

Positive Thinking



Norman Vincent Peale

A physician tells me that by proper exercise you often can stave off coronary attacks, or at least help to do so. He points out that the circulatory system itself needs exercise, and he goes on to quote a top medical school professor: "If you walk a mile a day, you're getting the best insurance against having a coronary."

Since there seems to be something in what he says, I have been trying to walk a mile every day. As a result I've become convinced that, whatever the effect on the heart or physique, walking, breathing fresh air, studying people, and getting a sense of the surge and movement of life can lift a blue mood from the mind and change a blue day.

Recently, Mrs. Peale and I spent some days in the little town of Keswick in that part of northern England known as the Lake District. The countryside around is famous for its scenery, but it is not a softly beautiful country like Florida, for example, or California, or southern France or Italy, with their golden sunshine. This is a stern, brooding kind of region with frowning heights and deep blue lakes. There is only intermittent sunshine, but even when the sun doesn't shine and great billowing clouds darken the tops of the hills, it remains fascinating and lovely. It is one of my favorite places.

Gloomy Old Man

I took my daily mile walk there before breakfast, walking in the extensive gardens of our hotel and looking at the encircling hills. On my first morning, I met an old Englishman who had come out even earlier than I. The day didn't look promising, so I asked him what the weather was going to be like. He was a sort of British Calvin Coolidge and didn't waste words. "Bad," he said.

"How do you know?" I asked him. "What makes you so sure?"

"Birds are flying low," he told me. I had noticed that the swallows and swifts were going around in large low circles, and the man unbent enough to explain: "When the weather's bad, the insects are pushed toward the ground by the heavy air and, to catch them, the birds have to fly low. Then you can count on rain. When the insects fly higher, so do the birds, and you can count on good weather."

I saw my new friend almost every morning, and soon I could tell what the weather was like by his face, instead of the birds. If his countenance was dark, it was going to be a bad day; if it was a bit brighter, a good day. On the whole, he was a gloomy fellow. I once ventured to ask him why, and he looked at me and said, "If you lived in weather like this all the time, you'd be gloomy, too."

Attitude Comes From Within

Well, it is a fact that nature affects our moods. We are of the earth and therefore earthy. We are part and parcel of the universe. If you're gloomy or blue, it may result from the weather. But most of the time, it is more likely to come from something else — something within yourself, some negative attitudes or thoughts.

Personally, I've never found gloom in nature. Nature always has lifted my spirit. And I actually like a dark day from time to time. I find something stimulating in great billowing clouds — and there's always beauty in the thunder and lightning of a storm.

Nature is like life, after all. We should not always be looking for the soft qualities but learn to rejoice in its sterner qualities. As unpleasant as they may seem, the stern things of life are good for us. What is the basic purpose of life if it is not to make men of us? And I mean strong, not weak, men. So when the tough stormy things come along and you tend to feel blue, put on some good shoes and take a long walk. As the blood surges through your body, try passing some big faith thoughts through your mind. The walking and thinking will drive off the gloom. Then, whatever the weather, mental and spiritual sunshine will permeate your whole being. Try this and see if it isn't true. The habit of walking and praying is a pretty good cure for gloominess.

CHURCH BRIEFS

Members of the Lubbock County Child Evangelism Fellowship will sponsor a reception for its director, Lois Harbison, from 3 p.m. to 5 p.m. today at the home of Winston Brummett, 4401 47th St. Miss Harbison served as director for 10 years. The William Whitener family will take over as child evangelism fellowship directors June 1. The reception is open to the public.

The Rev. John Verhage of Denver will represent the Orthodox Presbyterian Church at a meeting at 7:30 p.m. Thursday in the Franklin-Bartlett Chapel, 4302 34th St. The Rev. Verhage will explain the reformed faith (Calvinism) as it is practiced in the Orthodox Presbyterian Church. The meeting will be open to the public.

The Southside Foursquare Church at 58th Street and Avenue H will host an areawide "Come Together" Crusade Wednesday through June 1 at 7:30 p.m. nightly with evangelist Steve Smart of Levelland. Music for the

crusade will feature a blend of special songs written by Smart and congregational singing of scripture choruses.

A district meeting of the United Methodist Youth will be held from 2 p.m. to 3:30 p.m. today at the Asbury United Methodist Church at 2905 Ave. T. Ten officers for 1975-76 will be elected and "Radiation," a singing group from St. Luke's United Methodist Church, will perform.

The Christ Messengers singing group of Tulsa will perform at 7 p.m. today at the Northside Assembly of God at Detroit Avenue and Bates Street. The concert will be open to the public.

KING STATUE

WASHINGTON (UPI) — Sen. Walter Mondale, D-Minn., has introduced legislation to commission a statue of the Rev. Martin Luther King Jr., civil rights leader and Baptist pastor, for the Capitol building. King would be the first black honored by having a statue or portrait placed in the Capitol.

REVISE CONFESSION

ATLANTA (UPI) — The committee of the Presbyterian Church in the U.S., working on a new confession of faith for the predominantly southern denomination, will ask the church's 1975 general assembly for another year to prepare a revised draft of the confession.



MICHAEL LUNDY

Conference Slated

The Northwest Texas Annual Conference of the United Methodist Church is scheduled for June 3-6 at First United Methodist Church here.

Election of lay and clergy delegates to the 1976 General Conference in Portland, Ore., and announcing of pastoral appointments will be the major items of business during the sessions.

Petitions for legislation to

City Pastor Receives Financing

A Lubbock minister has received a \$1,700 grant from the Rockefeller-backed Fund for Theological Education to finance his participation in a four-week "transactional analysis" workshop this summer.

Robert Wells, a pastor at Second Baptist Church, has been named a "parish ministers fellow" for 1975-76 by the program, which was begun in 1938 by John D. Rockefeller Jr. "to assist parish ministers to develop the specific abilities for their tasks that will bring additional focus to their ministry."

Wells will spend four weeks in June at the Western Institute for Group and Family Therapy at Watsonville, Calif., in a workshop led by Robert Goulding, M.D., a teaching member of the International Transactional Analysis Association.

However, the local minister claims to have generated a "very favorable response" from his congregation.

In a sermon last Sunday, which will be featured in the church's publication, the Rev. Bynum set forth his beliefs.

Charging that Dr. Graham is "pumping warm blood into the dead ecumenical movement and helping to build the coming one-world church," the Rev. Bynum stated, "We cannot remain silent when this ministry of compromise is being used to destroy the very foundations of the Christian faith."

Worldly People

Dr. Graham, the Lubbock minister claims, was originally a fundamentalist Baptist who has changed his beliefs in the past 25 years to where he now "compromises" with Catholics, pro-Communists and charismatics.

In reference to Dr. Graham's use of "worldly entertainers," the Rev.

Bynum stated that Johnny Cash "has been with Graham one week and the next week he may be appearing at a Las Vegas nightclub." Cash has been mentioned for a possible spot in the West Texas Crusade.

The Rev. Bynum further charges that Dr. Graham "will not hold a crusade unless the modernists are a part of the meeting and assist in the organization." Churches with a modernist bent, in the view of the Lubbock minister, are members of the World Council of Churches and the National Council of Churches.

"I think he would still draw large crowds with a strictly conservative sponsorship," the Rev. Bynum opined.

He said the Billy Graham staff says that maybe Dr. Graham is trying to figure out some way to change the modernists—maybe it's the modernists who are compromising.

"I don't believe that," the Rev. Bynum added. "Billy

Graham is like a tree which has its roots in one yard but leans over so far it drops its fruits in the next yard," attributing the analogy to a New York pastor.

Religious Freedom

The Rev. Bynum, who has pastored at Tabernacle Baptist since 1961, has been clipping articles about Dr. Graham for many years and has followed the evangelist's career with some interest. He said he probably would have written a similar discourse even if Dr. Graham were not coming to Lubbock.

"I'm not trying to stop him from coming to Lubbock," he added. "I believe in absolute religious freedom. If he was just going to preach in one church, I probably wouldn't say anything now.

"But this is a citywide campaign—everyone seems to presume that we will all support it."

In his publication, the Rev. Bynum pays a limited tribute

to Dr. Graham. "We thank God for all the good that has come from his ministry. We rejoice in every lost soul that

has come to know Christ, through his preaching..."

But the Lubbock pastor believes the good derived from the Billy Graham Crusade, "in the long run will be outweighed by the bad effects."

"Matter Of Conscience" The Rev. Bynum's stand against the crusade is termed "a matter of conscience."

And while churches across West Texas organize to pray for Billy Graham and the Crusade, the Rev. Bynum is asking for prayer of a different sort.

"Pray that he will separate himself from the liberals, Catholics and charismatics. Pray that he will begin to preach all of the Bible and rebuke sin.

"Pray that he will forsake the way of compromise and popularity and return unto the Word of God."



REV. E.L. BYNUM

MY ANSWER

By BILLY GRAHAM



QUESTION: What is the answer to loneliness? Is there anything in the Bible to help me? H.S.

ANSWER: I suppose there are many authorities in the field of psychology and sociology who could be quoted regarding this problem of loneliness. But let me give you one statement of Christ that embraces the germ of truth from which all help is derived.

It's the statement of Christ recorded in John 16:32, "Behold the hour cometh...that ye shall leave me alone, and yet I am not alone, because the Father is with me." No human loneliness ever could approximate what Jesus knew. He was socially

alone, mentally alone and spiritually alone. But through this excruciating experience, He had the reassuring presence of the Father. With this sort of fellowship, Jesus showed that neither earth nor hell could break it. What He had, we may have.

The problem of loneliness is compounded today by economic recession, urban isolation and the disruptive mobility of the American family. I know of no answer, however, except the presence of the Father through Jesus Christ. With that, you'll be led into new friendships, more productive living and an inner resourcefulness that life's bleakness can't crack.

New BSU Head Named

A new director will take over the helm at the Baptist Student Union at Texas Tech. University on June 6.

Michael S. Lundy, currently a BSU associate director and Tech Bible teacher, will succeed Robert Cannon, who will begin student work in Canada.

Lundy's responsibilities at the organization will include directing the Mission Outreach and devotional services at the Baptist Student Center and continuing Bible teaching through the Tech department of Biblical literature.

A graduate of Tech and Southwestern Baptist Seminary, Lundy, 37, has served as BSU assistant director at Baylor Medical Center, BSU director at Texas Woman's University and minister of youth and young adults at University Baptist



LARRY DOUGLAS

FUNDS INCREASE EVANSTON, Ill. (UPI) — The United Methodist Church has reported that giving to its 16 worldwide program and administration funds is up almost six per cent during the first quarter of 1975, with especially large increases in funds given for emergency relief assistance programs.

be brought before the worldwide body also will be considered, and delegates to the 1976 Jurisdictional Conference in Lincoln, Neb., will be chosen.

Conference preacher will be Dr. D.L. Dykes Jr., pastor of First United Methodist Church in Shreveport since 1955.

Other speakers will include Bishop Alsie H. Carleton, bishop of the Northwest Texas and New Mexico conferences, and Dr. Clifford Trotter, district superintendent of the Lubbock district. Host pastor for the event will be Dr. Sam Nader.

Church in Fort Worth

He has performed missionary work in Hawaii and Panama and served as Lubbock community ambassador to Brazil in 1962.

He and his wife, the former Jan Cobb, have two children, Scott, 8, and Robin, 6.

Ordination Scheduled At Church

For the second time in its 17-year history, the congregation of the Second Baptist Church will meet to ordain someone to the pastoral ministry.

Larry Douglas, who has served as a staff member at the church since 1966, will be ordained during the 10:45 a.m. worship service today.

Douglas, a Tulsa native, became assistant church organist-choirmaster in 1963. He holds bachelor of arts and master's degrees in music education from Texas Tech University.

Since joining Second Baptist Church's staff, Douglas' interests and responsibilities have moved into pastoral areas, and he now functions as one of the church's four pastors.

His responsibilities at the church include being music ministries coordinator, worship planner and coordinator and pastors' hospital visitation coordinator.

Broadcast Reform Effects Viewed

CINCINNATI (UPI) — The Rev. Everett Parker, head of the United Church of Christ's Office of Communications, has told a workshop on broadcast reform that new rules adopted by the Federal Communications Commission now give listeners and viewers "power to make station managers listen to their complaints and suggestions" about broadcasting.

The Almanac TODAY IN HISTORY

Today is Sunday, May 25, the 145th day of 1975 with 220 to follow.

The moon is full. The morning stars are Mars and Jupiter.

The evening stars are Mercury, Venus and Saturn.

Those born on this date are under the sign of Gemini.

American poet Ralph Waldo Emerson was born May 25, 1803.

On this day in history: In 1787, the American Constitutional Convention held its first regular session at Independence Hall in Philadelphia.

In 1935, Babe Ruth hit his 714th and final home run while ending his career with the Boston Braves in a game at

Pittsburgh. (Atlanta Braves star hitter Hank Aaron broke the long-standing Ruth home run record in 1974).

In 1949, Chinese Communist forces entered Shanghai as Nationalist troops abandoned the city and prepared to move to the island of Formosa (Taiwan).

In 1973, American astronauts Charles Conrad, Joseph Erwin and Paul Weitz blasted off from Florida and after nine unsuccessful attempts docked with the Skylab space station.

A thought for the day: In the words of American poet Ralph Waldo Emerson, "A friend is a friend with whom I may be sincere; before him I may think aloud."

GOSPEL MEETING

SOUTHSIDE CHURCH OF CHRIST
23rd and Ave. M
MAY 26-27 - 28
7:30 P.M.
THEME
LOYALTY TO CHRIST

MONDAY: IN THE CHURCH
TUESDAY: IN THE HOME
WEDNESDAY: TO THE NATION & COMMUNITY

O.H. TABOR

DOWNTOWN CHURCH OF CHRIST JAMES, TEXAS

FORMERLY PREACHED IN LUBBOCK

SOUTHSIDE 1951-1954
PARKWAY 1964-1968



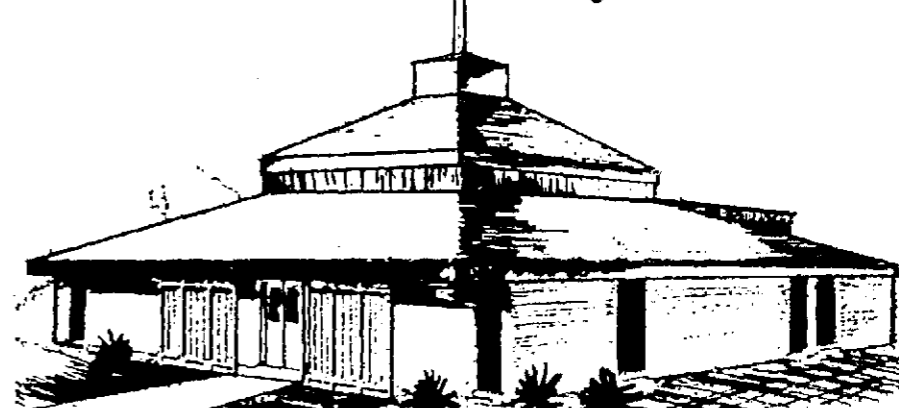
O.H. TABOR

SOUTH INDIANA BAPTIST CHURCH

Lubbock's Newest Southern Baptist Church

Want You to Know About Its

"Venture Of Faith"



8315 Indiana

797-9704

Don Worthington, Pastor

You are invited to join a number of other families who have entered into a unique venture of faith in the organizing, building, and establishing of a new Southern Baptist Church in South Lubbock.

Now in its newly constructed building, the church offers a full program of ministries to all ages. The warm and growing membership consider fellowship as important as worship. This new church is under the sponsorship of the Lubbock Baptist Association of Churches.

The church is centrally located to all the new housing additions south of Loop 289, just one block south of 82nd on Indiana Ave.

Schedule of Services

9:30 am Sunday School
10:30 am Morning Worship

Nursery Provided

6:00 Church Training
7:00 Evening Worship

OLD FASHIONED SUMMER REVIVAL



THE SMARTS
36TH & Ave. K
Hear them—The Smarts—May 28th-June 1
services: Wednesday, Thursday, Friday—7:30 pm Sunday—10:50 & 6:00
• Dynamic
• Talented Musicians & Singers
• Anointed Preaching
• Evangelistic team

THE CAMP MEETING CHURCH OF LUBBOCK