



Mon	Tue	Wed	Thu	Fri	Sat	
1	2 Moms Group 3:00pm	3 Computer Basics 101 3pm-5pm	4 Family Game Night 4-5pm	5 Line Dancing 11:30am	6	
8 Birthing Basics 4-5pm	9 Girl Scouts K-5 Grade 5pm	10 Computer Basics 101 3pm-5pm	11 Creating a Safe Space for your Child 4pm	12 Line Dancing 11:30am Job Fair - Wincroft 1-3pm	13	
15	16 Chair Yoga 1pm Moms Group 3:00pm Can We Talk? Vaping & Smoking Info For Parents 5-6pm	17 ABC's of Credit 4-5pm	18 Women's Luncheon 1:00pm	19 Line Dancing 11:30am Job Fair - Attentive Care Inc. 3-5pm	20 Generation Dads 11-1pm	
22 Earth Day! Plant your own seeds! 4pm	23 Girl Scouts K-5 Grade 5pm	24 Eating for Cancer Prevention 4pm	25	26 Line Dancing 11:30am	27	
29	30 Your Guide to Special Education 4:30-6pm	<p>EVERYTHING IS FREE & OPEN TO ALL! MUST REGISTER FOR ALL EVENTS</p>			<p>HOURS: M,W,Thu,F 11am-5pm Tues 10am-6pm</p> <hr/> <p>*Select Saturdays* *By Appointment Only*</p>	



Center is open:
M,W,Thu,F 11am-5pm
Tues 10am-6pm

Select Saturdays
By Appointment Only

Center Highlights

- **4/2/24 - Mom's Group-** Mothers and expecting mothers come together to share stories, seek guidance, and navigate the challenging journey of motherhood as a supportive community.
- **4/8/24- Birthing Basics-** Discover what to anticipate throughout your pregnancy and the stages of labor by a certified Doula.
- **4.11.24 - Creating a Safe Space for your Child** -NJ4S we will be discussing ways to prevent child abuse and how to detect it. Families in attendance will be entered for a chance to win an Azmon gift card!
- **4/16/24- Chair Yoga-** A gentler yoga approach where poses are performed comfortably while seated in a chair.
- **4/17/24- ABCS of Credit-** Explore the fundamentals of credit and strategies to enhance it for reaching your objectives.
- **4/20/24- Generation Dads-**Dads of any age are welcome to join this group to seek support, exchange experiences, tips, and resources.
- **4/24/24- Eating for Cancer Prevention** -Discover the optimal food choices to prevent cancer and uphold overall well-being.

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