Zoom

2 hour sessions

Mondays and Fridays

Mon: 10am - 12pm, Fri: 6pm-8pm

Sessions starting

Monday 29th March until

Monday 31st May



Aimed at women of all ages
from 16+

Creating an online community
to stay connected

Online support for survivors
of Domestic Abuse



Key discussion topics:

Mental Health

Isolation

Domestic Abuse

Accessing services

COVID-19 vaccination

Systemic abuse

Financial Wellbeing

Housing

Self-care

Contact Bambuuu for more information and to sign up

E: bambuurecovery@gmail.com | T: 07859 689458

www.bambuUU.co.uk/events