

Welcome to Spa by JW.

We are a spa that asks more of our guests. We ask that you spend more time with us than only for your spa treatment, so that you have the opportunity to experience all the amenities that our spa has to offer.

We ask that you try new things that will increase your personal wellbeing.

We ask that you start your spa experience by joining us for our daily meditation and yoga class on the beach at 7:30am.

We ask that you stay after your spa day and watch the sunset from our beach.

And while you are not obligated to do anything in our spa other than relax, if you take advantage of all these complimentary offerings, then your wellness can truly happen.

Spa by JW delivers treatments that are tailored to your exact needs and focused on delivering four distinctive benefits: Calm, Nourish, Invigorate and Renew.

So whether you're fatigued from a long journey or simply desire a well-deserved retreat, we provide a personalized spa experience that's as effortless as it is rewarding.

Begin your journey with your desired results in mind.



### CALM

Reset for a moment of serenity. Find your center by slowing down time, so you're ready to take on whatever comes next.

### NOURISH

You deserve the best. For all that you do, take time for some special nourishment. After all, life's simplest pleasures should not be forgotten.

### INVIGORATE

Stress takes its toll. Embrace your own vitality by replacing what's been lost, enlivening your body and clarifying your mind.

### RENEW

Unclutter your mind and body. Our busy lives often leave little room to focus on ourselves. Cleanse and purify to gain absolute clarity.



# CALM

So much is expected of us—
to be brilliant, be ready, be
connected. Why not just be?
We take the idea a step
further, removing distractions
and excess to create an
environment of
simple tranquility.

Our signature treatments oblige with a calming effect. Let Spa by JW slow your world down, for as long as you like.

### MASSAGE

5 SENSES | A Spa by JW Marco Island Signature Treatment
Our signature massage uniquely balances both body and mind, while simultaneously integrating all five senses into the healing process. This treatment was designed exclusively by our team of therapists to deliver a truly unique spa experience.

(100 minutes)

### FACIAL

#### **ULTRASONIC FACIAL**

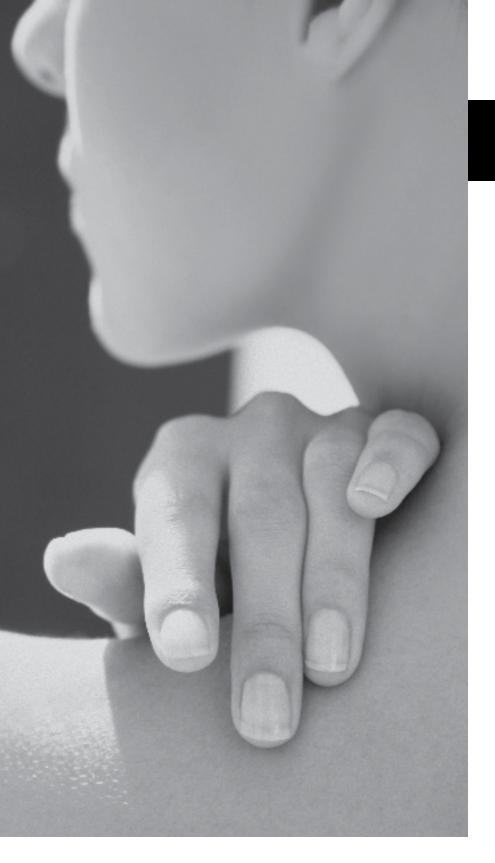
Using low frequency sound wave technology, this Ultrasonic Facial combines a clinical treatment with Spa by JW elegance. Repair your skin on a cellular level while our talented skin care team delivers an exceptional experience. Best for combating aging skin, rosacea, and acne, while also reducing fine lines, pore size, and hyperpigmentation. (50 or 100 minutes)

### DOCTOR BABOR WELLNESS FACIAL

The journey begins with an aroma wellness inhalation ritual and guided breath awareness meditation. A back treatment promotes circulation and destresses tense muscles. Followed by a plumping, collagen boosting facial treatment with lymphatic and sculpting cryo gua sha massage to promote blood circulation, eliminating puffiness and fatigue, and improving elasticity and skin firmness.

(100 minutes)

For your convenience, we customarily add a discretionary 20% gratuity to your bill at the end of your visit. This is not a mandatory gratuity, but it is based on your experience and satisfaction. MM14514.



# NOURISH

Everyone deserves to be nourished, without guilt or reservation. At Spa by JW we offer an indulgent experience through a range of therapeutic treatments that soothe in the most sublime and simplistic way. A rewarding feeling that will stay with you long after you leave.

### MASSAGE

#### MARCO ISLAND FOOT RITUAL

Treating our often-forgotten feet can have a profound effect on our entire well-being. Allow us to exfoliate and massage your feet so that you feel balanced and refreshed.

(50 minutes)

### NURTURING PREGNANCY MASSAGE

Give yourself a moment to appreciate the joy of pregnancy and leave the stresses of everyday life behind you. This massage will relieve stress and tension, ease the heavy feeling that can come with pregnancy and help alleviate an aching back, using Noodle&Boo Elasticity oil specially formulated with organic oils to relieve dry itchy skin during pregnancy. (50 or 80 minutes)

### FACIAL

#### **ANTI-AGING**

Restore your skin's vitality to reveal a bright, smooth and youthful complexion. Powerful enzymes and antioxidants used in this facial will stimulate, firm and nourish the skin to produce a velvetytexture and radiant glow. (50 minutes)

### ROSE QUARTZ GUA SHA FACIAL WITH HSR

The potent formulations and specialized massage techniques including Rose Quartz Gua Sha improve skin firmness, tone and elasticity and help redefine facial contours. The skin is nourished, plumped from within revealing a firmer, smoother and more youthful looking skin.

(100 minutes)

### BODY

#### MARCO ISLAND CUSTOM SCRUB

A stimulating body polish that utilizes customized ingredients designed with your preferences in mind, this treatment will smooth out rough skin and add much needed moisture. Body scrub scents that are used are changed seasonally. (50 minutes)

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# INVIGORATE

The stresses of travel and everyday life all take a toll, making energy elusive. Replace what's been lost with treatments designed to focus on your body's less obvious engines and enliven every facet of your being.

At Spa by JW, find balance and energy on your way to a new vitality.

### SIGNATURE TREATMENT

**D.T.R.** (Deeply Transformative Relaxation) *A Spa by JW Marco Island Signature Treatment* 

A fully customized 50-minute massage and 50-minute facial designed by our team of therapists that hits all the high notes and puts everyone that experiences this treatment in a transformative state. (100 minutes)

### MASSAGE

#### MARCO ISLAND CUSTOM MASSAGE

Have your say on pressure and pace with this bespoke massage treatment, allow our talented therapists to customize a massage treatment suited for your needs. Tara products will be used during this service.

(50 or 100 minutes)

### FACIAL

### MARCO ISLAND CUSTOM FACIAL

Allow your skin care specialist to create a customized facial treatment using organic ingredients designed specifically for your skin type and needs.

(50 minutes)

For your convenience, we customarily add a discretionary 20% gratuity to your bill at the end of your visit. This is not a mandatory gratuity, but it is based on your experience and satisfaction. MMl45l4.



# RENEW

What was lost can now be found. Discover a sense of clarity, a more balanced life and that state of well-being that has drifted too far from center. Get back to the necessity of simply feeling good — about your body, your mind and your spirit. From massages to facials to total body treatments, emerge from a highly personalized treatment feeling refreshed and rejuvenated.

### MASSAGE

#### **DEEP MUSCLE RELEASE**

Enjoy a welcome sense of renewal for exhausted muscles from this intensely satisfying, powerful massage that reaches the deeper structures of the body. (50 or 100 minutes)

# MEN'S FACIAI

#### MEN'S SKIN RENEWAL

Tailored to a man's specific skin care needs to remove toxins, excess oil and refine the skin's texture making it feel and look healthier. A blend of potent vitamins and minerals boosts the skin's natural detoxication and defense processes to promote a rebalanced skin that is energized and smooth.

(50 minutes)

### FACIAL

#### **HYDRAFACIAL MD®**

A non-invasive, non-surgical anti-aging procedure that delivers instant results by using LED light therapy along with the benefits of the Hydrafacial MD technology.

- Cleanse, gentle hydra-exfoliation, Vortex extraction, hydrating Hyaluronic Acid infusion, Dermabuilder or Britenol (50 minutes)
- Lymph drainage for the face and neck, CTGF / Connective Tissue Growth Factor (100 minutes)

#### SKIN REFINING TREATMENT

The latest innovation in non-invasive skin resurfacing with zero downtime for all skin types. Targeting the most common skin concerns – uneven texture, dry skin, enlarged pores, hyperpigmentation, oily skin or dull complexion. Signs of aging are immediately diminished, and the skin appears more radiant and smoother.

(50 minutes)

For your convenience, we customarily add a discretionary 20% gratuity to your bill at the end of your visit. This is not a mandatory gratuity, but it is based on your experience and satisfaction. MMl45l4.

# HOW TO SPA

#### SCHEDULE AN APPOINTMENT

To schedule an appointment for a treatment, please speak with our Spa Curator, who will be happy to help you with your selection. Resort guests can dial the hotel operator and request the Spa by JW. From outside the resort, please call 239-642-2686. To ensure availability of your preferred time and service, we recommend making your reservation in advance. For Online appointments, select, 'Book Now'.

**BOOK NOW** 

#### **SPA ETIQUETTE**

In order to ensure all of our guests enjoy a relaxing experience, please respect all guests' right to privacy and serenity. Please refrain from using mobile devices and taking photos in the spa or pool areas. Towels, slippers, toiletries, shower cap and required amenities will be provided for use during your visit. The minimum age of 18 is required for access to spa services, facilities and pool areas.

First appointments of the day, access will be granted 30 minutes in advance. Last appointments of the day, please arrive early to enjoy our facilities as access is unavailable after spa hours.

For your convenience, we customarily add a 20% Gratuity to your bill at the end of your visit. If you have any questions, please speak with a Spa Curator.

#### **HEALTH CONDITIONS**

When making your Spa by JW reservation, please advise us of any health conditions, allergies or injuries, which could affect your experience.

Please fill out the guest intake form prior to your arrival, or leave time before your appointment.

#### **PREGNANCY**

Please allow our Spa team to recommend suitable treatments for you during this special time.

#### **CANCELLATION POLICY**

As a courtesy to other guests, we strictly adhere to the cancellation policy. A 100% cancellation fee will be incurred for any treatment canceled less than 6 hours prior to appointment.

#### **FITNESS**

All fitness center guests must be at least 18 years of age. Proper athletic attire and footwear must be worn at all times in the fitness center for the safety of our guests.

# HOW TO SPA

We would like you to know that when you book a spa treatment with us, you are getting much more than just the service, you are entitled to the whole spa experience here at the JW Marriott Marco Island.

#### FITNESS & WELLNESS ACTIVITIES

To schedule our 7:30am Meditation, 8:00am Beach Yoga, and 12:00pm Self-Massage session, please sign up at <u>jwmarco.ipoolside.com</u>

#### Please note the following:

- Hours of operation for Spa Facilities is from 8:30am-5:30pm, Spa Pool opens from 9am-5pm.
- The Spa has a 6 hour cancellation policy.
- Our facility is strictly reserved for guests 18 years and up.
- Spa Parking Lot can be full on many occasions, please consider valet parking at the main resort entrance, or self-parking across the street. The spa will validate parking for guests receiving services.
- The Spa is no longer accepting cash as a form of tender.

#### All Spa Guests have the following privileges:

- Access meditation and yoga on the beach starting at 7:30am daily.
- Access to the steam room, sauna, and hot and cold plunge pools pre and post your spa treatments.
- Access to our outdoor spa pool that is exclusive only for our spa guests and members.
- Lunch and beverages are available for purchase at the spa pool.
- · Access to our world class fitness center in the spa.
- · Access to our daily fitness classes on the day of your service.

### FULL SPA EXPERIENCE

CALM | NOURISH | INVIGORATE | RENEW

### CALM

#### **MASSAGE**

5 SENSES | Spa by JW Signature Treatment 100 Minutes \$390\*

**FACIAL** 

ULTRASONIC FACIAL
50 Minutes \$245\*
100 Minutes \$425\*

DOTOR BABOR WELLNESS FACIAL 100 Minutes \$390\*

### **NOURISH**

#### **MASSAGE**

MARCO ISLAND FOOT RITUAL

50 Minutes \$200\*

NURTURING PREGNANCY MASSAGE

50 Minutes \$205\* 80 Minutes \$305\*

#### **BODY**

MARCO ISLAND CUSTOM SCRUB 50 Minutes \$225\*

#### **FACIAL**

ANTI-AGING FACIAL 50 Minutes \$200\*

ROSE QUARTZ GUA SHA FACIAL WITH HSR 100 Minutes \$360\*

### INVIGORATE

#### MASSAGE & FACIAL

(D.T.R) DEEPLY
TRANSFORMATIVE
RELAXATION
100 Minutes \$400\*

#### **MASSAGE**

MARCO ISLAND CUSTOM
MASSAGE
50 Minutes \$200\*
100 Minutes \$380\*

#### **FACIAL**

MARCO ISLAND CUSTOM FACIAL 50 Minutes \$200\*

### RENEW

#### **MASSAGE**

DEEP MUSCLE RELEASE 50 Minutes \$215\* 100 Minutes \$395\*

#### **FACIAL**

THE HYDRAFACIAL MD® 50 Minutes \$280\* 100 Minutes \$515\*

SKIN REFINING TREATMENT 50 Minutes \$250\*

#### **MEN'S FACIAL**

MEN'S SKIN RENEWAL 50 Minutes \$225\*

\*Treatment pricing above varies based on peak vs. non-peak days.

# ESSENTALS

#### **SPA DAY PASS**

Resort Guest | \$55 Local Guest | \$75

#### **COUPLES TREATMENTS**

An additional \$30 will be added to any (2) purchased massages in order to be upgraded to a couples massage in our spa suite.

#### SALON EXPERIENCE

#### Renew Deluxe Manicure (50 minutes)

\$130\*

Elsberry stem cells and red algae extract boost cellular energy and deeply hydrate the skin. While a mineral rich salt and oil exfoliation followed by a warmed cocoon wrap soften and deeply nourish hands and nails. A relaxing hand and arm massage with anti-aging oils melts away stress and tension. Includes nail shaping, cuticle work and nail enamel application.

#### Renew Deluxe Pedicure (60 minutes)

\$135\*

A soothing foot soak followed by a renewing mineral salt and oil exfoliation invigorates and prepares the skin to drink in the benefits of a nourishing cream wrap. A therapeutic foot and lower leg massage helps dispel tension with uplifting eucalyptus and calming lavender. Includes nail shaping, cuticle work and polish.

Spa Manicure \$80\*

Your classic manicure. Includes filing and shaping nails, cuticle exfoliation, sea salt scrub on hands, light hand massage, hot towels to retain moisture, and polish.

Spa Pedicure \$95\*

Your classic pedicure, Includes soaking, cut, file and shaping the nails, cuticle exfoliation, callus treatment, moisturizing sea salt scrub on the legs and feet, light massage, and polish.

#### Express Manicure

\$65\*

An express service for those on the go. Includes filing and shaping the nails, push back cuticles, moisturizing sea salt exfoliation, and polish.

#### **Express Pedicure**

\$70\*

An express service for those on the go. Includes soaking, cut, file and shaping the nails, push back cuticles, moisturizing sea salt exfoliation, and polish.

Shellac Manicure (Hands only, not offered in pedicures)	\$95*
Child's Manicure or Pedicure (Ages 10 & under)	\$50*
Gel Polish Removal	\$30*
French Polish Add On (Manicure or Pedicure)	\$25*

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<sup>\*</sup>Treatment pricing above varies based on peak vs. non-peak days.

