
Step 1: ALOE-

Supports healthy digestion and nutrient absorption!

*Mango and cranberry flavor!

Step 2: Tea-

Healthy, natural energy and boosts metabolism

Try it HOT or COLD!

TEA Flavors:

Base Tea Flavors *12oz or 24oz*

1. Arnold Palmer
2. Lemon
3. Peach
4. Chai
5. Raspberry
6. Cinnamon
7. Pomegranate

Lifted Tea Flavors (high energy)

1. Spartan Spark
2. Epic Eagle
3. Bulldog Bite
4. Bomb Pop
5. Skittlez
6. Russian Spy
7. Wonder Woman
8. Mulled Wine
9. Watermelon Crawl
10. Grape Ape
11. Tiki Tea
12. Crush Teas-
Grape/Strawberry/Orange

Step 3: Shake-

Healthy meal replacement shake that provides you with all of the good nutrition you need for 200-240 calories and 24 g of protein!

1. Banana Nut
2. Cinnabun
3. Vanilla Caramel Capp.
4. Apple Crisp
5. Sea Salt Caramel
6. Cherry Dipped Cone
7. Caramel Apple
8. Cake Batter
9. Salted Nut Roll
10. Pink Starburzt
11. Strawberry Cheesecake
12. Oatmeal Raisin Cookie
13. Banana Caramel
14. Banana Cream Pie
15. Lemon Cheesecake
16. Peanut Buster
17. Pistachio Banana
18. Grape Tootsie Pop
19. Chocolate Strawberry
20. Brownie Batter
21. Turtle Cheesecake
22. Thin Mint
23. Almond Joy
24. Choc. Caramel Capp.
25. Snicks
26. Chocolate PB Banana
27. Buttafinger

Shakes Continued

28. Mint Oreo
29. Monster Cookie
30. Banana Split
31. PB Cup
32. No Bake Cookie
33. Berry Lemonade
34. Sherbert